

WELCOME

# to our Perfect Paradise

EXPERIENCE AN ENDLESS ARRAY OF  
ACTIVITIES FROM SERENITY TO ADVENTURE  
AND EVERYTHING IN BETWEEN.



## BEACH & POOL

The place to see and be seen is the Limin' Pool, offering unobstructed views straight out to the Caribbean Sea horizon. Along with nearly three miles of pristine beachfront and an endless array of watersports activities, including complimentary non-motorized water toys, guests can easily make the most of their beach day.

Hours: 9:00 am - 5:00 pm

## ROBERT TRENT JONES II GOLF COURSE

The 18-hole signature golf course is woven into the landscape of the Island, winding over 6,766 yards from the slopes of Nevis Peak down to the edge of the Caribbean Sea – not to mention the friendly faces of the Island's Green Vervet monkeys that call the course home.

**Pro Shop : Available Upon Request**  
**Golf: 7:00 am - 5:00 pm**  
**Tennis: 7:00 am - 9:00 pm**

## KIDS FOR ALL SEASONS

The Kids For All Seasons program includes supervised recreational, creative and educational activities for guests' children ages 6-12. Ages 5 and below must be accompanied by a parent at all times.

Hours: 10:00 am - 5:00 pm  
24hrs in advance bookings



### ADDITIONAL OUTLET HOURS

**The Spa: 10:00am - 7:00pm\***  
**The Boutique: 10:00 am - 6:00 pm**  
**Watersports: 10:00 am - 4:00 pm\***  
**Gym: 6:00 am - 5:00 pm\***  
**\*(By Appointment Only)\***

## SUNSET HAPPY HOUR 5PM-7PM DAILY AT ON THE DUNE BAR



Come to On the Dune Bar for Happy Hour that's sure to be the highlight of the week. Enjoy 2 for 1 local beers, rum punch and daily wine selection.

## GOLF CLINICS | 11:15 AM - 12 PM PRO SHOP | ADULT CLINIC

**Sunday:** Intro to golf  
**Monday:** Chipping & Pitching  
**Tuesday:** Long Irons  
**Wednesday:** Putting  
**Thursday:** Driver & Woods  
**Friday:** Combination Shots  
**Saturday:** Improving Scores



## SUMMER CAMP 10:00 AM - 5:00 PM | KFAS

Whether you're enjoying fun in the sun on land or refreshing with a dip under the sea, your family will spend the whole day learning and playing in paradise.



DINING



**7:00 AM - 11:00 AM**  
**BREAKFAST**

**11:00 AM - 4:00 PM**  
**LUNCH**

**6:00 PM - 9:00 PM**  
**DINNER**

**11:00 AM - 11:00 PM**  
**DRINKS**

**4:00 PM - 11:00 PM**  
**LIGHT BITES**





## SUNDAY

### 8:00 AM - 7:00 PM (ONE HOUR SESSIONS)

#### PRIVATE TENNIS LESSONS | PRO SHOP - \$120 + 15 ADDITIONAL PERSON

Game, Set, Match! Get ready to play on any of our three court surfaces, red-clay, hard or AstroTurf, all managed by world-renowned Peter Burwash International at our top-rated tennis centre. Take private lessons with the Pros or have the family join so everyone can become a tennis champion.

### 9:00 AM - 5:00 PM (45-MINUTE SESSIONS)

#### TENNIS BALL MACHINE | PRO SHOP - \$55

Test your skills with the help of our ball machine and perfect your swing from any angle.

### 9:00 AM - 10:00 AM

#### ECO-BIO GOLF | PRO SHOP - \$45

We recommend hitting a golf ball or two into the sea. In fact, our eco-bio golf balls are perfect for doing just that. These balls turn into fish food within 72 hours after hitting the ocean floor. Guests can have beach-side golf competition while feeding the ecosystem. Whether beginners or advanced enthusiasts, the entire family will get to enjoy practicing their swing on a mini beach driving range.

### 10:00 AM - 10:45 AM

#### FISH FEEDING | BALLROOM TERRACE (KFAS)

With hundreds of tropical fish swimming freely at the beach or pound, it is certainly a fun and colourful site to see them swim around. All ages welcome.

### 11:00 AM - 11:45 AM

#### SCAVENGER HUNT | BALLROOM TERRACE (KFAS)

It's time to think like a pirate and race to find the hidden treasures. Kids will enjoy a fun and interactive scavenger hunt around the property by putting their minds to the test to get the prize.

### 11:15 AM - 12:00 PM

#### GOLF CLINIC INTRO TO GOLF | PRO SHOP - \$55

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

### 2:00 PM - 2:45 PM

#### SIMON SAYS - SPLASH PAD | BALLROOM TERRACE (KFAS)

Listen close or you might be out. Kids can enjoy a fun game of Simon says at our Splash Pad while they cool off under the Caribbean sun.

### 3:30 PM - 4:15 PM

#### SANDCASTLE BUILDING - ON THE BEACH | BALLROOM TERRACE (KFAS)

A day at the beach with the family is not complete without building a sandcastle. Our Beach and Pool team provides kid-friendly, sandcastle molds, buckets and pails for use on your beach day.



## MONDAY

### 8:00 AM - 7:00 PM (ONE HOUR SESSIONS)

**PRIVATE TENNIS LESSONS | PRO SHOP - \$120 + 15 ADDITIONAL PERSON**  
Game, Set, Match! Get ready to play on any of our three court surfaces, red-clay, hard or AstroTurf, all managed by world-renowned Peter Burwash International at our top-rated tennis centre. Take private lessons with the Pros or have the family join so everyone can become a tennis champion.

### 9:00 AM - 5:00 PM (45-MINUTE SESSIONS)

#### **TENNIS BALL MACHINE | PRO SHOP - \$55**

Test your skills with the help of our ball machine and perfect your swing from any angle.

### 10:00 AM - 10:45 AM

#### **SHELL COLLECTION AND CRAFT | BALLROOM TERRACE (KFAS)**

Dip your toes in the golden sand as you comb the beach for beautiful and unique shells to add to your collection and bring a little piece of paradise home.

### 11:00 AM - 11:45 AM

#### **SANDCASTLE BUILDING - ON THE BEACH | BALLROOM TERRACE (KFAS)**

A day at the beach with the family is not complete without building a sandcastle. Our Beach and Pool team provides kid-friendly, sandcastle molds, buckets and pails for use on your beach day.

### 11:15 AM - 12:00 PM

#### **GOLF CLINIC CHIPPING PITCHING | PRO SHOP - \$55**

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

### 2:00 PM - 2:45 PM

#### **SCAVENGER HUNT | BALLROOM TERRACE (KFAS)**

It's time to think like a pirate and race to find the hidden treasures. Kids will enjoy a fun and interactive scavenger hunt around the property by putting their minds to the test to get the prize.

### 3:00 PM - 4:00 PM

#### **HOT SAUCE MAKING CLASS | ON THE DUNE TERRACE - \$100**

Experience a culinary delight for all senses. Join famed hot sauce maker Chef Llewellyn Clarke for a hot and spicy cooking class where you'll create Paw Paw Pepper Sauce using the freshest ingredients that are abundant on the Island. You'll even get to take your very own bottle home to show off your tasty creation.

### 3:00 PM - 4:00 PM

#### **CHIP AND SIP | PRO SHOP - \$35**

Get ready to swing for the shore with a drink or two during our Chip and Sip mid-day pick-me-up. Chip and Sip is perfect for golf aficionados or novices who want to enjoy a quick few holes while enjoying a local beer or signature rum punch.

### 3:00 PM - 3:45 PM

#### **WATER GAMES | BALLROOM TERRACE (KFAS)**

The kids can cool off while staying active with a fun water games near the beach.

### 4:00 PM - 4:45 PM

#### **SCIENCE FUN | BALLROOM TERRACE (KFAS)**

It's time to let out your inner scientist. Kids will enjoy making this classic STEM project using simple ingredients for a big effect.

### 4:30 PM - 5:30 PM

#### **MONKEY SPOTTING TOUR | PRO SHOP**

The team will show you everything from the Resort botanicals to the famous green vervet monkeys. There's even time to take a swing with your club as you tour!





## TUESDAY

### 8:00 AM - 7:00 PM (ONE HOUR SESSIONS)

#### **PRIVATE TENNIS LESSONS | PRO SHOP - \$120 + 15 ADDITIONAL PERSON**

Game, Set, Match! Get ready to play on any of our three court surfaces, red-clay, hard or AstroTurf, all managed by world-renowned Peter Burwash International at our top-rated tennis centre. Take private lessons with the Pros or have the family join so everyone can become a tennis champion.

### 9:00 AM - 5:00 PM (45-MINUTE SESSIONS)

#### **TENNIS BALL MACHINE | PRO SHOP - \$55**

Test your skills with the help of our ball machine and perfect your swing from any angle.

### 10:00 AM - 10:45 AM

#### **NATURE WALK | BALLROOM TERRACE (KFAS)**

Keep your eyes peeled for animals that call Nevis home.

### 11:00 AM - 11:45 AM

#### **PAINTING | BALLROOM TERRACE (KFAS)**

Create a masterpiece with a few colours and brushes. Kids will be inspired by their surroundings to create artwork parent will be proud to hang on the fridge back home.

### 11:15 AM - 12:00 PM

#### **GOLF CLINIC LONG IRONS | PRO SHOP - \$55**

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

### 2:00 PM - 2:45 PM

#### **FISH FEEDING | BALLROOM TERRACE (KFAS)**

With hundreds of tropical fish swimming freely at the beach or pound, it is certainly a fun and colourful site to see them swim around. All ages welcome.

### 3:00 PM - 3:45 PM

#### **PUTT PUTT GOLF - GOLF COURSE | BALLROOM TERRACE (KFAS)**

Head to the golf course for a fun game of miniature golf. The aim of the game is to score the lowest number of points to win. Grab your favorite color ball and head for the course.

### 4:00 PM - 6:00 PM

#### **FOOT GOLF | PRO SHOP - ADULTS \$90 OR \$60 WITHOUT CART & KIDS \$45**

Get a whole new view of our championship golf course with a game of foot golf. Played similarly to golf, players kick a soccer ball instead of striking a golf ball, working toward a 21-inch "cup" in place of the usual golf hole. The player who finishes the course with the fewest shots wins!

### 4:00 PM - 5:00 PM

#### **COCONUT STORY | OUTDOOR LAWN**

Join "Uncle Mac Kee," our Director of Guest Experiences, for a lesson on how the coconut plays a vital role in Nevisian culture, history and cuisine. Sitting on the lawn, you'll nibble on local coconut snacks and watch him and local narrator talk about all the benefits and uses of the coconut and tree.

### 4:00 PM - 4:45 PM

#### **FIND IT. KEEP IT | BALLROOM TERRACE (KFAS)**

Go on the hunt for prizes around the Resort, and what you find, you get to keep.



## WEDNESDAY

### 8:00 AM - 7:00 PM (ONE HOUR SESSIONS)

**PRIVATE TENNIS LESSONS | PRO SHOP - \$120 + 15 ADDITIONAL PERSON**  
Game, Set, Match! Get ready to play on any of our three court surfaces, red-clay, hard or AstroTurf, all managed by world-renowned Peter Burwash International at our top-rated tennis centre. Take private lessons with the Pros or have the family join so everyone can become a tennis champion.

### 9:00 AM - 5:00 PM (45-MINUTE SESSIONS)

**TENNIS BALL MACHINE | PRO SHOP - \$55**  
Test your skills with the help of our ball machine and perfect your swing from any angle.

### 10:00 AM - 10:45 AM

#### **PUTT PUTT GOLF - GOLF COURSE | BALLROOM TERRACE (KFAS)**

Head to the golf course for a fun game of miniature golf. The aim of the game is to score the lowest number of points to win. Grab your favorite color ball and head for the course.

### 11:00 AM - 11:45 AM

#### **SCIENCE FUN | BALLROOM TERRACE (KFAS)**

It's time to let out your inner scientist. Kids will enjoy making this classic STEM project using simple ingredients for a big effect.

### 11:15 AM - 12:00 PM

#### **GOLF CLINIC PUTTING | PRO SHOP - \$55**

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

### 2:00 PM - 2:45 PM

#### **PAINTING | BALLROOM TERRACE (KFAS)**

Create a masterpiece with a few colours and brushes. Kids will be inspired by their surroundings to create artwork parent will be proud to hang on the fridge back home.

### 3:00 PM - 3:45 PM

#### **MAKE AND TAKE CRAFT (POPSICLE) | BALLROOM TERRACE (KFAS)**

Craft picture-perfect creations and let your imagination run wild during the many arts and craft sessions.

### 4:00 PM - 4:45 PM

#### **FOOT GOLF - GOLF COURSE | BALLROOM TERRACE (KFAS)**

Get a whole new view of our championship golf course with a game of foot golf. Played similarly to golf, players kick a soccer ball instead of striking a golf ball, working toward a 21-inch "cup" in place of the usual golf hole. The player who finishes the course with the fewest shots wins!

### 4:00 PM - 5:00 PM

#### **BOTANICAL TOUR | PRO SHOP - \$45**

Take a ride along the golf course and learn about the amazing, beneficial and tasty plants that are native to the Caribbean. This fun, educational botanical tour will leave you with a few facts and lots of laughs.



The Activity Guide is subject to change at any time based on government protocols and regulations. Prior reservations are required as activities will have limited capacities. Additional fees may apply.





## THURSDAY

### 8:00 AM - 7:00 PM (ONE HOUR SESSIONS)

**PRIVATE TENNIS LESSONS | PRO SHOP - \$120 + 15 ADDITIONAL PERSON**  
Game, Set, Match! Get ready to play on any of our three court surfaces, red-clay, hard or AstroTurf, all managed by world-renowned Peter Burwash International at our top-rated tennis centre. Take private lessons with the Pros or have the family join so everyone can become a tennis champion.

### 9:00 AM - 5:00 PM (45-MINUTE SESSIONS)

**TENNIS BALL MACHINE | PRO SHOP - \$55**  
Test your skills with the help of our ball machine and perfect your swing from any angle.

### 10:00 AM - 10:45 AM

#### **LAWN GAMES | BALLROOM TERRACE (KFAS)**

Enjoy a variety of fun and games from Bocce Ball, ping pong, shuffleboard and a life-size chessboard. With the Kool Rummings rum cart rolling by with a few drinks, the games will keep going all evening long.

### 11:00 AM - 11:45 AM

#### **NATURE WALK | BALLROOM TERRACE (KFAS)**

Keep your eyes peeled for animals that call Nevis home.

### 11:00 AM - 12:00 PM

#### **NEVIS INSIDE SCOOP | OUTDOOR LAWN**

Get the inside scoop on island life, and you might just pick-up on the dialect. Guests can sit down with one of our local Nevisians and learn a few sayings and traditions to bring a little bit of the Caribbean back home.

### 11:15 AM - 12:00 PM

#### **GOLF CLINIC WOODS AND DRIVERS | PRO SHOP - \$55**

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

### 2:00 PM - 2:45 PM

#### **SCAVENGER HUNT | BALLROOM TERRACE (KFAS)**

It's time to think like a pirate and race to find the hidden treasures. Kids will enjoy a fun and interactive scavenger hunt around the property by putting their minds to the test to get the prize.

### 3:00 PM - 3:45 PM

#### **LIZARD HUNTING | BALLROOM TERRACE (KFAS)**

It's all about having the perfect technique when trying to catch these slippery creatures, so be sure to have your eyes peeled as they scurry across the grass.

### 4:00 PM - 4:45 PM

#### **GET WET SPLASH - SPLASH PAD | BALLROOM TERRACE (KFAS)**

Families can make a splash at our newly added Splash Pad between the Kids For All Seasons Clubhouse and the Calypso Pool.



## FRIDAY

### 8:00 AM - 7:00 PM (ONE HOUR SESSIONS)

#### PRIVATE TENNIS LESSONS | PRO SHOP - \$120 + 15 ADDITIONAL PERSON

Game, Set, Match! Get ready to play on any of our three court surfaces, red-clay, hard or AstroTurf, all managed by world-renowned Peter Burwash International at our top-rated tennis centre. Take private lessons with the Pros or have the family join so everyone can become a tennis champion.

### 9:00 AM - 5:00 PM (45-MINUTE SESSIONS)

#### TENNIS BALL MACHINE | PRO SHOP - \$55

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### 10:00 AM - 10:45 AM

#### SCIENCE FUN | BALLROOM TERRACE (KFAS)

It's time to let out your inner scientist. Kids will enjoy making this classic STEM project using simple ingredients for a big effect.

### 11:00 AM - 11:45 AM

#### PAINTING | BALLROOM TERRACE (KFAS)

Create a masterpiece with a few colours and brushes. Kids will be inspired by their surroundings to create artwork parent will be proud to hang on the fridge back home.

### 11:15 AM - 12:00 PM

#### GOLF CLINIC COMBO SHOTS WITH FOCUS ON THE FINISH | PRO SHOP - \$55

Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

### 2:00 PM - 2:45 PM

#### FISH FEEDING | BALLROOM TERRACE (KFAS)

With hundreds of tropical fish swimming freely at the beach or pound, it is certainly a fun and colourful site to see them swim around. All ages welcome.

### 3:00 PM - 3:45 PM

#### VOLCANO FUN | BALLROOM TERRACE (KFAS)

The kids will head to Pinney's Beach to build sand volcanoes and with a little help from science and a few drops of vinegar and baking soda, watch them erupt.

### 4:00 PM - 4:45 PM

#### WATER GAMES | BALLROOM TERRACE (KFAS)

The kids can cool off while staying active with a fun water games near the beach.

### 5:00 PM - 6:00 PM

#### RUM TASTING WITH KENDIE WILLIAMS | ON THE DUNE BAR- \$85

Take a seat at On the Dune Bar to take trip around world to enjoy some of the finest spirits as you sip your way through the history of rum in Nevis and the Caribbean.



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## SATURDAY

### 8:00 AM - 7:00 PM (ONE HOUR SESSIONS)

**PRIVATE TENNIS LESSONS | PRO SHOP - \$120 + 15 ADDITIONAL PERSON**  
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### 9:00 AM - 5:00 PM (45-MINUTE SESSIONS)

**TENNIS BALL MACHINE | PRO SHOP - \$55**  
Test your skills with the help of our ball machine and perfect your swing from any angle.

### 10:00 AM - 10:45 AM

**NATURE WALK | BALLROOM TERRACE (KFAS)**  
Keep your eyes peeled for animals that call Nevis home.

### 11:00 AM - 11:45 AM

**MAKE AND TAKE CRAFT | BALLROOM TERRACE (KFAS)**  
Craft picture-perfect creations and let your imagination run wild during the many arts and craft sessions.

### 11:15 AM - 12:00 PM

**GOLF CLINIC IMPROVING SCORES | PRO SHOP - \$55**  
Boost your confidence on the golf course. During each 45-minute session, you'll learn to master specific moves, strokes and reinforce the skills that you've learned by focusing on one specific aspect of the shot. Each session will be tailored to each person to ensure improvement.

### 2:00 PM - 2:45 PM

**LAWN GAMES | BALLROOM TERRACE (KFAS)**  
Enjoy a variety of fun and games from Bocce Ball, ping pong, shuffleboard and a life-size chessboard. With the Kool Rummings rum cart rolling by with a few drinks, the games will keep going all evening long.

### 3:00 PM - 3:45 PM

**TRUTH OR DARE FUN | BALLROOM TERRACE (KFAS)**  
Truth or dare? Players are given a choice between answering a question truthfully or performing a "dare," both of which are set by the other players.

### 4:00 PM - 4:45 PM

**SHELL COLLECTION AND CRAFT | BALLROOM TERRACE (KFAS)**  
Dip your toes in the golden sand as you comb the beach for beautiful and unique shells to add to your collection and bring a little piece of paradise home.