



FOUR SEASONS
HOTEL
WESTLAKE VILLAGE, CALIFORNIA

Be well. Stay well.

1. Massage Treatments

Tranquility

50 MINUTES \$160 · 80 MINUTES \$230

Custom-Blended Aromatherapy

50 MINUTES \$170 · 80 MINUTES \$240

Advanced Therapeutic

50 MINUTES \$175 · 80 MINUTES \$240

Sports

50 MINUTES \$175 · 80 MINUTES \$240

Couples

50 MINUTES \$330 · 80 MINUTES \$470

Maternity

50 MINUTES \$160 · 80 MINUTES \$230

Thai

80 MINUTES \$260

Shiatsu

50 MINUTES \$180 · 80 MINUTES \$240

Reflexology

25 MINUTES \$110 · 50 MINUTES \$155

Beauty Sleep Ritual and DreamKit™

80 MINUTES \$290

Syncrossage

50 MINUTES \$330

Reiki

50 MINUTES \$155 · 80 MINUTES \$225

Executive Escape

25 MINUTES \$110

2. Mind and Body Treatments

Charka Balancing Ritual

100 MINUTES \$350

Return to Balance

100 MINUTES \$345

Lavender Milk and Honey Cocoon

100 MINUTES \$335

California Dream

80 MINUTES \$280

Ginger Lime Sugar Glow

50 MINUTES \$170

Organic Body Polish

50 MINUTES \$170

Complementary and
Alternative Medicine

Acupuncture

50 MINUTES \$175 · 80 MINUTES \$260

Acupressure

50 MINUTES \$175 · 80 MINUTES \$260

Medical Hypnotherapy

50 MINUTES \$175 · 80 MINUTES \$260

Energy Healing

50 MINUTES \$175 · 80 MINUTES \$260

Waxing

Chin ¹ \$45	Half Arm \$60
Bikini Line \$80	Lip ¹ \$40
Full Arm \$85	Chest \$95
Brow Shape ¹ \$50	Half Leg \$65
Back \$115	Underarm \$45
Full Leg/Feet \$125	Face \$105

¹Service must be booked in conjunction with a facial treatment.

3. Facial Treatments

Royal Transformation Experience

110 MINUTES \$1,500

SERIES OF 10 \$10,500

SERIES OF 6 \$6,750

SERIES OF 3 \$3,600

Four Seasons Signature Facial

50 MINUTES \$185 · 80 MINUTES \$265

Perfect Radiance Facial

50 MINUTES \$180 · 80MINUTES \$260

Swift Lift Firming Facial

50 MINUTES \$180 · 80MINUTES \$260

Hydration Booster

50 MINUTES \$180 · 80 MINUTES \$260

Custom Organic Facial

50 MINUTES \$170 · 80 MINUTES \$250

The Cure

80 MINUTES \$280

Diamond Brightening

80 MINUTES \$325

DNA Growth Factor Exfoliating Facial

50 MINUTES \$185

Men's Facial

50 MINUTES \$165

Facial Enhancements

Knesko hydration Masks

Eye \$45 Neck \$55

Face \$55 Decolletage \$65

In-Skin Technology Enhancements

1. Air Massage \$75
2. Microdermabrasion \$75
3. Oxygen \$85
4. LED Therapy \$75
5. Radio Frequency \$75
6. Electroporation \$75

Perfect Sense Paraffin Hand

Rejuvenation \$45

Glycolic Peel \$50

4. Dermatology Treatments

Skin Evaluation & Cosmetic Consultation

\$150

Skin Cancer Screening & Prevention

FROM \$150

Radiesse

\$300 (0.3cc) · \$800 (1.3cc)

Sculptra

\$900 PER VIAL

Voluma

\$1,200 ONE VIAL · \$2,000 TWO VIALS

Botox/Dysport

\$15 PER UNIT

Juvederm/Restylane/Belotero

\$600 PER VIAL

KYBELLA (Deoxycholic Acid)

CALL FOR PRICING

Sclerotherapy

\$250 PER TREATMENT

Fractional Erbium Laser Treatment

\$700 PER TREATMENT FULL FACE,
NECK OR CHEST

Fractional CO2

\$4,500 PER TREATMENT, FULL FACE

5. Yamaguchi Salon

Nails

Hayaku Manicure and Pedicure

HANDS \$45 · FEET \$55

ADD \$10 FOR FRENCH MANICURE

Spa Manicure and Pedicure

HANDS \$70 · FEET \$80

ADD \$10 FOR FRENCH MANICURE

Beauty

The Geisha Beauty Experience with International Celebrity Artist Billy Yamaguchi

\$600

Makeup Application FROM \$65

Lessons FROM \$90

Eyelashes FROM \$30

Bridal

Bridal Hair FROM \$150

Bridal Makeup FROM \$150

6. Nutrition and Life Balance

Wellness Kitchens

Interactive Cooking Class

Cooking Demonstration

Lunch and Learn

Please call for class schedule, availability,
and pricing.

Nutrition

Nutrition Consultation

50 MINUTES \$175 (INITIAL)

25 MINUTES \$95 (FOLLOW-UP)

Metabolism Assessment (RMR)

50 MINUTES \$150

Metabolism Assessment Duo

100 MINUTES \$265

Metabolism Assessment Trio

125 MINUTES \$330

Grocery Store Tour

120 MINUTES \$330

Life Balance

Life Strategies

50 MINUTES \$165 (INITIAL)

25 MINUTES \$95 (FOLLOW-UP)

Relationship & Family

50 MINUTES \$165 (INITIAL)

25 MINUTES \$95 (FOLLOW-UP)

Mindfulness-Based Stress Reduction

50 MINUTES \$165

Guided Meditation

50 MINUTES \$150

Somadome

20 MINUTES \$85 (A LA CARTE)

20 MINUTES \$45 (AS SPA UPGRADE)

7. Fitness

Fitness Consultation

50 MINUTES \$165

Personal Training

50 MINUTES \$150 · SERIES OF (12) \$1,590

Fit Four All Seasons

\$250 PER MONTH FOR 4 MONTHS

Guided Hike

2 HOURS \$300 · 3 HOURS \$400

4 HOURS \$500

Outdoor Road Cycling

2 HOURS \$300 · 3 HOURS \$400

4 HOURS \$500

Fitness Assessments

Body Composition Analysis (BOD POD)

25 MINUTES \$95

Target Heart Rate Assessment (VO2)

50 MINUTES \$250

Posture and Movement Assessment

50 MINUTES \$165

Jump-Start Pack

65 MINUTES \$195

Performance Evaluation

215 MINUTES \$550

8. Packages

Spa Packages

Unity

100 MINUTES \$290 PER PERSON

Balance

210 MINUTES \$485 PER PERSON

Mother Earth

210 MINUTES \$495 PER PERSON

Daycation

HALF DAY \$320 PER PERSON

Westlake's Best

FULL DAY \$1,200 PER PERSON

Ultimate Indulgence

FULL DAY \$1,900 PER COUPLE

Health Retreats and Wellness Packages

The Signature Retreat

4 DAYS, 3 NIGHTS \$2,999

(EXCLUSIVE OF TAXES AND FEES)

Wellness Your Way

\$299 PER PERSON PER DAY

Taste of Wellness \$299

1. Detox + Disconnect
2. Relax + Recharge
3. Shape Up + Slim Down

Weight Loss Package

3 DAYS, 2 NIGHTS \$2,300

(EXCLUSIVE OF TAXES AND FEES)

9. Health and Medical Services

Comprehensive Physical

FROM \$2,950

Deluxe Physical \$3,650

Women's Deluxe Physical \$3,950

Precision Health and Wellness \$9,700

Holistic Healthcare Consultation

30 MINUTES \$225

The Ultimate Health Package \$4,250

On-Site Diagnostic Testing

Call for pricing

Dentistry

Call for pricing

10. Annual Memberships

Spa & Fitness Membership

MEMBER INITIATION \$500

\$300 PER MONTH

MEMBER + SPOUSE¹ INITIATION \$900

\$500 PER MONTH

Spa & Fitness Elite Membership

MEMBER INITIATION \$1,200

\$450 PER MONTH

MEMBER + SPOUSE¹ INITIATION \$2,300

\$800 PER MONTH

¹DOMESTIC PARTNER

Group and Corporate Membership

Call for pricing



CALIFORNIA HEALTH
&
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