Glamorous, glittering, unforgettable

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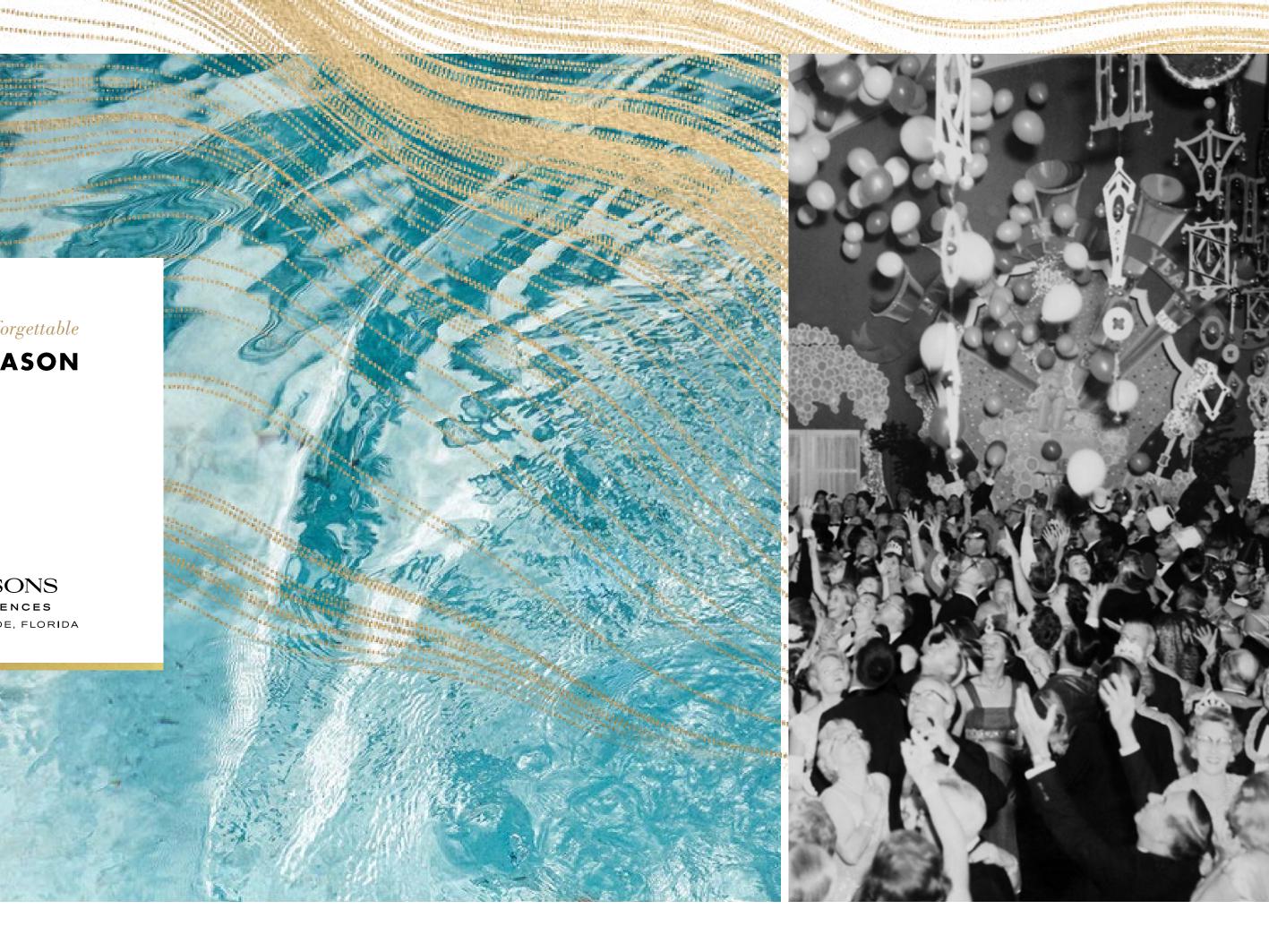
BEST OF THE SEASON

Holiday Planning Guide 2017

Plan your celebrations >



FOUR SEASONS HOTEL AND RESIDENCES THE SURF CLUB, SURFSIDE, FLORIDA



HOLIDAY DINING

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PLANNING TIPS

We created this special planning guide to make sure you have a memorable festive season here at Four Seasons Hotel and Residences at The Surf Club. Simply look through these pages and make note of your preferences for dining, spa treatments and kids' activities. Then *contact us* for reservations. We'll create your own personalized itinerary.

Holiday Greetings from our General Manager >





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HAPPY HOLIDAYS!

Congratulations on joining us for our first-ever festive season here at Four Seasons Hotel and Residences at The Surf Club. We are planning some extraordinary celebrations this Holiday Season.

The Surf Club originally opened on New Year's Eve in 1930 and we hope you'll be joining us for a special tribute to that night – exactly 87 years later!

Explore these pages and you'll discover holiday dining at Le Sirenuse Miami, new spa treatments, personal training sessions, beach pool and fitness offerings, along with ideas for local adventures to kick-start your New Year's resolutions. We are also planning some fun nights exclusively for children through our Kids For All Seasons program.

To avoid any disappointment, we strongly recommend that you book all these activities in advance. Feel free to contact our Four Seasons concierge team by phone at +1 (305) 381-3333 or by email at <u>concierge.mfl@fourseasons.com</u>

We look forward to creating new traditions together.

With warmest regards,

Reed Kandalaft General Manager



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A History of Celebration

A HISTORY OF CELEBRATION

From the moment it first opened its doors on New Year's Eve 1930, The Surf Club has been a place to share celebrations with family and friends, framed by an elegant backdrop of the beach and sea.

When tire tycoon Harvey Firestone first had the idea of a new type of social club, on board his yacht the Marybelle, he could never have imagined how enduring the appeal would be of what he would soon create.

Commanding a 9-acre stretch of oceanfront, the Mediterranean Revival building and beachside cabanas that made up The Surf Club were designed by Russell T. Pancoast. They formed elegant backdrops that would frame the beach and sea, and in the midst of Prohibition, screen the crowd from the outside world at the same time. It was a home away from home.

Archive photos show poolside fashion shows directed by Elizabeth Arden and Winston Churchill painting in his cabana. There were kayaks in the swimming pool, black tie boxing dinners and lavish themed galas, one time with elephants, another with 300 tables made of ice. It was a place of myth, legend and endless laughter. The names that rolled up were pioneers of the good life: Noel Coward, Douglas Fairbanks Jr. and Elizabeth Taylor, the Duke and Duchess of Windsor, Frank Sinatra, Tennessee Williams, Joan Crawford, Liberace.

The Surf Club today might have a storied past, a glittering list of names attached to it and a bigger scale and scope than before, but the powerful sense of possibility and timeless values for which it has always been cherished remain as strong as ever in its heart.



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APPETIZER

NYE Party

Tartare di manzo con erbe aromatiche, tartufo di stagione e uovo confit

Beef tartare with aromatic herbs, truffle and egg yolk confit

or

Battuto di scampo con limone confit ed insalata riccia

Langoustine tartare with lemon confit and frisée salad

or

Vellutata di lenticchie di Castelluccio con mozzarella di bufala e caviale

Velouté of Castelluccio lentils with buffalo mozzarella and caviar

PASTA

Linguine ai frutti di mare

Linguine from Gragnano with seafood *or*

Cannellini ripieni di ragù napoletano con pomodoro e mozzarella di bufala

Cannellini filled with Neapolitan beef ragù, tomato and buffalo mozzarella

or

Risotto ai funghi con tartufo di stagione Risotto of Carnaroli rice with seasonal mushroom and truffle

CHRISTMAS EVE DINNER AT LE SIRENUSE

Celebrate with family and friends and share an elegant Christmas Eve together in what once was The Surf Club's legendary ballroom. The Southern-Italian-influenced menu makes a virtue of simplicity and reflects the holiday traditions of Le Sirenuse – first opened in 1951, when the Sersale family decided to turn their Amalfi Coast summer house into a small, stylish hotel. Their legacy extends across the Atlantic to Four Seasons Hotel and Residences at The Surf Club.

Advance reservations are required

Sunday, December 24 6:30 – 11:00 p.m. \$165 per adult + tax + 20% gratuity; \$30 for special children's dish (not full menu) + tax + 20% gratuity (beverages excluded)





MAIN

Cernia alla ghiotta con pomodorini e patate novelle

Grouper "alla ghiotta" with plum tomatoes and new potatoes

or

Filetto di manzo con funghi di stagione e vino Aglianico

Filet mignon with seasonal mushroom and Aglianico wine

or

Mosaico di ortaggi di stagione grigliate

Grilled seasonal vegetables

DESSERT

Panettone della casa con gelato all'arancia candita

Homemade traditional panettone with orange confit ice cream

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CHRISTMAS DAY BRUNCH AT LE SIRENUSE

Gather on Christmas Day for a brunch that evokes the leisured *sprezzatura* of an Amalfi Coast resort. Delight in traditional holiday dishes from Southern Italy, along with stations of mozzarella, prosciutto sliced to order, housemade breads and pastries, salads, and a separate room filled with Italian sweets. You may also order your choice of a signature dish from the menu.

Advance reservations are required

Monday, December 25 12:00 noon – 4:00 p.m. \$120 per adult + tax + 20% gratuity (including one glass of Dom Pérignon upon arrival); \$60 per child + tax + 20% gratuity <

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HOLIDAY DINING

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Christmas Day Dinner

APPETIZER

NYE Party

Vellutata di funghi di stagione e tartufo Velouté of seasonal mushrooms and truffle or

Scampi del Mediterraneo con erbe aromatiche, limone e carote

Mediterranean prawns with aromatic herbs, lemon and carrots

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Tartare di vitello con mozzarella di bufala e pomodorini

Veal tartare with buffalo mozzarella and plum tomatoes

PASTA

Fagottello Genovese

Fagottello with Neapolitan beef ragù, mozzarella reduction and truffle

or

Risotto ai frutti di mare del Mediterraneo Mediterranean seafood risotto

or

Raviolo ripieno con ricotta e spinaci

Raviolo stuffed with ricotta cheese and spinach in a light tomato sauce

CHRISTMAS DAY DINNER AT LE SIRENUSE

On Christmas evening, enjoy the Mediterranean warmth and elegant ambience of Le Sirenuse Miami, sharing a traditional Southern Italian dinner menu. Dine inside the gloriously restored, palm-fringed restaurant, or outside on the terrace, steps from the ocean – the same view once enjoyed by Frank Sinatra and Winston Churchill, now the backdrop for an unforgettable Christmas dinner. <u>Advance reservations are required</u>

Monday, December 25 6:30 – 11:00 p.m. \$165 per adult + tax + 20% gratuity; \$30 per child + tax + 20% gratuity (ages 5 to 12)(beverages excluded)

MAIN

Vitello con funghi selvatici

Veal tenderloin with wild mushrooms

or

Ippoglosso con cavoletti e tartufo

Halibut with small cauliflower and truffle

or

Zucchina stile tataki con erbe aromatiche

Zucchini tataki-style with aromatic herbs

DESSERT

Panettone della casa con zabaione caldo

Homemade traditional panettone with hot eggnog

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APPETIZER

NYE Party

Carpaccio di astice blu Blue lobster carpaccio or Scampi e gamberi arrosto Roasted prawns and shrimp or Tartare di manzo con funghi e tartufo Beef tartare with mushrooms and truffle

PASTA

Cannellini ripieni di ragù Napoletano, con pomodoro e mozzarella di bufala

Cannellini filled with Neapolitan beef ragù, tomato and buffalo mozzarella

or

Risotto Black and White

Black and white truffle risotto

or

Linguine all'astice blu e peperone affumicato Blue lobster linguine with smoked peppers

NEW YEAR'S EVE DINNER AT LE SIRENUSE

For one of the most special nights of the year, anticipate a lavish, extravagant menu at Le Sirenuse Miami. It's a feast of fresh seafood and Italian specialties, conceived by our talented chef, Antonio Mermolia. Advance reservations are required

Sunday, December 31 6:30 – 9:00 p.m. \$300 per person + tax + 20% gratuity (including one glass of Dom Pérignon upon arrival)

9:30 – 12:00 midnight \$550 per person + tax + 20% gratuity (including one glass of Dom Pérignon upon arrival)



MAIN

Tagliata di carne frollata 25 giorni con funghi di stagione e vellutata di topinambur alla liquirizia

Slices of 25-day, dry-aged flank steak with seasonal mushrooms and velouté of Jerusalem artichoke and licorice

or

Spigola al vapore su vellutata di carciofi

Wild striped bass with velouté of artichoke and radish

or

Mosaico di verdure

Seasonal grilled vegetables

TRADITIONAL DESSERT

Panettone della casa con cioccolato bianco e tartufo

Homemade traditional panettone with white chocolate and truffle

MIDNIGHT

Cotechino con lenticchie

Traditional Italian New Year's dish, served at midnight, to bring abundance and good fortune

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NYE Brunch

NEW YEAR'S EVE 1930 A NIGHT TO REMEMBER PARTY AT THE CHAMPAGNE BAR

Revel in a landmark occasion. The Surf Club first opened on New Year's Eve 1930, and for our first celebration as Four Seasons Hotel at The Surf Club, we are paying tribute to the legendary fête in grand style. The location is Le Sirenuse Champagne Bar, originally the club's ballroom and the setting for some of the 20th century's most talked-about parties. Towering seafood and antipasto platters will be available, as well as handcrafted cocktails and Miami's largest selection of fine Champagnes. Start the evening with a Churchill-style toast or count down to midnight with live entertainment and dancing in a place of myth, legend and endless laughter. *Advance reservations are required*

Sunday, December 31 6:30 – 9:00 p.m.

Start your celebration with a menu of special Southern Italian dinner plates, exclusive to this one evening, served à la carte alongside handcrafted cocktails. Reservations not required.

9:00 p.m. – 3:00 a.m. \$180 per person + tax + 20% gratuity

The grand celebration begins. Enjoy a seafood and antipasto tower served with a glass of Ruinart Blanc de Blancs. Also available will be a menu of specialty Champagne bottles to toast to "la dolce vita" and the New Year. A late-night menu will be available from 1:00 to 3:00 a.m. Advance reservations are essential





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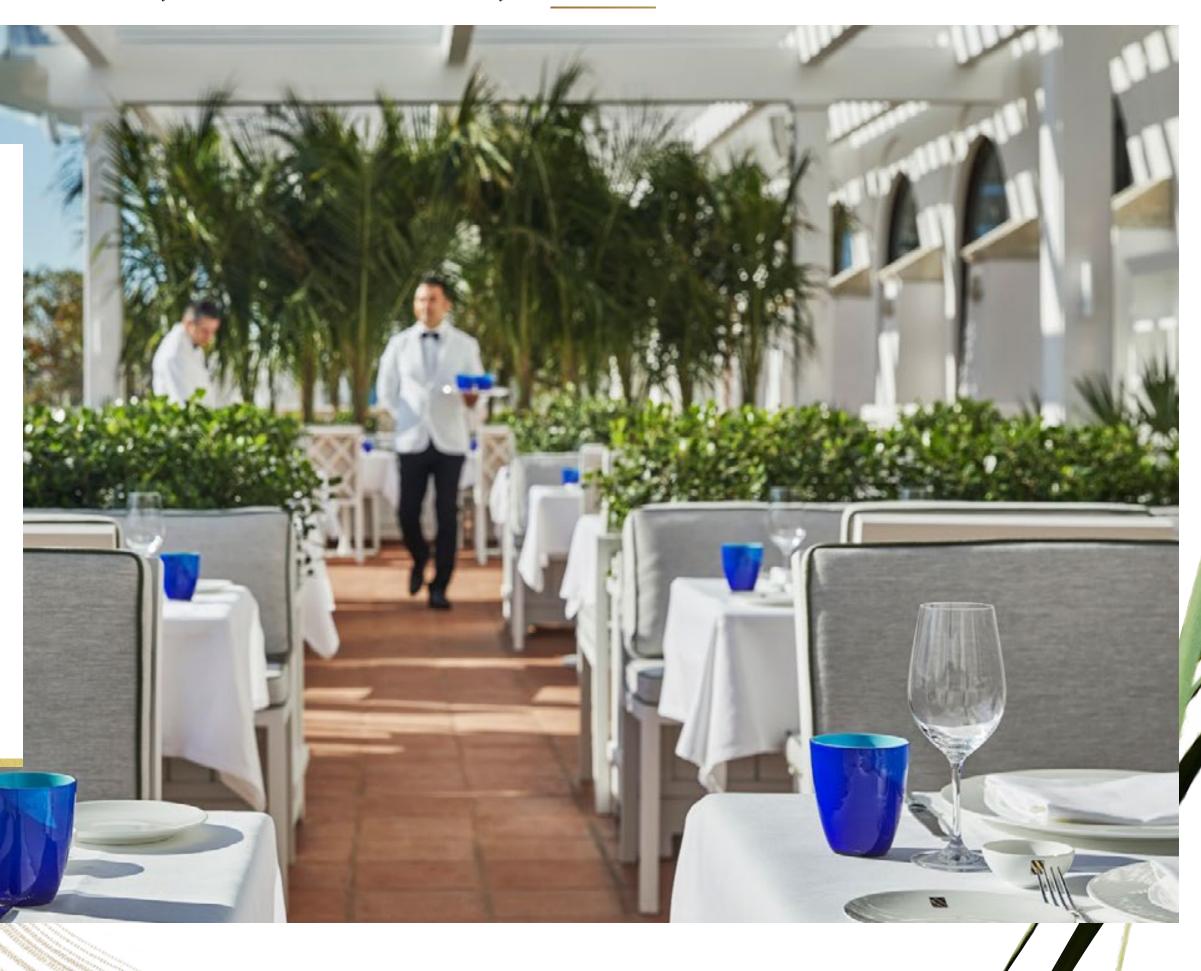
Party NYE Brunch

NEW YEAR'S DAY BRUNCH

Mark the New Year with a spectacular Italian-inspired brunch overlooking the Atlantic, served in The Surf Club's gloriously restored Jazz-Age pavilion and from within its iconic ballroom. Various food stations will feature mozzarella, prosciutto sliced to order, housemade breads and pastries, salads, and a separate room filled with Italian sweets. Complete your experience with the choice of a signature dish from the menu.

Advance reservations are required

Monday, January 1 12:00 noon – 4:00 p.m. \$120 per adult + tax + 20% gratuity (including one glass of Dom Pérignon upon arrival) \$60 per child + tax + 20% gratuity



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THE SPA

Discover an oceanfront spa unlike any other. The Spa at Four Seasons Hotel at The Surf Club is a light-dappled sanctuary offering views of sand and sea. Our six treatment rooms are bright and airy, offering pristine views that once captivated The Surf Club's founders.

All guests are welcome to enjoy our spa amenities. Facilities include our co-ed hammam, as well as separate-gender changing rooms, each featuring a steam room, sauna and experience showers.

Daily | 9:00 a.m. – 9:00 p.m.

GLOBALLY INSPIRED TREATMENTS

The members of the original Surf Club were connoisseurs of the good life, who sampled spa experiences around the world. Now, The Spa at Four Seasons has curated a menu of Globally Inspired Treatments for the international travelers of today.

In the hands of The Spa's internationally trained therapists, you may be transported to the healing sanctuaries of India through Ayurvedic practices, to the Middle East within our private hammam, and to Europe with our state-of-the-art technology and exclusive skincare lines. Our facials, massages and body treatments utilize products by Biologique Recherche of France, Susanne Kaufmann from the Austrian Alps, and Elemental Herbology from England.

View our <u>complete online menu of spa treatments</u> and contact us to make <u>advance bookings</u>

SPA RESERVATIONS

We recommend making advance reservations for all spa services. Spa services for young people aged 12 to 18 require a signed consent form from a parent or guardian. Spa facilities are for those 16 and over.

Should you need to cancel or reschedule, 4-hour notice is required before the scheduled treatment. A 100% cancellation fee will apply for appointments canceled within 4 hours or for no-shows. For group bookings of more than four people, 72-hour notice is required for cancelations or changes.

GIFT SHOPPING

The Spa Boutique is a jewel box of our most-loved products from around the world. All the items have been thoughtfully hand-selected for their ability to complement each other and achieve the overall goal of holistic wellness. Pick up a beautifully wrapped gift – perfect for last-minute holiday shopping!

SALON SERVICES

On-call beauty specialists are available to come to your Four Seasons guest room, suite or residence to help you prepare for any special event during the holiday season. <u>Advanced reservations are required</u> for nail, hair and makeup services.

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OUR GIFT TO YOU

Sparkle with holiday memories made at The Spa. For each seasonal spa treatment, you will receive your choice of a handcrafted crystal bracelet as our gift to you.

SEASONAL TREATMENTS

Celebrate the spirit of the season with one of our holiday-inspired body treatments:

Winter Zest Massage

Warm up your body this winter with a zesty blend of sweet orange, rosemary and basil to energize and encourage a feeling of euphoria. Nourish the skin with fire oil to help you feel alert and active. At the same time, target tired and aching muscles with the warming Muscle Melt Balm.

Cranberry Pomegranate Body Scrub

Exfoliate and buff skin with a vitamin-rich, raw sugar scrub. Finish with an application of hydrating naseberry and apricot body moisturizer that leaves the skin feeling irresistibly soft and supple.

60 minutes | \$180

Cranberry Pomegranate Body Hydrator

This nutrient-packed treatment starts with a raw sugar scrub, followed by a cranberry pomegranate body mask. An acupressure face and scalp massage is performed during the wrap process. The treatment is completed with an application of hydrating naseberry and apricot body moisturizer to leave the skin soft and supple.

90 minutes | \$200

WELLNESS ACTIVITIES

Massage Lesson – Serenity Lawn

Help your loved ones relax and unwind this holiday season. Bring a partner to learn techniques that relieve tension in the hands, feet, neck and shoulders. Take turns to experience the gift that gives. Complimentary. Space is limited. <u>Advance reservations are required</u>

Thursday, December 21 | 2:00 – 3:00 p.m. Thursday, December 28 | 2:00 – 3:00 p.m.

90 minutes | \$270

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Meditation Happy Hour – Serenity Lawn

Join a guided meditation session aimed at helping you readily access profound states of inner peace and joy. Take sips of a delicious cocktail, while relaxing on the Serenity Lawn. Complimentary. Space is limited.

Advance reservations are required

 Friday, December 15
 5:00 – 5:45 p.m.

 Friday, December 22
 5:00 – 5:45 p.m.

 Friday, December 29
 5:00 – 5:45 p.m.

 Friday, January 5
 5:00 – 5:45 p.m.

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FITNESS CENTER

The holidays are a great time to start New Year's resolutions and develop a new workout program to take home with you. With top personal trainers and a range of classes, our state-of-the-art Fitness Center is a great place to begin – with extra inspiration from floor-to-ceiling ocean views.

Indoors, we offer innovative cardio- and strength-training equipment. Outside, our swimming pools are great for aquatic exercise, while our perfectly landscaped serenity lawns set the scene for al fresco meditation and yoga. Each day presents a new opportunity to work toward your personal goals.

Daily | 24 hours, with a guest key card

WELLNESS CLASSES Sunrise Yoga – Serenity Lawn

Welcome the new day and greet the sun, while awakening the body's innate intelligence and promoting healthy energy flow to balance your body. Suitable for everyone from healthy beginners to advanced practitioners.

Daily | 8:00 – 9:00 a.m.

Beach Boot Camp – North End of Beach

Increase your muscle reaction and core stability – while the soft beach sand removes any concern of hardsurface impact to your knees. The heat from the sand also relaxes the muscles for greater range of motion.

Mondays, Wednesdays and Saturdays | 10:00 – 11:00 a.m. Fridays and Sundays | 3:00 – 4:00 p.m.

Mix It Up – Serenity Lawn

This class fuses elements of Pilates, dance, yoga and functional training, with moves choreographed to motivating music. Each energizing and targeted workout uses mini-balls and small hand weights to sculpt, slim and stretch your entire body.

Tuesdays and Thursdays | 10:00 – 11:00 a.m.

Mat Pilates – Fitness Center

The most effective way to stretch and strengthen your body. Focus on your core, hips and shoulders with a mix of dance, yoga and classic calisthenics.

Tuesdays and Thursdays | 3:00 – 4:00 p.m. Fridays and Sundays | 10:00 – 11:00 a.m.

Underwater Core – Family Pool

s 5. We take this workout under water (waist deep) to increase blood flow, build lung power and challenge your endurance. This approach decreases soreness while doubling results, because water is 800 times as dense as air – creating a natural resistance for increased tone and strength.

Mondays, Wednesdays and Saturdays | 3:00 – 4:00 p.m.

Sunset Meditation – Serenity Lawn

End a day of Surf Club relaxation with this guided meditation, aimed at readily accessing profound states of inner peace and joy. (On Fridays, we offer our Meditation Happy Hour. See Wellness Activities for details.)

Daily | 5:00 – 5:45 p.m.

Wellness Offerings Continued >

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COMPLIMENTARY PERSONAL FITNESS ASSESSMENT

Plan a 15-minute session in the Fitness Center. <u>Contact The Spa for reservations</u>

PRIVATE SESSIONS

Single Session: \$150 per hour Couple's Session: \$220 per hour 12-Session Package: \$1,275 6-Session Package: \$675 3-Session Package: \$430

Personal Training

Join one of our Four Seasons experts for tailor-made fitness sessions that work the body to achieve lean muscle mass, as well as improved flexibility and posture for guests of any fitness background. <u>Contact The Spa for reservations</u>

Hatha Yoga

This celebrated yoga system dynamically utilizes postures and breath to bring greater ease to the body and joy to the mind. <u>Contact The Spa for reservations</u>

Melt Method

Eliminate chronic pain and erase the effects of aging by "melting" stress in the body's connective tissue system. <u>Contact The Spa for reservations</u>

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Beach

Stroll through lush Four Seasons gardens to the ribbon of white sand that inspired The Surf Club name in 1930. Our 1,000-foot (300-meter) stretch of Atlantic beachfront offers plenty of plush teak lounge chairs for relaxing.

Swimming Pools

Open from sunrise to sunset, our swimming pools are immersed in the dreamy landscape of the Atlantic beachfront. Our Family Pool and Quiet Pool (for adults only) both offer abundant lounge chairs – and our Four Seasons pool attendants seem to know exactly when you need you a fresh drink!

Pool Restaurant & Bar

Framed by towering palm trees and two glistening pools, the Pool Restaurant and Bar features a menu inspired by the culture of South Florida. It's a relaxed spot for a light lunch, snacks or cocktails during a day spent at the pool and beach. This is South Florida as it was meant to be lived.

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Kids For All Seasons is a wonderland of fun for ages 5 to 16. (Children under 5 must be accompanied by an adult.) In this complimentary program, young scientists can learn about our local ecosystem by identifying seashell treasures and maybe even finding a few shark teeth. Growing artists can create their own masterpieces using a variety of vibrant, fun materials. Young performers can take the stage for a fun dance session, while game lovers can choose from a variety of video games, board games, card games and more.

Daily | 9:00 a.m. – 5:00 p.m. (later for days with evening activities)

KIDS' PARTY NIGHTS

To make the festive season even more fun, Kids For All Seasons presents creative evening parties for ages 5 to 12 – giving adults the opportunity to enjoy a quiet dinner on their own. Featuring a variety of different themes, each party includes dinner, a gift and supervision. Reservations required

Family Bingo – Family Pool

Join the excitement of this classic game and enjoy complimentary snacks and refreshments. Wednesdays | 3:00 – 4:00 p.m.

Purple People Painter – Family Pool

Become your favorite superhero, a cute animal or Peel Circus – KFAS an elf! Bring your kids to the pool for face painting Slip away, join the circus and learn to juggle. and body art, featuring airbrush and glitter tattoos. The evening includes a fun dinner just for kids. Thursdays | 3:00 – 4:00 p.m. Saturday, December 16 | 6:00 – 9:00 p.m.

Outdoor Cinema Night – Family Lawn

Join us for a classic family movie, screened outdoors on the Family Lawn. We supply the complimentary popcorn and glitter tattoos. Plan to enjoy a family dinner at the adjoining Pool Restaurant and Bar.

Friday, December 15 | 6:00 – 9:00 p.m: "Moana" Friday, December 22 | 6:00 – 9:00 p.m: "Elf" Friday, January 5 | 6:00 – 9:00 p.m: "Home Alone"

ACTIVITY RESERVATIONS

Juggling Show with Banana

Balloon-O-Rama – KFAS

Pop in for balloon games and prizes! Everyone gathers for a family-style dinner. Saturday, December 23 | 6:00 – 9:00 p.m.

Kids For All Seasons Continued >

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Get Ready for Santa! – KFAS

Santa is on his way tonight, so it's time to decorate cookies, stuff holiday stockings, and go on a candy cane hunt. Sunday, December 24 | 6:00 – 9:00 p.m.

Morning with Santa – North Lobby

It's a fun opportunity to meet Santa for festive selfies!

Monday, December 25 | 9:00 – 11:00 a.m.

Glow Party – KFAS

Light up the night with fun glowing activities and décor, featuring black light cannons and columns. We serve a casual kid-sized dinner.

Friday, December 29 | 6:00 – 9:00 p.m.

Magic Show – KFAS

Watch a professional magician put on a show – and maybe you'll learn a few tricks of your own! Enjoy popcorn and snacks.

Saturday, December 30 | 7:00 – 8:00 p.m.

FURever Friends Party – KFAS

Make a FURever friend of a stuffed animal. Monday, January 1 | 3:00 p.m – 4:00 p.m.

Master Pizza Night – KFAS

Come to our ultra-creative painting and pizza party for a masterpiece of fun. Saturday, January 6 | 6:00 – 9:00 p.m.

BABYSITTING SERVICES

With 24 hours' notice, our Four Seasons team can arrange reliable babysitting services for your little ones. Due to the high number of requests during the festive season, we will also do our best to accommodate requests with shorter notice. Please note that there is an hourly fee for this service. *Please make advance reservations*

CHILDREN'S MENUS

Children's menu always available – ideal for children from 5 to 12 years.

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Shopping

A few blocks north of Four Seasons, the famed Bal Harbour Shops offer fine shopping choices, dining and special events.

iPic Theatre

Cozy up to a great movie at the nearby iPic Theater, offering comfortable recliners and dining options delivered directly to your chair.

Museums

Escape to Miami's Museum Park to enjoy family-themed cultural activities, ranging from art-making at Perez Art Museum Miami to planetarium shows and a three-level aquarium at Frost Museum of Science. For a history lesson, visit History Miami in the Downtown area.

Art Exhibitions

Explore the latest art shows at Miami Beach museums, including the Wolfsonian-FIU or The Bass.

Performances

Enjoy the "New World Symphony" at the Frank Gehrydesigned New World Center in South Beach. Or take in a show ranging from ballet to flamenco at Miami's Adrienne Arsht Center for the Performing Arts. Ask the Concierge for details on upcoming performances.

Sports

Catch an exciting sports game and cheer on Miami's major league teams, including Miami Dolphins football at Hard Rock Stadium and Miami Heat basketball at American Airlines Arena.

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31	1	2	3	4	5	6	

FRIDAY, DECEMBER 15

SATURDAY, DECEMBER 16

8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
10:00 – 11:00 A.M.	Mat Pilates	Fitness Center	10:00 – 11:00 A.M.	Beach Boot Camp	North End of Beach
3:00 – 4:00 P.M.	Beach Boot Camp	North End of Beach	3:00 – 4:00 P.M.	Underwater Core	Family Pool
5:00 – 5:45 P.M.	Meditation Happy Hour	Serenity Lawn	5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn
6:00 – 9:00 P.M.	Outdoor Cinema Night ("Moana")	Family Lawn	6:00 – 9:00 P.M.	Juggling Show	KFAS



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SUNDAY, DECEMBER 17 MONDAY, DECEMBER 18

8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
10:00 – 11:00 A.M.	Mat Pilates	Fitness Center	10:00 – 11:00 A.M.	Beach Boot Camp	North End of Beach
3:00 – 4:00 P.M.	Beach Boot Camp	North End of Beach	3:00 – 4:00 P.M.	Underwater Core	Family Pool
5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn	5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn



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TUESDAY, DECEMBER 19

WEDNESDAY, DECEMBER 20

8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
10:00 – 11:00 A.M.	Mix It Up	Serenity Lawn	10:00 – 11:00 A.M.	Beach Boot Camp	North End of Beach
3:00 – 4:00 P.M.	Mat Pilates	Fitness Center	3:00 – 4:00 P.M.	Family Bingo	Family Pool
5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn	3:00 – 4:00 P.M.	Underwater Core	Family Pool
			5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn
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THURSDAY, DECEMBER 21

FRIDAY, DECEMBER 22

8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
10:00 – 11:00 A.M.	Mix It Up	Serenity Lawn	10:00 – 11:00 A.M.	Mat Pilates	Fitness Center
2:00 – 3:00 P.M.	Massage Lesson	Serenity Lawn	3:00 – 4:00 P.M.	Beach Boot Camp	North End of Beach
3:00 – 4:00 P.M.	Purple People Painter	Family Pool	5:00 – 5:45 P.M.	Meditation Happy Hour	Serenity Lawn
3:00 – 4:00 P.M.	Mat Pilates	Fitness Center	5:00 – 5:45 P.M.	Outdoor Cinema Night ("Elf")	Family Lawn
5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn			

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SATURDAY, DECEMBER 23

8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
10:00 – 11:00 A.M.	Beach Boot Camp	North End of Beach	10:00 – 11:00 A.M.	Mat Pilates	Fitness Center
3:00 – 4:00 P.M.	Underwater Core	Family Pool	3:00 - 4:00 P.M.	Beach Boot Camp	North End of Beach
5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn	5:00 - 5:45 P.M.	Sunset Meditation	Serenity Lawn
6:00 – 9:00 P.M.	Balloon-O-Rama & Family Meal Dinner	KFAS	6:00 – 9:00 P.M.	Get Ready for Santa!	KFAS
			6:00 –11:00 P.M.	Christmas Eve Dinner	Le Sirenuse
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SUNDAY, DECEMBER 24

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Monday, december 25 tuesday, december 26

Sunrise Yoga	Serenity Lawn	8:00	0 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
Morning with Santa	North Lobby	10:0	00 – 11:00 A.M.	Mix It Up	Serenity Lawn
Christmas Day Brunch	Le Sirenuse	3:00	0 – 4:00 P.M.	Mat Pilates	Fitness Center
Underwater Core	Family Pool	5:00) – 5:45 P.M.	Sunset Meditation	Serenity Lawn
Sunset Meditation	Serenity Lawn				
Christmas Day Dinner	Le Sirenuse				
	Morning with Santa Christmas Day Brunch Underwater Core Sunset Meditation	Morning with SantaNorth LobbyChristmas Day BrunchLe SirenuseUnderwater CoreFamily PoolSunset MeditationSerenity Lawn	Morning with Santa North Lobby 10:0 Christmas Day Brunch Le Sirenuse 3:00 Underwater Core Family Pool 5:00 Sunset Meditation Serenity Lawn	Morning with SantaNorth Lobby10:00 – 11:00 A.M.Christmas Day BrunchLe Sirenuse $3:00 - 4:00$ P.M.Underwater CoreFamily Pool $5:00 - 5:45$ P.M.Sunset MeditationSerenity Lawn	Morning with SantaNorth Lobby10:00 – 11:00 A.M.Mix It UpChristmas Day BrunchLe Sirenuse3:00 – 4:00 P.M.Mat PilatesUnderwater CoreFamily Pool5:00 – 5:45 P.M.Sunset MeditationSunset MeditationSerenity LawnSerenity Lawn

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WEDNESDAY, DECEMBER 27 THURSDAY, DECEMBER 28

8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
10:00 – 11:00 A.M.	Beach Boot Camp	North End of Beach	10:00 – 11:00 A.M.	Mix It Up	Serenity Lawn
3:00 – 4:00 P.M.	Family Bingo	Family Pool	2:00 – 3:00 P.M.	Massage Lesson	Serenity Lawn
3:00 – 4:00 P.M.	Underwater Core	Family Pool	3:00 - 4:00 P.M.	Purple People Painter	Family Pool
5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn	3:00 – 4:00 P.M.	Mat Pilates	Fitness Center
			5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn



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FRIDAY, DECEMBER 29

SATURDAY, DECEMBER 30

8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
10:00 – 11:00 A.M.	Mat Pilates	Fitness Center	10:00 – 11:00 A.M.	Beach Boot Camp	North End of Beach
:00 – 4:00 P.M.	Beach Boot Camp	North End of Beach	3:00 – 4:00 P.M.	Underwater Core	Family Pool
:00 – 5:45 P.M.	Meditation Happy Hour	Serenity Lawn	5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn
6:00 – 9:00 P.M.	Glow Party	KFAS	7:00 – 8:00 P.M.	Magic Show	KFAS



HOLIDAY DINING

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SUNDAY, DECEMBER 31

Monday, January 1

8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn		8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
10:00 – 11:00 A.M.	Mat Pilates	Fitness Center		10:00 – 11:00 A.M.	Beach Boot Camp	North End of Beach
3:00 – 4:00 P.M.	Beach Boot Camp	North End of Beach		12:00 NOON – 4:00 P.M.	New Year's Day Brunch	Le Sirenuse
5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn		3:00 – 4:00 P.M.	Underwater Core	Family Pool
6:30 – 9:00 P.M.	New Year's Eve Dinner – Early Seating	Le Sirenuse		3:00 – 4:00 P.M.	Kid's FURever Friends Party	KFAS
9:00 – 3:00 A.M.	The Surf Club New Year's Eve Party	Champagne Bar		5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn
9:30 P.M. – 12:00 MIDNIGHT	New Year's Eve Dinner – Late Seating	Le Sirenuse	L			
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TUESDAY, JANUARY 2

00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
:00 – 11:00 A.M.	Mix It Up	Serenity Lawn	10:00 – 11:00 A.M.	Beach Boot Camp	North End of Beach
:00 – 4:00 P.M.	Mat Pilates	Fitness Center	3:00 – 4:00 P.M.	Family Bingo	Family Pool
5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn	3:00 – 4:00 P.M.	Underwater Core	Family Pool
			5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn



WEDNESDAY, JANUARY 3

HOLIDAY DINING

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THURSDAY, JANUARY 4

FRIDAY, JANUARY 5

8:00 - 9:00 A.M. Sunrise Yoga Serenity Lawn 8:00 - 9:00 A.M. Sunrise Yoga Serenity Lawn 10:00 - 11:00 A.M. Mix It Up Serenity Lawn 10:00 - 11:00 A.M. Mat Pilates Fitness Center 3:00 - 4:00 P.M. Purple People Pointer Family Pool 3:00 - 4:00 P.M. Beach Boot Camp North End of Beach 3:00 - 4:00 P.M. Mat Pilates Fitness Center 5:00 - 5:45 P.M. Meditation Happy Hour Serenity Lawn 5:00 - 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 - 9:00 P.M. Outdoor Cinema Night ("Home Alone") Family Lawn	10:00 – 11:00 A.M. Mix It Up Serenity Lawn 10:00 – 11:00 A.M. Mat Pilates Fitness Center 3:00 – 4:00 P.M. Purple People Painter Family Pool 3:00 – 4:00 P.M. Beach Boot Camp North End of Beach 3:00 – 4:00 P.M. Mat Pilates Fitness Center 5:00 – 5:45 P.M. Meditation Happy Hour Serenity Lawn 5:00 – 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 – 9:00 P.M. Outdoor Cinema Night Family Lawn						
3:00 - 4:00 P.M. Purple People Painter Family Pool 3:00 - 4:00 P.M. Beach Boot Camp North End of Beach 3:00 - 4:00 P.M. Mat Pilates Fitness Center 5:00 - 5:45 P.M. Meditation Happy Hour Serenity Lawn 5:00 - 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 - 9:00 P.M. Outdoor Cinema Night	3:00 – 4:00 P.M. Purple People Painter Family Pool 3:00 – 4:00 P.M. Beach Boot Camp North End of Beach 3:00 – 4:00 P.M. Mat Pilates Fitness Center 5:00 – 5:45 P.M. Meditation Happy Hour Serenity Lawn 5:00 – 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 – 9:00 P.M. Outdoor Cinema Night Family Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn	8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
3:00 - 4:00 P.M. Mat Pilates Fitness Center 5:00 - 5:45 P.M. Meditation Happy Hour Serenity Lawn 5:00 - 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 - 9:00 P.M. Outdoor Cinema Night	3:00 - 4:00 P.M. Mat Pilates Fitness Center 5:00 - 5:45 P.M. Meditation Happy Hour Serenity Lawn 5:00 - 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 - 9:00 P.M. Outdoor Cinema Night	10:00 – 11:00 A.M.	Mix It Up	Serenity Lawn	10:00 – 11:00 A.M.	Mat Pilates	Fitness Center
5:00 – 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 – 9:00 P.M. Outdoor Cinema Night	5:00 – 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 – 9:00 P.M. Outdoor Cinema Night Family Lawn	3:00 – 4:00 P.M.	Purple People Painter	Family Pool	3:00 – 4:00 P.M.	Beach Boot Camp	North End of Beach
5:00 – 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 – 9:00 P.M. Family Lawn	5:00 – 5:45 P.M. Sunset Meditation Serenity Lawn 6:00 – 9:00 P.M. Family Lawn	3:00 – 4:00 P.M.	Mat Pilates	Fitness Center	5:00 – 5:45 P.M.	Meditation Happy Hour	Serenity Lawn
		5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn	6:00 – 9:00 P.M.		Family Lawn



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Saturday, January 6

8:00 – 9:00 A.M.	Sunrise Yoga	Serenity Lawn
10:00 – 11:00 A.M.	Beach Boot Camp	North End of Beach
3:00 – 4:00 P.M.	Underwater Core	Family Pool
5:00 – 5:45 P.M.	Sunset Meditation	Serenity Lawn
6:00 – 9:00 P.M.	Master Pizza Night	KFAS





We want to create your best festive season ever! To help us design your personalized Four Seasons itinerary, we strongly recommend that you make advance reservations for dining, spa and certain recreation activities, wherever indicated in this brochure.

Dining Notes

For dining reservation cancelations within 72 hours of any Christmas and New Year's events, there is a charge of the full price of the menu for the number of guests being canceled.

Connect with Us

BY PHONE: Please contact us to discuss your requests. A complete itinerary will be emailed to you shortly after the call. 1 (305) 381-3333

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BY EMAIL:

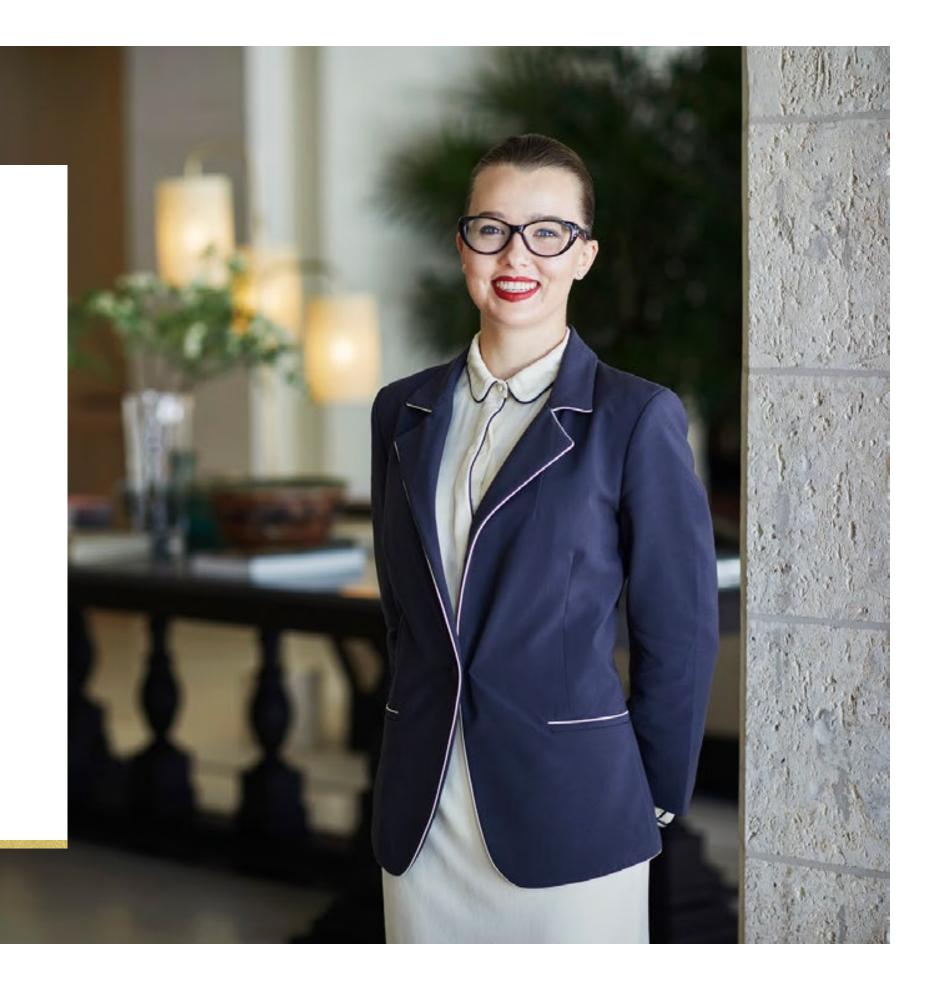
Please send us a list of your restaurant and activity requests. We will confirm with you by reply email. reservations.mfl@fourseasons.com

THE SPA: <u>spa.mfl@fourseasons.com</u> 1 (786) 482 -2362



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ACTIVITY RESERVATIONS

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