



FOUR SEASONS
RESORT
TAMARINDO, MEXICO

ACTIVITY GUIDE

WELCOME TO *TAMARINDO*

Four Seasons Resort Tamarindo, where the vast jungle meets the powerful ocean and the peaceful hums of the birds greet you upon arrival.

We invite you not just to stay but to live every moment to the fullest. Discover the extraordinary in the ordinary and create a tapestry of experiences that will weave into the fabric of your memories. Your journey awaits and the wonders of Tamarindo are here to be explored as much as possible.

Our nature reserve spans 1,214 hectares (3,000 acres) and features 10 kilometres (6 miles) of coastline, making it an incomparable setting for discovery and freedom. With a deep respect for the environment (only 2% of the reserve is developed), we serve as the guardians of this vast natural sanctuary and as your guides to it. Our activities have been personally curated to allow you to experience this utopia and define the Tamarindo experience.

Here, time goes by more slowly, and each moment of exploration brings you closer to everything and everyone around you.





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Travel, Made Easy

MEET WITH OUR AIRPORT AMBASSADORS

Upgrade your Tamarindo experience as you make your way to the Resort. Our partners will greet you upon your flight's arrival at Mexico City International Airport, granting you access to the airport's VIP lounge during your layover and accompanying you to your departure gate for your next flight.

A connection service is also available at Manzanillo - Costalegre International Airport (ZLO), making your arrival at this small airport even quicker and more efficient. Please ask our Tamarindo Travel Experts about this service provided by our partners at both airports.

LET US HELP PLAN YOUR TRAVEL

+52 357 689 0012 | CONTACT

Transport Hubs and Directions

From Manzanillo

From Puerto Vallarta

From Guadalajara

RESORT TRANSFER SERVICE

Manzanillo Airport (ZLO)
Private Transfer via Suburban

Puerto Vallarta Airport (PVR)
Private Transfer via Suburban

Colima Airport (CLQ)
Private Transfer via Suburban

Guadalajara Airport (GDL)
Private Transfer via Suburban



Connect with your Tamarindo Travel Experts.

DOWNLOAD THE APP:
www.fourseasons.com/en/residences/residence-mobile-app



APP STORE



GOOGLE PLAY



Getting to Tamarindo

This experience is operated by an external provider. While we are pleased to assist with the arrangements, the service is subject to the provider's terms and conditions.

AEROTAMARINDO

Elevate your luxury escape to this undiscovered part of Mexico's Pacific Coast with flights from Puerto Vallarta International Airport (PVR) aboard AeroTamarindo, our daily aviation shuttle service.

Guests will soar over the stunning Costalegre region in a quick 25-minute flight, culminating in breathtaking aerial views of the Chamela-Cuixmala Biosphere Reserve. Upon arrival, a representative from Four Seasons Resort Tamarindo will greet you, and together, you'll enjoy a scenic 55-minute drive to the resort. We invite you to rediscover the art of travel with a meticulously crafted experience tailored by our team of Four Seasons Resort Tamarindo Travel Experts where your journey begins in the air.

For any questions or to learn more, our team of Tamarindo Travel Experts is available to assist you.

PRIVATE AVIATION

For those seeking a more private aviation experience, we offer a range of small plane and jet options to make the journey to Tamarindo even more seamless. Our team of Tamarindo Travel Experts are available to help answer any questions you may have and help to book the best travel option for you.

DISCOVER MORE

www.fourseasons.com/tamarindo/getting-here/travel-to-tamarindo





LAND
ACTIVITIES



IN THE *RESERVE*



ETHNOBOTANY WALK WITH BIOLOGIST

Walk and discover the incredible world of plants, unveil the medicinal power that prehispanic Mexican cultures use for healing, and enjoy plants with your senses.

GO BIRD WATCHING

Enjoy the repertoire of songs of the birds that live here, be amazed by their colors and displays and be delighted by a slow relaxing walk.

HIKE IN NATURE

Enjoy panoramic views of our tropical forest during an athletic hike varying in distance and speed.

RUN CONCIERGE

Discover the hills, paths, jungle paths and ocean views of our private nature reserve with the freedom and joy of running alongside our Run Concierge. The route and length will be fully personalized for the needs of each guest.

MINIMUM 15 YEARS OLD



HIKE AND PICNIC AT DORADA BEACH

Start your day by awakening your senses and feeling the rhythm of the nature reserve. Join our team of resident biologists and researchers on a morning hike through hills and winding path, followed by a picnic breakfast overlooking one of our beaches.



ENDURANCE E-MTB BIKE TOUR

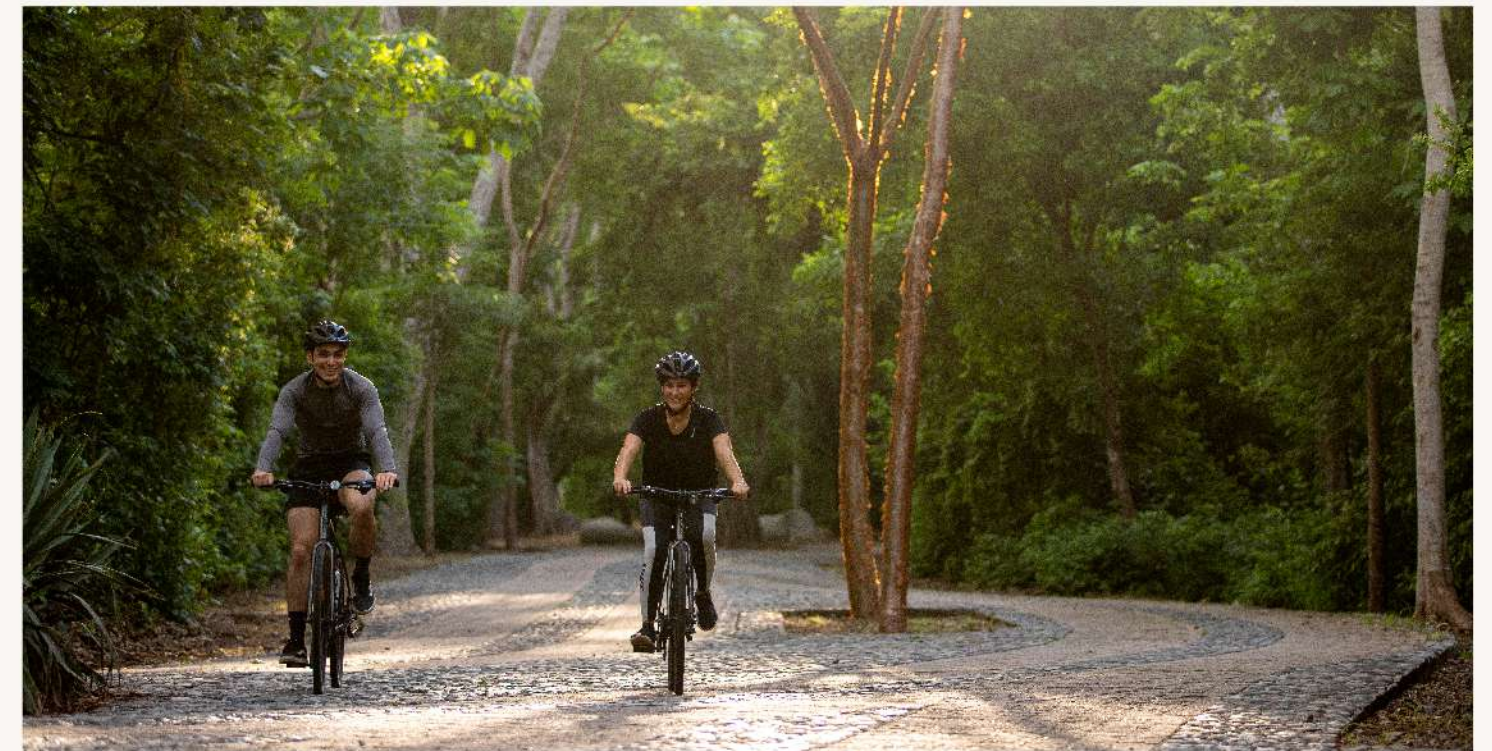
Explore the off-road trails of the Tamarindo reserve on Specialized Tero X E-MTB bikes. Conquer challenging uphill climbs with the bike's assistance and experience the thrill of adventurous downhill rides, all while taking in breathtaking Tamarindo reserve and ocean views.

MINIMUM AGE: 12 YEARS OLD
MINIMUM HEIGHT: 150 CENTIMETRES (4 FEET, 11 INCHES)

ROAD BIKES

Explore Tamarindo by bike on our Giant Escape Disc 3 road bikes or electric bikes. Guided by a Recreation attendant, you will ride the hills of the reserve and observe plants and animals along the way.

MINIMUM HEIGHT: 150CM
CAPACITY: 6 GUESTS



NIGHT ACTIVITIES

MOVIE UNDER THE STARS

As the sun goes down, settle into cozy chairs for a movie under the stars. Enjoy freshly made popcorn and movie snacks, with the sounds of the night as your backdrop.

BONFIRE EXPERIENCE

Gather with loved ones for a bonfire Tamarindo style. With the ocean as your backdrop, kick back barefoot and enjoy s'mores and warm drinks under the stars.

INCLUDES: S'MORES AND SOFT DRINKS
DURATION: 2 HOURS

SMALL WONDERS NIGHT EXPLORATION

Explore Tamarindo by lamplight with our resident bug expert to learn about the creatures that crawl in the night.

MINIMUM AGE: 8 YEARS OLD
REQUIRED DRESS CODE: LONG PANTS AND CLOSED TOE SHOES

STARGAZING NIGHTS

Discover Tamarindo's night sky in a guided experience where modern astronomy meets ancestral stories and knowledge. Observe constellations and planets through a high-powered telescope and enjoy a night of wonder beneath the stars.

Reservations required 48 hours in advance.





WATER
ACTIVITIES



WATERSPORTS CENTER AT TAMARINDO BEACH

Tamarindo Beach offers the perfect heaven for water sports enthusiasts thanks to its sheltered waters. Enjoy a range of complimentary water activities such as kayaking, paddleboarding and snorkeling. Kick start a private fishing tour from this scenic spot.

Complimentary Activities:

- Kayaks (single & double)
- Paddleboards
- Snorkeling equipment
- Bodyboards
- Shore fishing
- Beach volleyball
- Beach tennis
- Soccer

DAILY | 9:00 AM – 5:00 PM

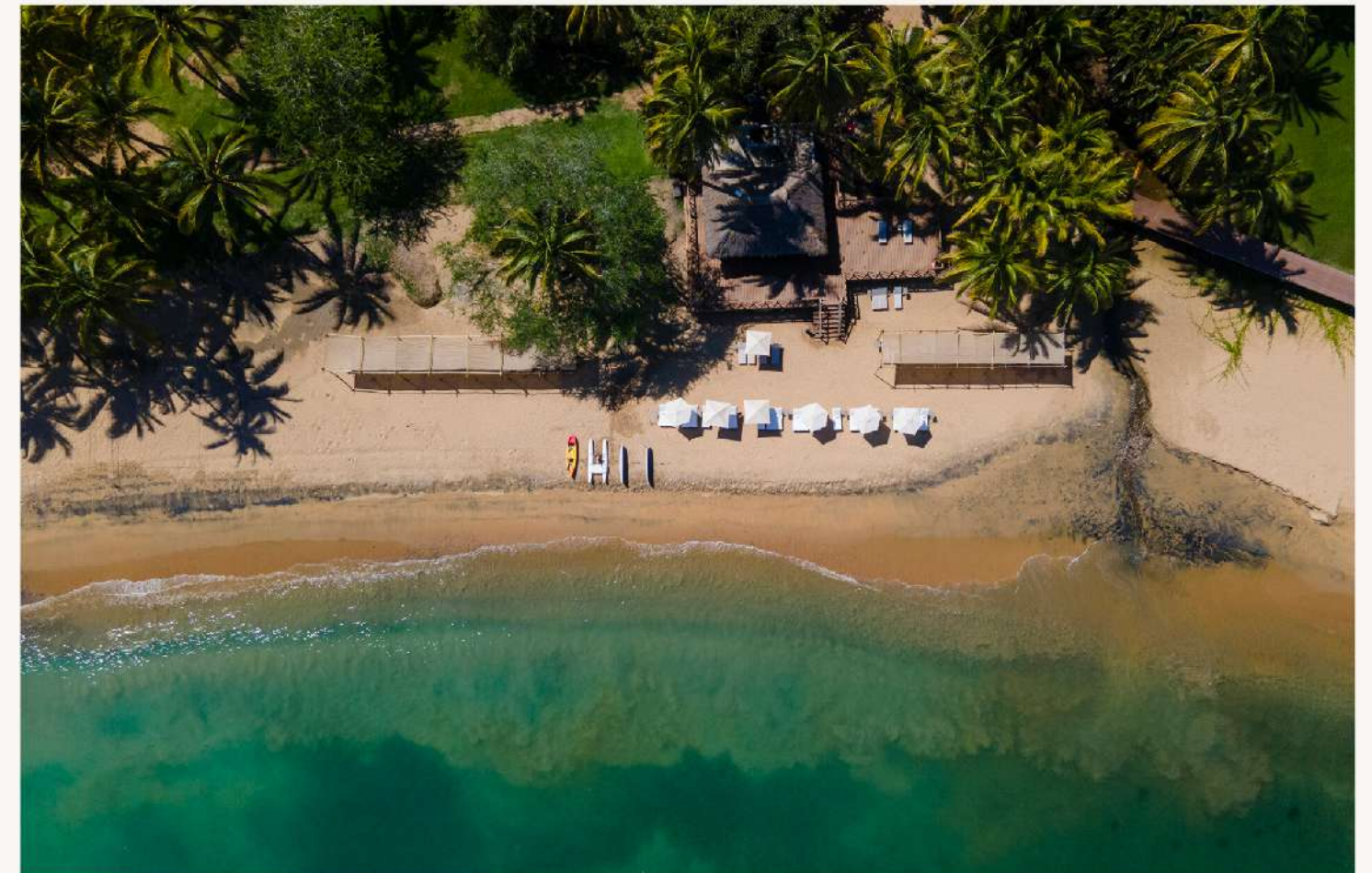
POOL CABANA RENTALS

Book one of our luxury cabanas for breathtaking views of Majahua Beach. Enjoy a bottle of wine, listen to music through a premium speaker, and watch your favourite television shows on a private TV. Or, relax with a complimentary 15-minute massage.

AVAILABLE DAILY 11:00 AM TO 7:00 PM AT OUR CABANAS POOL

SUNRISE OR SUNSET PADDLEBOARD SESSIONS

At sunrise or sunset, venture into the sea on a paddleboard and witness nature's silent masterpiece. Gentle strokes, golden light, and the serenity of the ocean—an unforgettable way to begin or end the day.



SCUBA

We are proud to partner with Alegre Scuba, a local leader in diving. We offer our Discovery Dives straight from our dock with the goal of understanding the reserve's underwater ecosystem. Available offerings:

- Discover Scuba + Boat Dive
- Boat Dive 1 Tank
- Boat Dive 2 Tanks

PADI Certifications available upon request

BY RESERVATION ONLY
CANCELLATION POLICY: 100% WITHIN 24 HOURS

Capacity | 6 pax

OCEAN ADVENTURE & BEACH PICNIC

Set sail from Tamarindo Beach and embark on a morning of discovery at sea. Begin with a private boat tour, exploring hidden coves and vibrant marine life — perfect for snorkeling, swimming, or simply soaking in the ocean's energy. Your adventure continues as our Recreation Team guides you to a secluded beach, where a thoughtfully curated picnic awaits. Designed for curious explorers and ocean lovers, this experience blends waterborne adventure with the serenity of a private seaside escape.

Boat tours and diving experiences are operated by an external provider; while we are pleased to coordinate the arrangements, the service is subject to the provider's terms and conditions.

Reservations required 48 hours in advance.



BOAT TOURS

SPORT FISHING

Offshore and Inshore, the Pacific waters of the Costalegre are home to a diversity of game fish. Our neighbouring city of Manzanillo is known as the "Sailfish Capital of the World" and holds several tournaments every year, the typical species we can find on shore are Dorado, Yellowfin Tuna, Sailfish, Blue and Striped Marlin. Inshore Rooster Fish and Snappers are the most priced game fish but other species like jacks, mackerels, and snook are also common.

OFFSHORE | 6 HOURS MINIMUM
INSHORE | 4 HOURS MINIMUM

FISHING TECHNIQUES USED:
TRAWLING, CASTING, JIGGING, LIVE BAITING.

*CANCELLATION POLICY: 100% WITHIN 24 HOURS

HAND LINE FISHING

Without the need for fancy or complicated fishing gear, the local Fishing Cooperative of La Manzanilla have been putting fish on the table with just a line on their hands for generations.

The fishing spots are just a few minutes out of Tamarindo. Multiple underwater reefs and structures are home to a variety of fish like snappers, triggers, grunts, mackerels, and jacks. Guest can bring their catch of the day for preparation in our restaurants.

(MINIMUM 2 HOURS) | 4 PAX



OCEANIC EXPLORATIONS

Guests will experience the beautiful Tamarindo coastline in a traditional lancha designed and built here in the region. Accompanied by Sherman from the local Fishing Cooperative, guests will learn the history of the area and information about our beaches and wildlife.

Trip types can include:

- Tamarindo Boat Tour (2 hours)
- Boat tour to Barra de Navidad (4 hours)
- Costalegre Boat Tour (6 hours)
- Sunset Cruise (2 hours)
- Whale studying experience (Seasonal Dec - Mar) (3 hours)

CANCELLATION POLICY:
FULL PRICE WITHIN 24 HOURS

CAPACITY: 6 GUESTS

PLEASE INQUIRE FOR ADDITIONAL
YATCH AND BOAT OFFERINGS.
BASED ON SEASONALITY

Boat tours and diving experiences are operated by an external provider; while we are pleased to coordinate the arrangements, the service is subject to the provider's terms and conditions.





*RESTAURANTS
& CULINARY
ACTIVITIES*



RESTAURANTS & DINING

At Four Seasons Resort Tamarindo, ingredients are sacred, meals are a family event, and it's our goal to ensure that you have plenty of chances to immerse yourself in the Mexican traditions that our team holds close during your visit.

Led by an award-winning culinary team, in partnership with the 2023 World's Best Female Chef Elena Reygadas at Coyul, our personalized gastronomic experiences create a passion for the ingredients and flavors of this beautiful region of Mexico. Perfect your skills and learn a new technique in one of our cooking classes, sip and savor at a wine or tequila tasting with our talented team of mixologists or indulge in a delicious tasting tour through Mexico with our Taco Paring experience at Nacho. There is something for everyone to enjoy... and taste!

COYUL

In partnership with Chef Elena Reygadas, World's Best Female Chef of 2023, Coyul emphasizes the importance of seasonality, sustainability and a touch of balance. Start your day here for a delicious breakfast, enjoy cocktails, light snacks, and unmatched sunset views at Coyul's Bar, or come for dinner and expect an exceptional dining experience from one of the most renowned chefs in Mexico.

BREAKFAST 7:00 AM - 12:00 PM
DINNER | 6:00 PM - 11:00 PM
BAR | 1:00 PM - 12:00 AM

NACHO

Inspired by memory and shaped by origin, Nacho offers a laid-back taqueria experience steps from one of the Resort's beautiful pools. Open for lunch and afternoon snacks, Nacho pays tribute to the flavors and traditions of some of Mexico's most gastronomically diverse regions with a fun flair.

ALL DAY TACOS | 12:00 PM - 7:00 PM

SAL

Steps away from the Pacific Ocean and perched above Majahua Beach, Sal celebrates the barefoot luxury lifestyle with the day's fresh catches. Those in the know will book a table at golden hour for the best sunset views in Tamarindo.

LUNCH | 12:00 PM - 5:45 PM
DINNER | 6:00 PM - 11:00 PM

IN-VILLA DINING

Designed to make your stay effortless, our In-Room Dining experience offers elevated cuisine from the privacy of your own guest room or suite.

24 HOURS

POOLS & PLAYA MAJAHUA

Whether you're lounging by the pool or relaxing on Majahua Beach, enjoy seamless service framed by endless blue views.

LUNCH | 11:00 AM - 7:00 PM

PLAYA TAMARINDO

As our watersport's epicenter, Tamarindo Beach is fully equipped with everything you need for a day of aquatic adventures, whether it's kayaking, water biking, snorkeling, or even beach volleyball and shore fishing.

*Lunch options include à la carte selections.

LUNCH | 12:00 AM - 6:00 PM



Kids' Dining Benefits:

Kids under 5 eat free from the kids' menu or may request simple custom dishes or sides.

Children ages 5–12 pay full price for the kids' menu (no discounts), or receive 50% off regular menus at all dining outlets.



PRIVATE DINING

Plan a private dining event, tailored to your culinary preferences, in the very definition of a hideaway with an incomparable sense of privacy and panoramic ocean views. From an elaborate brunch on the beach to an evening under the stars and countless locations to pleasantly delight, let our talented culinary and event planning teams ensure that your private dining experience will be memorable.

FAMILY STYLE DINING

Perfect for families, Four Seasons Resort Tamarindo has numerous locations for large groups to privately dine whether you want your feet in the sand, ocean views from a top a cliff or even brunch on your personal terrace. Curated to your own dining preferences and set up to impress.

MINIMUM 6 GUESTS

FOUR-COURSE SET MENU

Experience intimate private dining tailored just for you. Choose from our set menus or curate your own perfect meal crafted perfectly for two, ensuring a romantic culinary journey amidst unparalleled privacy.

UP TO 4 GUESTS



Kids' Dining Benefits:

Kids under 5 eat free from the kids' menu or may request simple custom dishes or sides.

Children ages 5–12 pay full price for the kids' menu (no discounts), or receive 50% off regular menus at all dining outlets.



COOKING CLASSES

Helmed by a team of chefs, farmers, fishermen, sommeliers, foragers and mixologists, a stay at Four Seasons Tamarindo offers an exploration of Mexico's cuisine as told through rich flavours and long-standing traditions. Our offerings are inspired by the seasons with ingredients sourced from Rancho Lola, celebrating a deep connection to the land that nourishes us.

COMPLIMENTARY ON WEEKLY CALENDAR, PRIVATE EXPERIENCES AVAILABLE UPON REQUEST AT ADDITIONAL COST

CORN HERITAGE

Step into Mexico's rich culinary past and celebrate the soul of its cuisine—corn. Grind heirloom kernels on a traditional metate or use a stone mill, then transform the masa into warm tortillas on a wood-fired comal. A hands-on tribute to tradition, flavor, and the essence of Mexican gastronomy.

FRESH CATCH CEVICHE

Master the art of ceviche with the freshest catch from the Pacific. Learn how to balance acidity, spice, and freshness while preparing leche de tigre—the bright, citrusy marinade that brings it all together. A deep dive into the flavors of the sea, one perfectly cured bite at a time.

GRILLED BY THE SEA

Fire, smoke, and the day's freshest catch—this is grilling at its finest. Learn ancient techniques using natural flavor infusers like aromatic leaves, perfect marinades, and masterful spice blends. Whether wrapped, seared, or smoked, this is coastal cooking elevated to an art form.



SOURDOUGH PIZZA

Discover the craft behind the perfect sourdough—an ancient tradition turned into the crispiest, most flavorful pizza. From cultivating a live starter to stretching the dough, this hands-on class delivers a slice of perfection, topped just the way you like it.

BLACK AGUACHILE

Savor the freshest fish of the season, straight from the waters of Tamarindo. Learn to create a bold, smoky black aguachile infused with the deep, charred essence of roasted serrano ash. A dish where citrus, spice, and the purity of the sea come together in perfect harmony.

Kids' Dining Benefits:

Children under 12 enjoy 50% off cooking classes.

JICAMA AND MANGO AGUACHILE

Discover the bold flavors of Mexico in this hands-on culinary experience. Using a molcajete, you'll blend fresh mango, jicama, chile, and Colima salt to create a vibrant, sweet-spicy aguachile. Learn traditional techniques, balance flavors, and enjoy a refreshing, beautifully plated dish. Perfect for vegans seeking an authentic taste of Mexico!



FOOD & BEVERAGE *EXPERIENCES*

COFFEE EXTRACTION WORKSHOP

Embark on a journey across Mexico's coffee-producing regions, where extraordinary coffee beans grow among lush rainforests and mountains that reach the clouds. As you listen to stories about small producers, learn about different extraction methods until you achieve that perfect cup that will wake you up every morning.

REGIONAL FERMENTED DRINKS WORKSHOP

Mexico has a long tradition of fermented drinks such as tejuino, a staple in the states of Jalisco and Colima. Led by our fermentation experts, this workshop will give you insights into the history of tejuino and other drinks, like tepache and kombucha. Explore their nutritional and medicinal properties and learn how to make the most of ingredients like fruit peels and herbs to make your own fermented drinks.

TRAVEL THROUGH MEXICO TACO TASTING

Let your stomach be your guide as you explore Mexico's most extraordinary culinary regions from the Baja Peninsula's fresh seafood to Oaxaca with its complex moles. Our team will help you to discover new flavors and ingredients along the way with four to seven courses, each paired with a regional beverage.

THE ART OF GUACAMOLE

Join us for a social gathering to meet new friends, enjoy a drink together and discover the secrets behind the preparation of traditional guacamole. Make your own using a molcajete and an assortment of regional ingredients from the classic to the unexpected.



ADULTS ONLY

AGAVE MISSIONS - AGAVE SPIRITS TASTING

Mexican spirits tell a story in every drop. Be part of these stories as you explore five different agave spirits –including tequila, sotol, and raicilla–, their regions of origin, and their production methods. Awaken your senses during this tasting and discover the perfect ingredients to pair each spirit with.

BLIND TEQUILA TASTING

Inspired by the Judgement of Paris, a legendary blind tasting that took place in 1976, this tasting will awaken your senses and peak your curiosity. Led by our mixology experts, discover the different styles of aging that brings out a variety of aromatic and tasting expressions of tequila.

THE ROAD TO TIERRA ADENTRO - WINE TASTING

Take a trip across Mexican history through its oldest wine-producing regions, with more than 200 years of winemaking tradition. From Guanajuato and San Luis Potosí to Chihuahua and Coahuila, this journey will lead you along the Camino Real a Tierra Adentro. Our sommelier will select the labels and share the details of what makes each of them unique.

MARGARITAS WORKSHOP

Explore the art of mixology as choose your spirit, mix with homemade sodas or shrubs, refine it with your preferred ice style and finish with signature Cuyutlán salts. Shake, mix, and savor the flavors of Mexico.

Guests must be 18 or older to participate in adults-only experiences.





*A SUSTAINABLE
VISION:
RANCHO LOLA*



RANCHO LOLA EXPERIENCES

Woven into our ethos is a commitment to sustainability, culinary excellence and cultural preservation. At the heart of this vision lies Rancho Lola, our newly reopened sustainable farm. Nestled within our Resort's nature reserve, Rancho Lola invites you to explore the origins of indigenous ingredients and immerse yourself in the rich flavours and traditions of Mexico.

RANCHO LOLA BREAKFAST

Rancho Lola will serve as the vibrant heart of Tamarindo this holiday season, transforming into a quintessential Mexican ranch, complete with an open-air kitchen and a welcoming communal table. Join our team for an exciting family breakfast experience while having an opportunity to wander through our lively natural surroundings, indulging in just-harvested vegetables, warm tortillas straight from the griddle, and artisanal salt from Cuyutlan.

SWEET ROOTS: CARROT CAKE CREATION AT RANCHO LOLA

Join our culinary team for an unforgettable, hands-on experience where guests are invited to gather fresh ingredients from the farm including eggs from the chickens, carrots from the ground, honey from our bees and even flowers for décor —before heading to the open-air kitchen to bake a delicious rustic carrot cake from scratch.

TACO MAKING COOKING CLASS AT RANCHO LOLA

Step into Mexico's rich culinary past and celebrate the soul of its cuisine—corn. Grind heirloom kernels on a traditional metate or use a stone mill, then transform the masa into warm tortillas on a wood-red comal at Rancho Lola. A hands-on tribute to tradition, flavor, and the essence of Mexican gastronomy.



RANCHO & XOCHITLAN TOUR

Take part in a tour of Rancho Lola, the low-impact farm at Tamarindo, to experience the heart of many of the fresh ingredients you will taste during your stay, interact with farm animals and discover the array of plants and succulents cultivated at Xochitlan, our plant nursery.

FLORAL ARRANGEMENT CLASS

Discover a relaxing and creative activity for nature lovers. Design beautiful floral arrangements using your artistic skills, practise arranging seasonal blooms, explore colour theory and create stunning designs in this nature-inspired setting.

PLANT A TREE AND GIVE BACK

Make a lasting impact on the local community by planting a tree at Rancho Lola in support of the Tamarindo International School (TAMIS). Created by our resident biologist and his wife, TAMIS offers vital education and teaches environmental awareness to local children.

FARMER AT RANCHO LOLA

Join us as we collect freshly laid eggs, feed the animals, and explore the rhythms of ranch life in a relaxed, natural setting. Designed for curious little ones and grown-ups alike, this shared experience offers a joyful glimpse into the land that helps nourish Tamarindo.





FAMILY
FRIENDLY
ACTIVITIES



FOUR SEASONS RESORT TAMARINDO

RESERVE SCAVENGER HUNT

Explore a private natural reserve on this family-friendly scavenger hunt. Uncover hidden clues, spot rare wildlife and solve nature-themed riddles during these interactive challenges that allow you to learn about the environment while having fun.

WIXARIKA ARTS & CRAFTS

Explore the vibrant world of Wixárika traditions through hands-on activities. Create stunning beadwork, intricate yarn art and colourful decorations you learn about the rich cultural heritage of this indigenous group.

MOVIE UNDER THE STARS

Take part in the ultimate outdoor cinema experience with the starlit sky as your backdrop for a truly unforgettable movie night. Sink into comfortable lounge chairs and savor freshly made popcorn while the soothing sounds of crashing waves provide the perfect subtle soundtrack to your evening. Gather with family and friends to enjoy a movie under the stars, creating memories that will last a lifetime.

PICNIC BY THE BEACH

Surrounded by towering palm trees, golden sand and the Pacific Ocean's crashing waves, immerse yourself in an enchanting morning with an exclusive picnic experience.

DINNER AND SMALL WONDERS NIGHT EXPLORATION

Enjoy a private dinner experience followed by a Small Wonders night exploration with our resident biologist and bug expert in the Tamarindo reserve. Discover fascinating nocturnal creatures in their natural habitat and observe them up close.

BONFIRE EXPERIENCE

Gather with loved ones for a bonfire Tamarindo style. With the ocean as your backdrop, kick back barefoot and enjoy s'mores and warm drinks under the stars.



CARAMELO

"No two days are alike at Caramelo, our Kids For All Seasons program. Our daily activities, designed specifically for curious travelers ages 5 to 12, take place both inside our sunlit activity area and in our very own corner of the world, making the most of the beach and the reserve. Your children deserve to have their own adventures, and Caramelo will ensure they do!"

ESCONDITE

Equipped with the latest technology and offering the freedom of our vast reserve as their own adventure-filled playground, Escondite is a hideaway for our teen guests ages 13 and up. Teens will find their own refuge and identity in this space, created for connection and adventure, where nature and energy set the stage for lifelong friendships and unforgettable memories.

BABYSITTING SERVICE

We understand the importance of reconnecting with your partner during vacation! That's why Tamarindo provides certified babysitters who are trained at caring for your little ones while you indulge in some well-deserved relaxation. Whether you're unwinding at the spa, enjoying a private dinner for two, or simply seeking quiet time by the pool, rest assured that your children are in the best hands.





SPA

AT FOUR SEASONS RESORT TAMARINDO



SPA EXPERIENCES & TREATMENTS

SPA UNDER THE STARS

Experience an unforgettable evening with our Spa Under the Stars couples' package at Tamarindo Spa, where the transformative spirit of the sea and jungle seamlessly blend. Enjoy exclusive access to our serene spa, including a 90-minute couples' massage, steam room, and relaxation pools, all surrounded by the tranquil sounds of nature. Indulge in a bottle of champagne or wine, paired with a delightful charcuterie board, as you unwind and stargaze in total privacy. Infused with the essence of copal, this intimate journey fosters a deep connection to your spirit and the natural surroundings. Whether seeking relaxation, rejuvenation, or a romantic escape, this unforgettable experience offers the perfect opportunity to reconnect and share a peaceful, luxurious evening together.

VIEW OUR SPA BROCHURE

www.fourseasons.com/tamarindo/spa

MASSAGES

Explore our premium massages, meticulously designed to dissolve stress, and rejuvenate your body, leaving you feeling relaxed and revitalized under the care of our expert therapists.

BODY TREATMENTS

Indulge in a relaxing body treatment, ranging from detoxifying wraps to invigorating scrubs. Allow our expert therapists to pamper you with the best natural ingredients, leaving your skin glowing and your spirit refreshed.

FACIALS

Experience our transformative facials, designed to rejuvenate, and refresh your complexion. Let our expert esthetician's leave your skin radiant and glowing.

BEAUTY SALON

Visit our beauty salon for exquisite nail, hair and makeup services. Our skilled professionals will ensure you look and feel your best, perfect for any occasion



TEMAZCAL

Step into a sanctuary of ancient wisdom and modern luxury, where the timeless tradition of the Temāzcalli awaits.

Derived from the Nahuatl word for "house of heat," this immersive experience channels the essence of pre-hispanic rituals to provide an immediate sense of mental clarity, emotional healing, and profound relaxation. We invite all guests of The Spa to partake in this unparalleled journey through cultural history towards transformation. Embrace the opportunity to rejuvenate mind, body, and spirit as you immerse yourself in the transformative power of the Temāzcal.

Your path to renewal begins here, where tradition meets innovation, and every moment is dedicated to reconnecting with your sense of self.





WELLNESS
AND
MOVEMENT



WELLNESS & *FITNESS ACTIVITIES*

YOGA SOUND HEALING

Immerse yourself in this Vinyasa yoga practice inspired by nature. Revitalize your energy and flow through each asana with your breath, accompanied by the beauty of classical music.

HIKE AND MEDITATION

Start your day by awakening your senses and feeling the rhythm of the nature reserve on a silent walk. Join our meditation expert at the end of your hike for a unique yet mindful experience.

BOOTCAMP BEACH AND BEATS

Enjoy training outdoors with this dynamic and energetic 60-minute class, breathing fresh air with the beat of music to push you to your limits.



24-HOUR FITNESS CENTER

Designed by celebrity trainer Harley Pasternak, our Fitness Centre is conveniently located on the mezzanine level of La Mansión, our main building. Maintain or elevate your fitness routine throughout your stay in paradise with state-of-the-art equipment, including Pilates reformers and Peloton bikes. Enjoy a comprehensive and luxurious fitness experience with a range of specialized classes and top-notch amenities.

Join us at our Fitness Centre at La Mansión and experience the ultimate blend of luxury and fitness. Enjoy a refreshing and revitalizing workout that caters to all your fitness needs while surrounded by the beauty and tranquility of our resort.

COMPLIMENTARY ACTIVITIES ON WEEKLY CALENDAR

[ASK ABOUT OUR WELLNESS PROGRAMS](#)

PRIVATE PERSONAL TRAINER

Head to our Fitness Centre to maintain your workout routine even while away from home. Our trainers are here to listen and create personalized training plans tailored to your needs. Discover our new Tamarindo workouts, gain valuable tips to take home and enjoy a seamless fitness experience.

YOGA
HIIT
REFORMER PILATES
MAT PILATES
TRX

OUTDOOR WELLNESS CLASSES

If you prefer to be surrounded by nature, enjoy a personalized routine that suits your fitness needs and join one of our outdoor group classes including Yoga, Bootcamp, HIIT & Pilates. If you prefer to slow down, create spiritual clarity as you embark on a guided meditation session with our resident wellness ambassador.



GOLF

Designed by celebrated golf architect David Fleming, El Tamarindo Golf Course offers 18 holes of links-style play, weaving through tropical jungle along the rocky Pacific Coastline with nature abound. Each hole on this 6,682-yard, par-72 course offers its own unique challenging play while nine holes feature unforgettable ocean views.

CLUB HOUSE HOURS | 7:30 AM - 6:00 PM
TEE TIMES: EVERY 20 MINUTES STARTING AT 7:40 AM

18 HOLES
9 HOLES
PRIVATE LESSONS
CLUB RENTALS
RIDE ALONG FEE

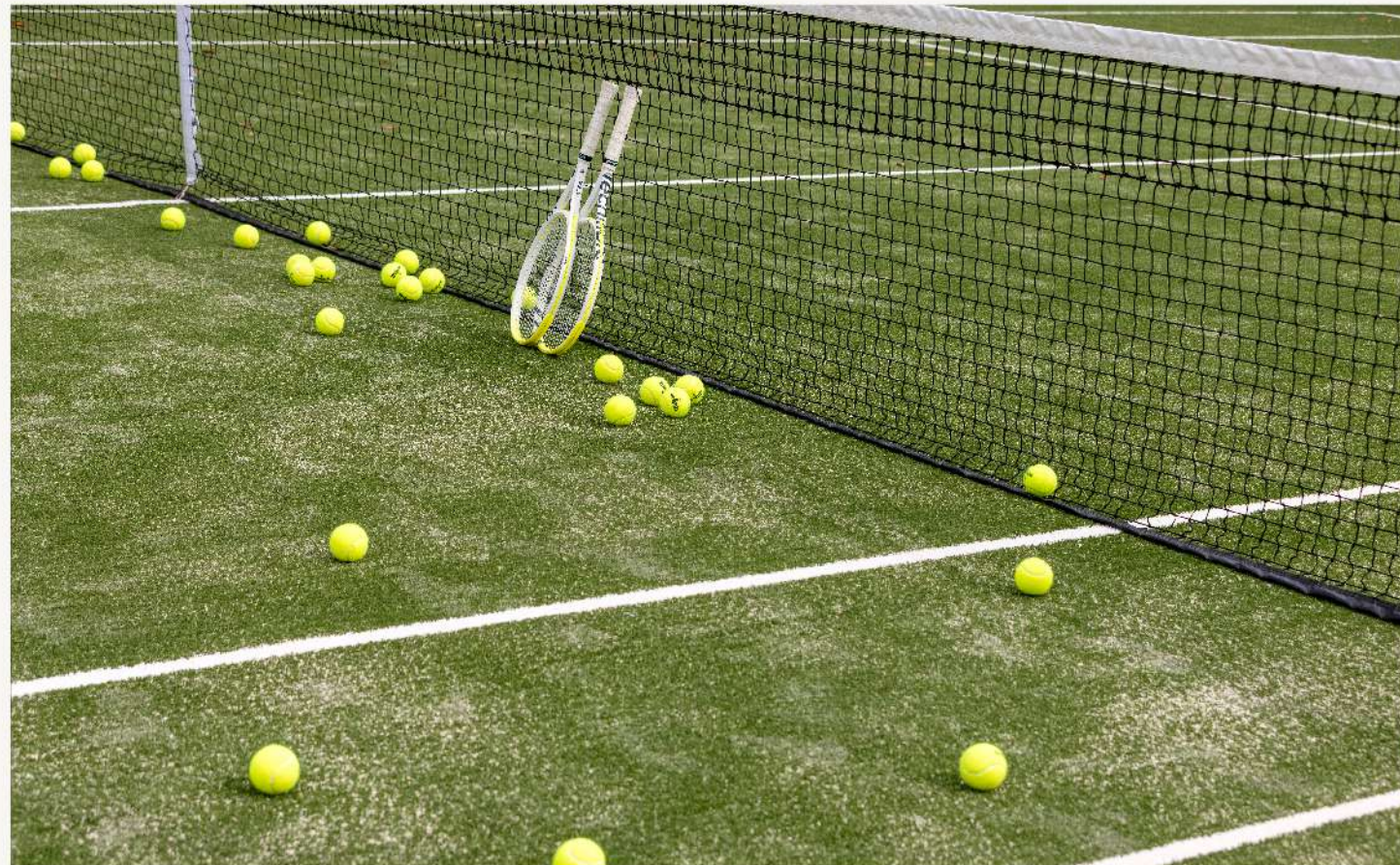


RACQUET SPORTS TENNIS, PADEL & PICKLEBALL

Immerse yourself in the perfect blend of sport and serenity. Our Racquet Sports areas feature two synthetic turf tennis courts, two pickleball courts, and two padel courts.

HOURS OF OPERATION | 9:00 AM - 6:00PM

COURT & EQUIPMENT RENTAL
PLAY WITH THE PRO
PRIVATE LESSONS



PRICE LIST

Experience	Duration	Final Price	
TRANSPORTATION			
Private Transportation from Playa de Oro International Airport (ZLO)		\$4,600.00	per SUV Up to 5 guests
Private Transportation from Puerto Vallarta International Airport (PVR)		\$11,500.00	per SUV Up to 5 guests
Private Transportation from Colima Airport (CLQ)		\$11,500.00	per SUV Up to 5 guests
Private Transportation from Guadalajara International Airport (GDL)		\$16,100.00	per SUV Up to 5 guests
LAND ACTIVITIES			
Ethnobotanical Walk	60 min	\$1,500.00	up to 4 guests
Hike in Nature	60 min	\$1,500.00	up to 4 guests
Go Birdwatching	60 min	\$1,500.00	up to 4 guests
Run Concierge	60 min	\$1,500.00	up to 2 guests
Morning Hike and Picnic Breakfast Starting at	120 min	\$5,500.00	per breakfast set
Endurance E-MTB Bike Tour	90 min	\$2,050.00	per person
Road Bike Tour	60 min	\$1,380.00	up to 4 guests
NIGHT ACTIVITIES			
Movie Under The Stars		\$3,450.00	up to 4 guests
Small Wonders Night Exploration	60 min	\$3,000.00	up to 4 guests
Stargazing Nights	60 min	\$1,100.00	per person
Bonfire Experience	120 min	\$11,730.00	up to 6 guests + 520 any additional guest
WATER ADVENTURES			
Cabana Rental 11:00 am to 7:00 pm		\$9,525.00	per cabana up to 6 guests
Sunrise or Sunset Paddleboard	60 min	\$2,760.00	per person
Pedal Board	60 min	\$2,000.00	per person
Pedal Boat	60 min	\$2,000.00	per couple
Discover Scuba: Pool Class & Dive*	4 hours	\$25,760.00	up to 2 guests + any additional guest \$4600
Scuba: One-Tank Dive*	2 hours	\$20,010.00	up to 2 guests + any additional guest \$4600
Scuba: Two-Tank Dive*	4 hours	\$33,350.00	up to 2 guests + any additional guest \$9200
Ocean Adventure & Beach Picnic *	3 hours	\$21,500.00	per couple
Sport Fishing * Offshore Up to 6 guests	6 hours	\$43,238.00	+ any additional hour \$5,404
Sport Fishing * Inshore Up to 6 guests	4 hours	\$32,430.00	+ any additional hour \$5,404
Handline Fishing* Up to 4 guests	2 hours	\$10,810.00	+ any additional hour \$5,405
Oceanic Explorations* Up to 6 guests Starting at	2 hours	\$10,810.00	+ any additional hour \$5,405
PRIVATE DINING			
Family Style Dining Starting at		\$7,845.00	per person Minimum 6 guests
Four Course Set Menu Starting at		\$15,690.00	per couple Max 4 guests
COOKING CLASSES			
Corn Heritage	60 min	\$3,714.50	per person
Fresh Catch Ceviche	60 min	\$3,714.50	per person
Grilled by the Sea	60 min	\$3,714.50	per person
Sourdough Pizza Cooking Class	60 min	\$3,714.50	per person
Jicama and Mango Aguachile	60 min	\$3,277.50	per person
Black Aguachile Cooking Class	60 min	\$3,277.50	per person
FOOD & BEVERAGE EXPERIENCES			
Coffee Extraction Class	60 min	\$632.50	per person
Travel Through Mexico – Taco Tasting		\$4,025.00	per person
Fermentation Workshop – Private	60 min	\$632.50	per person
The Art of Guacamole	45 min	\$1,380.00	per person
Floating Breakfast Starting at	2 hours	\$3,810.00	per breakfast set
Agave Spirits Tasting		\$3,140.00	per person
Blind Tequila Tasting		\$3,277.50	per person
The Road to Tierra Adentro Wine Tasting		\$3,140.00	per person
Margaritas Workshop	45 min	\$2,622.00	per person

Experience	Duration	Final Price	
RANCHO LOLA EXPERIENCES			
Rancho Lola Breakfast	120 min	\$13,450.00	up to 6 guests
Rancho Lola Breakfast	120 min	\$22,420.00	up to 12 guests
Taco Making Cooking Class at Rancho Lola	90 min	\$10,645.00	up to 4 guests +\$2,245 any additional guest
Sweet Roots: Carrot Cake at Rancho Lola	90 min	\$10,645.00	up to 4 guests +\$2,245 any additional guest
Farmer at Rancho Lola	60 min	\$3,000.00	up to 4 guests
Private Rancho Lola & Xochitlán Tour	60 min	\$300.00	per person
Plant a Tree and Give Back	45 min	\$1,500.00	per person
Floral Arrangement Class	60 min	\$1,380.00	per person
Succulent-Arranging Workshop	60 min	\$1,380.00	per person
FAMILY FRIENDLY EXPERIENCES			
Reserve Scavenger Hunt	60 min	\$1,500.00	up to 4 guests
Picnic by the Beach Starting at	60 min	\$4,050.00	per breakfast set
Wixárika Arts & Crafts	60 min	\$1,500.00	up to 4 guests
Movie Under The Stars		\$3,450.00	up to 4 guests
Bonfire Experience	90 min	\$11,730.00	up to 6 guests + \$520 any additional guest
Dinner and Small Wonders Exploration		\$31,400.00	up to 4 guests + \$6,900 any additional guest
Family Barbecue at Majahua Beach		\$41,400.00	up to 6 guests + \$6,900 per person
Babysitting	1 hour	\$977.50	per child (minimum 2 hours)
SPA & WELLNES			
Spa Under the Stars	120 min	\$35,350.00	per couple
Temazcal Ceremony Starting at	90 min	\$9,450.00	per couple + \$2,415 any additional guest
Yoga Sound Healing	60 min	\$2,703.00	per person \$1,500 any additional guest
Hike and Meditation	60 min	\$3,300.00	per person \$1,500 any additional guest
Private Personal Trainer	60 min	\$2,703.00	per person \$1,500 any additional guest
Outdoor Wellness Class	60 min	\$2,703.00	per person \$1,500 any additional guest
Pilates Reformer Class	60 min	\$2,703.00	per person \$1,500 any additional guest
Private Yoga	60 min	\$2,703.00	per person \$1,500 any additional guest
TRX Training	60 min	\$2,703.00	per person \$1,500 any additional guest
Bootcamp Beach and Beats	60 min	\$2,703.00	per person \$1,500 any additional guest
Functional Training	60 min	\$2,703.00	per person \$1,500 any additional guest
GOLF			
El Tamarindo Golf Course – 18-Hole		\$5,290.00	per person
El Tamarindo Golf Course – 9-Hole		\$2,990.00	per person
Private Golf Class	60 min	\$2,300.00	per person \$3,970 per couple
Club Rentals		\$1,380.00	per person
Ride along Fee		\$1,380.00	per person
RACQUET SPORTS			
Tennis, Padel & Pickleball Court Rental	60 min	\$700.00	up to 4 guests
Tennis Lesson	60 min	\$2,875.00	per person
Play with Tamarindo Pro	60 min	\$1,150.00	per person

Prices are expressed in Mexican Pesos (MXN). Prices include 16% VAT and a 15% service charge. Payment may be made in cash in Mexican Pesos, or by credit or debit card (Visa, MasterCard, and American Express) with no additional fee for card use. Foreign currency in cash is not accepted.

Restaurants and experiences require a reservation at least 24 hours in advance. Cancellations made with less than 24 hours' notice may incur an additional fee or up to 100% of the cost.

*This experience is operated by an external provider. While we will be happy to assist with arrangements, the service is subject to the provider's terms and conditions.





FOUR SEASONS
RESORT
TAMARINDO, MEXICO

Tamarindo Beach

Vista

Tamarindo Villa

Cliffside

La Mansión

Discovery Center

Gym

Caramelo

Family Pool

Tecolote Road

Relaxation Pool

Pool & Cabanas

Sal Restaurant

Nacho Restaurant

Coyul Restaurant

Careyes

Pérula

Manzanilla

Tenacatita Ballroom

Melaque Lawn

Escondite

Nature

Spa

Golf & Racquet Sports

Nature

Oceano Suite

Beachfront

Pacífico Beach House

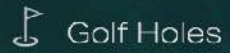
Majahua Beach

RESORT MAP

LOCATION MAP



- 1. Lobby
- 2. Spa
- 3. Golf Club House
- 4. Vista
- 5. Nueve
- 6. Rancho Lola
- 7. Watersports Center
- 8. Racquet Sports



Four Seasons
Resort Tamarindo



PACIFIC OCEAN



Tamarindo Beach

Majahua Beach

Escaleras Beach





Dorada Beach

Palmito Beach

K.M. 7.5, Carretera Federal 200 Barra de Navidad, La Huerta, 48898, Jalisco, México

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