Hawaiian legend says that if you wish to nurture the body, relax the mind, and rejuvenate the spirit - go to the water. At the water's edge in Wailea is a sanctuary of natural beauty and serenity, and the perfect setting for a reconnection to the self.

Here we honor the healing traditions of Hawaii and cultures of the Pacific Rim through incorporation of medicinal plants, rituals and aesthetics in our Spa Services.
Body Treatments

Hawaiian

*E Ola Hou / Hawaiian Healing Wrap* – 110 Minutes  
This ultimate island tradition begins by exfoliating the skin with a ground coconut polish. Then, healing Hawaiian noni gel soothes your skin as your therapist wraps you in warm tī leaves. Meanwhile, enjoy a warm coconut-oil hair treatment and a heated-stone face massage. This lush ritual is completed with a full-body massage.

*Ola Kino / Ultimate Foot Treatment* – 50 minutes  
Pamper your feet with this luxurious treatment, beginning with an invigorating lemongrass-ginger-volcanic foot scrub. Feet are then enveloped in a softening and detoxifying mask, while tension is melted away with a soothing neck and shoulder massage. This treatment concludes with a 25-minute reflexology session.

*Lana Malie / Sun Soothe* – 50 minutes  
Calm sun-kissed skin with a cooling cucumber-coconut mist and mask. A wrap with healing tī leaves seals in hydration while relieving redness and discomfort. Antioxidant-rich after-sun oils complete the treatment while repairing and moisturizing dehydrated skin.

*Espresso Body Lift* – 50 minutes  
Energize your mind and body with an aromatic coffee-chocolate scrub followed by an application of coffee-chocolate lotion. Includes a warm stone face massage with virgin coconut oil and concludes with a cup of freshly brewed Maui Mountain Coffee.

Specialty

*Cocoon Floating Bodywork* – 50 minutes  
Experience the unique weightless yet supported sensation of being enveloped in a warm cocoon bed. Your skin is nourished with rich creams as your therapist gently massages and stretches you.

*Purifying Sculpt Cellulite Treatment* – 80 minutes  
Detoxify your body with the powerful combination of dry-brush exfoliation, wet steam, and a mask of lymphatic-stimulating capsin, niacin, and cinnamon. While wrapped, gentle rocking in our cocoon bed further assists lymphatic flow. The process is completed with a circulatory massage targeted specifically at reducing cellulite.
Ultimate Cocoon – 110 minutes
Begin this transcendent journey with a relaxing soak in a sea-salt and botanical-extract whirlpool. Next, sink down into a warm cocoon bed for an Ayurvedic oil-blend wrap. The women’s blend is formulated to assist with hormone balance, proper metabolic and enzymatic functions, elimination of toxins, and cell nourishment. The men’s blend targets prostate health, muscle tone, and vitality. As you float in the bed, you will receive a relaxing neck, face, and scalp massage as well as foot reflexology. The journey is completed with a full body 50-minute massage. *This experience is often enjoyed as a couple’s treatment.

Traditional
Rain Shower Exfoliation – 50 minutes
Renew skin with a rejuvenating full-body polish that is washed away by the warm waters of a Vichy shower. Conclude with an application of a moisture-rich emollient to nourish skin. This treatment is the perfect prelude to any massage. Product options change seasonally.

Trim & Tone – 80 minutes
Flush toxins and stimulate circulation in this detoxifying and cellulite-reducing treatment. An herbal-clay exfoliation is followed by a Dead Sea mud, bladderwrack, and kelp mask. An application of lush lemongrass body butter concludes this effective treatment.

Seasonal Body Wrap – 50 minutes
Choose between deep hydration or cleansing purification in this body enveloping experience. While cocooned, enjoy a soothing scalp massage followed by a warm Vichy shower to prepare the skin for a hydrating lotion application.
Facials

All 50-minute facials include cleansing, exfoliation, extractions, mask or result-oriented treatment and massage of the face, neck, shoulders, arms and hands. All 80-minute treatments include additional massage of the scalp, calves and feet. Within each facial, you may choose between three modalities: Lymphatic, European, or Hawaiian Touch (warm stone therapy for neck and shoulders, cool stone therapy for face).

HydraFacial®

The HydraFacial® treatment is the newest in advanced non-laser skin resurfacing. HydraFacial® is the only hydradermabrasion procedure that combines cleansing, exfoliation and painless vortex extraction while infusing hydration, antioxidants and peptides, simultaneously. The result is noticeably clearer, plump, more youthful looking skin with no discomfort or down time. HydraFacial® is available in three different treatment options:

Express – 25 minutes
This basic HydraFacial® treatment includes cleansing, exfoliation and extraction while infusing hydration, antioxidants and peptides.

Results – 50 minutes
In addition to the basic HydraFacial® treatment, this results-oriented facial includes LED light therapy, which is excellent for anti-aging and acne.

Age Stops Here – 80 minutes
This ultimate luxury HydraFacial® treatment truly transforms your skin. Includes hyperbaric oxygen, LED light therapy, and microcurrent lift.
Facials

**Back to Basics** – 50 minutes  
An excellent introduction to basic skin care needs for all ages.

**Alpha Male** – 50 minutes  
Reinforce the skin’s natural defense system with a deep cleansing, customized mask, rich moisturizing and a revitalizing serum. This treatment has been specifically designed with men’s skincare needs in mind.

**Anti-Aging** – 50 minutes  
Results-oriented products target the effects of aging.

**Red Light Collagen** – 50 minutes  
Experience the healing transformation of a red light collagen boost. Visibly brighten, tighten, and tone your complexion while healing skin issues like acne, Rosacea, and sun damage.

**Vitamin Oxygen** – 50 minutes  
Oxygen, vitamins, and hyaluronic serum are combined to plump, tone, and calm skin in this unparalleled deeply hydrating treatment.

**The Ultimate** – 80 minutes  
Experience a 100% natural, non-thermal, and non-invasive facial lift using targeted high performance products. Advanced treatments including red light photo therapy, hyperbaric oxygen, and microcurrent facial lifting are expertly combined to rejuvenate skin and counteract the signs of aging.
Facials

Enhancements

Antioxidant Eye Lift
Deeply hydrate sensitive areas and reduce dark circles, puffiness, and fine lines.

Hydra Lip Lift
Infuse lips with HydraFacial’s® plumping peptides and antioxidants, which smooth lines and give a fuller look. Lock in the hydration complete with a wine-infused lip mask.

Microcurrent Lift
Cutting edge technology firms facial muscles, dramatically diminishes fine lines and wrinkles, improves tone and elasticity, and enhances collagen production.

HydroPeptide Peel
Transform your skin with a two-step system that gently polishes away fine lines and wrinkles while plumping, firming, and increasing elasticity.

Oxygen Therapy
Plump and hydrate your skin with medical-grade oxygen infused with customized skin booster serums to brighten, calm, and balance your complexion.
Massages

You can enjoy your massage in the tranquility of the spa or in a traditional oceanside hale. Most massages are available as a couple’s or individual’s session. Extend the duration of your treatment in 30-minutes increments.

Hawaiian

Lomi Mohala – 50 minutes
Open your heart, mind, body, and soul with our signature lomi lomi Hawaiian massage. An exclusive herbal oil blend melts away tension in this ancient technique, which utilizes rhythmic forearm strokes, allowing you to experience the expansive feeling of mohala (opening).

Lomi Pohaku – 50 minutes
Heated stones are incorporated into the traditional Hawaiian lomi lomi modality to penetrate and soothe tightened muscles for an even deeper relaxation of the entire body.

Lomi Aumoa – 50 minutes
Experience the ultimate relaxation with a four-handed lomi lomi massage. Two therapists synchronize their movements in this indulgent treatment, producing double the benefits. You will emerge nourished, protected, and completely relaxed.

Specialty

Wai Vari® / A Water Therapy – 25 minutes
A unique weightless experience designed specifically for relieving physical discomfort and mental stress. Floating weightlessly in the tranquil environment of our quiet fresh water pool or in the ocean, our specially trained therapists will support you with nurturing hands as they perform gentle stretching, relieving areas of pressure and discomfort in this unique treatment. *Available as a prenatal option. Expectant mothers must be beyond their first trimester.

Aquacranial® / In-Ocean – 25 minutes
While floating in the ocean, subtle craniosacral manipulations lengthen the spine and soothe the soul. Supported by the ocean and an adept therapist, Aquacranial allows for suspension of long habituated muscle patterning. A wet suit will be provided. *At least one-day notice is required.
Massages

Specialty, continued

**Craniosacral** – 50 minutes
Send a calming message to the central nervous system through the cerebrospinal fluid that surrounds and protects the brain and spinal cord. This subtle form of bodywork gently manipulates the craniosacral system—comprised of the head, neck and spinal column. Loose comfortable clothing is recommended for treatment.

**Kamalei / Prenatal** – 50 minutes
Pure organic oils infused with red raspberry leaf, nettles, and alfalfa nourish and support Mother and Baby in this deeply relaxing treatment. *Expectant mothers must be beyond their first trimester.

**Aroma Journey** – 50 minutes
The purest and highest-grade essential oils are applied onto the spine and specific energy zones to address stress, boost immunity, reduce inflammation and pain, and promote overall homeostasis. Therapeutic back and neck massage soothes tired muscles. Foot reflexology grounds and balances, and reiki energy work integrates the experience, promoting the deepest relaxation.

**Ayurvedic** – 80 minutes
Detoxify the body, increase circulation, and calm the nervous system with this ancient system of healing. Warm therapeutic herbal oil and dried powders from India are combined with brisk massage to bring a sense of deep relaxation and alignment.

**Thai** – 80 minutes
Adjust and realign your body through this 2500-year-old healing tradition. Performed on a floor mat, your therapist will assist you with deep compressions, elongation stretches, and conscious breath. Loose comfortable clothing is recommended for treatment.
Massages

Specialty, continued

**Lymph Drainage** – 50 minutes
Activate your lymphatic system, stimulating a natural detoxification process, with this light-touch treatment. Benefits include decreased inflammation, pain reduction, stress relief, and alleviated muscle spasms. Contraindications for this session include fever, lymph edema, urinary tract issues, and pregnancy.

**Reiki** – 50 minutes
Gently balance life energies and bring about health and well-being with this natural therapy.

**Couple’s Instructional** – 110 minutes
Take an unforgettable experience home with you. Learn basic massage techniques to relax and ease your partner’s muscle tension. Each of you will receive 50 minutes of hands-on instruction from one of our skilled therapists, producing a four-handed treat for your partner. *This treatment is performed oceanside.

**Traditional**
**Deep Tissue** – 50 minutes
Penetrate targeted muscles to loosen tight areas with this deeply therapeutic modality.

**Reflexology** – 50 minutes
Release tension and facilitate deep relaxation with this age-old technique that applies pressure to strategic points on the hands and feet.

**Shiatsu** – 50 minutes
This ancient Japanese technique dissolves blockages along the energy pathways using finger pressure. Loose, comfortable clothing required.

**Swedish** – 50 minutes
This classic massage promotes relaxation with gentle, rolling strokes.
Massages

Enhancements
All enhancements can be added within your treatment duration

**Cocoa Butter** – Rich, aromatic cocoa butter adds deep moisturizing to most massages.

**Hair & Scalp Treatment** – Add luster and shine to your hair and invigorate your scalp. This enhancement can be added to any facial, massage, or body treatment.

**Muscle Relief** – Soothe aching muscles and joints with a deeply penetrating salve.

**Sun Soothe Spot Treat** – Cool sun-kissed skin with a cucumber-coconut mist and mask.

**Eco-Fin** – A natural petroleum-free alternative to paraffin provides deep moisture to either hands or feet.

**Eye Soothe** – Rejuvenate the eye area by diminishing puffiness, dark circles, redness and signs of aging.

Add-ons

**Foot Treatment** – 15 minutes
Add a vigorous foot exfoliation with an aromatic hydrating massage.

**Thai Herbal Poultice** – 15 minutes
Open pores, bring medicinal heat to muscles, and release tension with a heated aromatic herbal poultice, filled with cardamon, turmeric, and ashwagandha.

**Water Ritual** – 25 minutes
A luxurious prelude to any treatment, enjoy a private rain steam shower and whirlpool experience.

**Acupuncture** – 25 minutes
Enhance health benefits by adding an abbreviated acupuncture session to any massage or body treatment. Must have completed a diagnostic review with one of our in-house acupuncturists, prior to treatment.
Did you know you can enjoy your massage in an oceanfront hale hau? It has been described as “the best place in the world to have a massage.” There are three open-air hale hau (traditional Hawaiian huts), authentically constructed with ohia wood posts and thatching, tied with cords historically used for healing rituals. Experience the ultimate in massage in your private hale hau, nestled among fragrant naupaka flower hedges, with the soothing sounds of ocean waves and the spectacular view of Wailea Beach.
Wellness Offerings

**Chiropractic**
Realign the spine to improve overall health and wellness. Offered Monday, Wednesday, and Friday from 7am to noon. Inquire for additional availability.

**Nutrition** – 60 minutes
Determine your state of health and detect imbalances you have and those that may be just beginning with a nutritional analysis and consultation.

**Acupuncture** – 80 minutes
Enhance overall well-being or target a specific condition such as allergies, anxiety, chronic pain, or stress with this ancient form of natural medicine. Treatment begins with a brief diagnostic review that allows our practitioner to develop a customized session of acupuncture combined with other forms of Oriental Medicine. *Follow-up sessions are 50 minutes, or add a 25-minute session to any massage. (Prior diagnostic review required.)*

**Acu-Lift Facial** – 80 minutes
Invigorates healthy musculature and reduces fine lines for a more youthful appearance. Microcurrent and LED red-light therapy included. *Follow-up sessions are 50 minutes.*

**Acu-Aromatherapy** – 50 minutes
Both grounding and rejuvenating, this session combines acupuncture and aromatherapy for an exceptionally therapeutic experience.
Wellness Offerings

**Intuitive Astrology** – 50 minutes
Discover your true purpose and destiny – lighting the way for fulfillment, personal growth, and transformation.

**Inner Clarity** – 120 minutes
Using a powerful feedback method, an Inner Clarity session goes behind the scenes to discover and clean out entangled thought-webs so you can enjoy more freedom and peace of mind.

**The Tapping** – 60 minutes
This interactive session focuses on meridian points to tap away stress. You will have a simple, effective tool you can take home with you.

**Guided Meditation** – 50 minutes
Learn basic meditative principles including breath-work and body-awareness in this experiential consultation. Take home a skill set that aids in stress release, body relaxation, and clarity.

**Ajne Rare and Precious**
Complimentary scent analysis and *prêt-a'-porter* (ready-to-wear) fragrance consultations are performed by our own *melangeur* (aromatherapy and blending expert). Featuring Ajne Rare and Precious, California’s first and only apothecary and parfumerie where the art and science of Rare and Precious perfumery is practiced daily. Demi-blending by appointment only.