

# FACIAL ENHANCEMENTS

**ADDITIONAL TIME NEEDED (in minutes)**

**NuFace Quick Lift \$45 (15)**

Experience the technology of microcurrent to stimulate, lift and tone the facial muscles. NuFace is also known as a “non-invasive facelift” and a celebrity pre-red carpet treatment for its immediate and cumulative results.

**LED Light Therapy \$45 (15)**

Anti-aging treatment to smooth fine lines and address sun damage

**NO ADDITIONAL TIME NEEDED**

**Glyco 3 Peel \$50**

Triple exfoliation with Alpha-Hydroxy acids leaves the skin smooth and visibly refined. Your face will glow with a natural radiance.

**Fit & Firm Lifting Mask \$50**

Collagen is stimulated, fine lines and wrinkles are plumped and skin becomes instantly firmer and toned

**Fresh Eyes \$25**

Relieve your eyes of puffiness, dark circles, redness and wrinkles all in one treatment with these refreshing eye slices. Take home the product for up to 6 more uses!

**Warm Scalp Treatment \$25**

Help improve scalp condition  
Revitalize hair with a lustrous shine

**Intensive Hydrating Hair Mask \$25**

Deep hair hydration. Restore moisture to dry hair and improve texture and manageability

**Hand Conditioner \$25**

Soften hands with a warm, conditioning treatment

**Foot Conditioner \$25**

Soften heels and feet with a warm, conditioning treatment

**Hand Polish \$25**

Gentle exfoliation of the hands

**Foot Polish \$25**

Gentle exfoliation of the feet

**Make-up, Blow Out and Waxing Services Available**

**Memberships and Personal Training Available**

# SPA PACKAGES

**Algorithm \$425**

A customized sequence of treatments designed to reprogram your body  
Silicon Valley Massage 60 Minutes  
Silicon Valley Facial 60 Minutes  
Startup Manicure 30 Minutes  
Startup Pedicure 45 Minutes  
3 ¼ Hours

**Cardinal \$285**

Silicon Valley Massage with 2 enhancements 60 Minutes  
02 Boost Facial 30 Minutes  
1 ½ Hours

**Express Lane \$195**

Silicon Valley Massage 30 Minutes  
02 Boost Facial 30 Minutes  
1 Hour

# NAIL SALON SERVICES

**Startup Manicure \$50 (30)**

**Startup Pedicure \$80 (45)**

**IPO Manicure or Pedicure \$75 (45) \$110 (75)**

Revitalize your skin and stimulate your senses with a unique and luxurious orange peel scrub and a richly hydrating Moroccan oil hot stone massage to leave your hands or feet feeling soft and supple.

**Citrus Drench Pedicure \$90 (60)**

An intense blast of antioxidants to invigorate, exfoliate and hydrate. A Vitamin C soufflé mask and a rich vitamin aroma balm are applied to hydrate, moisturize and soften the skin revealing radiant legs!

**French Hands or Feet Add \$25 (15)**

**Polish Change Hands or Feet \$25 (15)**

**Shellac Nail Services**

Gel Polish Removal \$35 (30)  
Gel Polish Manicure \$80 (60)  
Gel Polish Removal w/Startup Manicure \$85 (60)  
Gel Polish Removal w/Gel Manicure \$115 (75)  
Gel Polish Pedicure \$110 (60)  
Gel Polish Removal w/Gel Pedicure \$145 (90)

# SPA MENU



**FOUR SEASONS**

HOTEL

SILICON VALLEY AT EAST PALO ALTO

(650) 470-2865 | thespa.siliconvalley@fourseasons.com

LOCATED ON LEVEL 3



# MASSAGE

**Silicon Valley** **\$105 (30) \$165 (60) \$250 (90)**  
Signature Custom Massage 30, 60 or 90 Minutes  
A customized blend of massage techniques designed for your specific needs at the time of your treatment:  
Swedish, Deep Tissue, or combination.

**Palo Alto Premium** **\$145 (30) \$205 (60) \$290 (90)**  
Silicon Valley Massage + 2 enhancements of your choice

**Western Healing** **\$185 (60)**  
Inspired by the California Redwoods, this signature massage uses a combination of soothing essential oils with anti-aging and healing elements to help reduce stress. The anti-inflammatory properties produce a crisp, fresh and uplifting effect while the pleasant, woody aroma is calming and grounding.

**Himalayan Warm Stone** **\$270 (90)**  
A full body massage with naturally therapeutic Himalayan salt stones. This mineral infused treatment centers on purifying and detoxifying the body while the warmth of the stones provide a sedative effect that can help to relieve chronic pain, reduce stress and promote deep relaxation.

**Motherhood** **\$165 (60) \$250 (90)**  
A relaxing and nurturing massage for women in their second and third trimesters or post-natal time period.

**Select Services** **\$220 (60) \$300 (90)**  
Thai, Shiatsu, Reflexology, Digestive, Lymphatic Drainage and Lomi Lomi with our Master Therapists are available upon request.

# BODY TREATMENTS

**West Coast Life** **\$275 (90)**  
Inspired by the Pacific Ocean, this full body ritual includes a body polish with Pacific Ocean salt followed by a lavishly moisturizing and richly hydrating Ocean Dew massage. Luxuriate in the immune-boosting benefits of red marine algae and the therapeutic properties of organic essential oils.

**Oxygen Body Peel** **\$195 (60)**  
This innovative full body hydra-peel exfoliates the skin while helping to improve tone and elasticity. A sumptuous soufflé mask is applied to purify and moisturize while a hydrating infusion of oxygen + nutrients is massaged into the skin leaving you bright and hydrated!

# ENHANCEMENTS

**\$25 each or two for \$40**  
Added to any treatment and requires no additional time

**Warm Scalp Treatment**  
Help improve scalp condition  
Revitalize hair with a lustrous shine

**Intensive Hydrating Hair Mask**  
Deep hair hydration  
Restore moisture to dry hair and improve texture and manageability

**Hot Stone Fusion**  
Warm muscles focusing on specific areas of concern

**Therapeutic Aromatherapy**  
Clear Mind for focus  
True Relaxation for tension relief  
Pure Breathing for sinus, asthma or allergies  
Natural Rest for better sleep

**Hand Polish**  
Gentle exfoliation of the hands

**Foot Polish**  
Gentle exfoliation of the feet

**Hand Conditioner**  
Softens hands with a warm, conditioning treatment

**Foot Conditioner**  
Softens heels and feet with a warm, conditioning treatment

**Shea Butter**  
Moisturize, nourish and pamper your entire body.  
Great for pre or post-natal

**Exfoliating Dry Brush (90 Minute Only)**  
Increase circulation and soften skin



Reserve your appointment with ease through the Four Seasons App



# FACIALS

**Platinum** **\$295 (90)**  
Take your facial experience to a whole new level with customized ingredients, a triple layer Glyco 3 Peel and a Fit & Firm Peel Off Mask! A decadent extended massage completes this ultra-luxurious treatment.

**Ultimate Glow** **\$250 (75)**  
Reduce dark spots and even skin tone with this fabulous, anti-aging, brightening treatment. A soothing mask and red light therapy reveal a radiant glow.

**Organic Luxury** **\$225 (60)**  
Ultra-oxygen infusion providing extreme rejuvenation for a youthful look. The highest quality organic ingredients improve firmness, enhance cellular regeneration, boost collagen, tone and revitalize the skin. Perfect for dehydrated skin and those seeking dramatic results with a true instant lifting effect.

**Hydrafacial™** **\$225 (60)**  
Hydrafacial™ is a state-of-the-art resurfacing treatment that produces instant, lasting results.

**Advanced Age-Defying** **\$195 (60)**  
Resurface damaged skin with natural skin-nourishing proteins for a vibrant youthful appearance. Collagen is stimulated, fine lines and wrinkles are plumped and skin becomes instantly firmer and toned. A Fit & Firm Peel Off Mask gently exfoliates and oxygenates the skin producing dramatically visible results.

**Silicon Valley** **\$185 (60)**  
Whether your skin-care needs are anti-aging, oily, sensitive or redness-reduction, this relaxing, customized facial will leave your skin balanced and radiant (This facial may include extractions).

**O2 Boost** **\$110 (30)**  
This results-oriented 30 minute treatment uses C02 to combat the signs of aging with an explosion of oxygen resulting in a visible revitalization of the skin.

