

SPA/WELLNESS

FOUR SEASONS RESORT MAUI

WELLNESS
OFFERINGS

MASSAGES

FACIALS

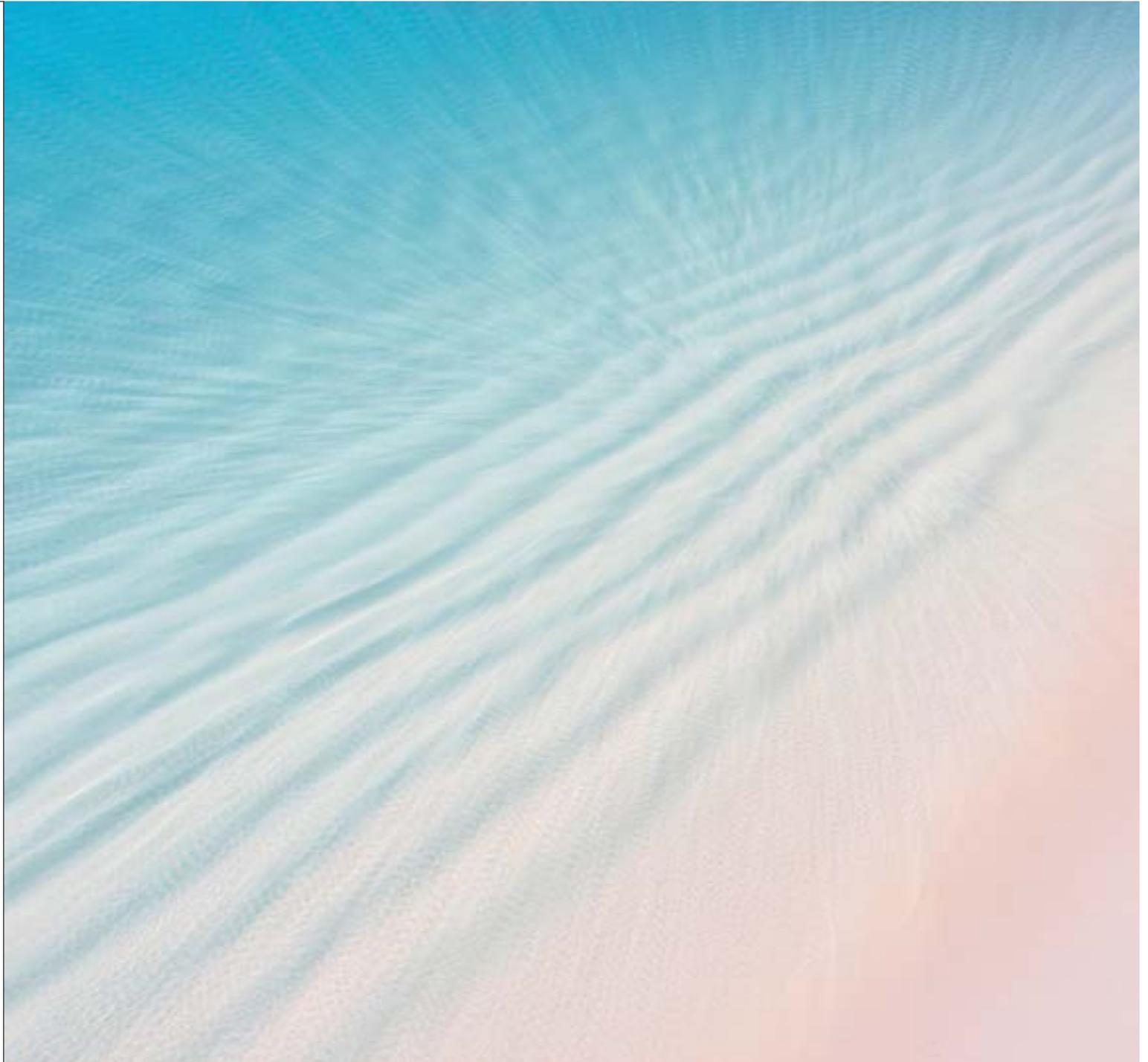
WELLNESS OFFERINGS

A La Carte Offerings

SPA AND WELLNESS

MASSAGES

FACIALS



WELLNESS OFFERINGS

A La Carte Offerings

SPA AND WELLNESS

MASSAGES

FACIALS

i-Lipo

i-Lipo offers a non-surgical alternative to liposuction, and is the first FDA-approved treatment clinically proven to reduce cellulite, tighten the skin and contour the body.

45 minutes - Initial \$450 | 30 minutes - Follow Up \$450

Series of 4 Sessions \$1620

Nutritional Healing*

Promote wellness through a personalized nutritional analysis aimed at achieving solutions for your unique health goals.

60 minutes \$385

Weight Loss Consultation*

Meet with our wellness expert to identify a personal roadmap for healthy and sustainable weight loss.

15 minutes Complimentary

Chiropractic

Let our Doctor of Chiropractic, Dr. Mark Emerson, help you find the perfect alignment for optimal health. **Treatment may include ultrasound therapy or cryotherapy.**

45 minutes - Initial \$165 | 30 minutes - Follow Up \$135

Astrological Reading*

Discover a deeper understanding of your personality, motivations and desires through an analysis of your unique birth chart.

90 minutes \$300

Clairvoyant Healing*

This session combines clairvoyant energy work, psycho-spiritual healing and Shanti Kai Vibrational Essence Therapies to scan and read your aura, identify and clear blockages, and deliver personalized healing frequencies.

60 minutes \$350

Inner Clarity*

An Inner Clarity session discovers and cleans out tangled thought-webs so you can enjoy peace of mind.

120 minutes \$315

The Tapping*

This interactive session focuses on meridian points to tap away stress.

60 minutes \$165

Guided Meditation*

Learn basic meditative principles, including breath work and body awareness, in this experiential consultation.

60 minutes \$135

Holistic Medium*

Find your path and live your best life with our safe, true, on-point and life-changing readings.

60 minutes \$225

*Virtual appointments are available.

MASSAGES

Deep Tissue

Swedish

Hawaiian

Specialty

SPA AND WELLNESS

WELLNESS OFFERINGS

FACIALS



MASSAGES

Deep Tissue

Swedish

SPA AND WELLNESS
WELLNESS OFFERINGS
FACIALS

You can enjoy your massage in the tranquility of our spa or in a traditional oceanside hale. Most massages are available as a couple's or individual's session. Extend the duration of your treatment in 30-minute increments.

50 minutes \$195 | 80 minutes \$270 | 110 minutes \$345 | Additional \$75 for 30-minute increments

Deep Tissue Massage

This therapeutic massage penetrates targeted muscles to loosen tight areas.

50 minutes

Infrared Therapy Deep Tissue Recovery Massage

This therapeutic massage incorporates the Rad Roller tool system for deep fascia release. The added benefit of infrared light therapy, deep tissue massage and essential oils decreases muscle and joint stiffness and increases athletic performance.

80 minutes

Swedish Massage

This classic massage promotes relaxation with gentle, rolling strokes. Choose from four different essential oil blends—each tailored to one of our four Wellness Your Way journeys (Inner Peace, Vitality, Detox, and Weight Loss)—to customize and enhance your massage.

50 minutes

MASSAGES

Hawaiian

50 minutes \$195 | 80 minutes \$270 | 110 minutes \$345 | Additional \$75 for 30-minute increments

Lomi Mohala Massage

Open your heart, mind, body and soul with this signature Hawaiian massage. An exclusive herbal oil blend melts away tension in this ancient technique, which utilizes Hawaiian ti leaves and rhythmic forearm strokes, allowing you to experience the expansive feeling of mohala (heart opening). This treatment concludes with a Hawaiian turmeric foot scrub.

50 minutes

Lomi Pohaku Massage

Indulge with continuous flowing strokes to relax the muscles and ease tension with the heating element of Hawaiian pohaku (stones), gathered right here on Maui and cleansed by the Pacific Ocean.

50 minutes

SPA AND WELLNESS

WELLNESS OFFERINGS

FACIALS

MASSAGES

Specialty

SPA AND WELLNESS

WELLNESS OFFERINGS

FACIALS

50 minutes \$195 | 80 minutes \$270 | 110 minutes \$345 | Additional \$75 for 30-minute increments

Kamalei ~ Prenatal Massage

Pure organic oils infused with red raspberry leaf, nettles and alfalfa nourish and support mother and baby in this deeply relaxing treatment. Please note that expectant mothers must be beyond their first trimester to partake.

50 minutes

Aroma Journey

The purest and highest-grade essential oils are applied onto the spine and specific energy zones to address stress, boost immunity, reduce inflammation and pain, and promote overall homeostasis. Therapeutic back and neck massage soothes tired muscles. Foot reflexology grounds and balances, and reiki energy work integrates the experience, promoting the deepest relaxation.

50 minutes

Lymph Drainage

Activate your lymphatic system, stimulating a natural detoxification process, with this light-touch treatment. Benefits include decreased inflammation, pain reduction, stress relief and alleviated muscle spasms.

50 minutes

FACIALS

Facial Treatments

HydraFacial

Full Body Skin Remodeling

Facial Enhancements

Add-On Treatments

SPA AND WELLNESS

WELLNESS OFFERINGS

MASSAGES



FACIALS

Facial Treatments

SPA AND WELLNESS

WELLNESS OFFERINGS

MASSAGES

To help you restore and maintain youthful-looking skin, our skin care experts prescribe a program customized to the duration of your stay, and your individual goals for face and body. We create and customize treatments that aid in longevity and repair daily damage.

Dramatic Healing Facial

This high-performance facial enhances the skin's ability to repair and re-strengthen itself using a clinically proven Dramatic Healing Serum, in combination with a deep-muscle facial massage.

50 minutes \$195*

Celestial Black Diamond Non-Surgical Lift Facial

This surgically inspired facial integrates professional strength Celestial Black Diamond products, HydraFacial, integrated LED Light therapy, Celestial Black Diamond Face Mask, and oxygen therapy to stimulate collagen production, dramatically improving volume and elasticity in the skin. The facial is completed with a therapeutic face, neck shoulder, arm and foot massage.

80 minutes \$495

Oxygen Meso Infusion Facial

Meso vitamin infusion with hyperbaric oxygen therapy to provide instant plumping that restores natural glow and luminosity. Excellent for frequent flyers and people with severely dehydrated skin.

50 minutes \$275*

*Add 30 minutes to treatment for an additional \$85

Clarity Anti-Blemish Facial

An effective acne treatment that combines Tartaric & Lactic Clinical Exfoliator with integrated LED therapy to eliminate bacteria and reduce inflammation, repairing skin imperfections.

50 minutes \$275*

Cryotherapy Energy Facial

Cryotherapy uses extremely low temperatures to increase oxygen flow in the skin, dramatically improving skin tone and elasticity.

50 minutes \$300*

Bliss Before Baby Facial

This luxurious pregnancy-friendly facial combines a deep cleanse, exfoliation and extractions with oxygen therapy and 24-karat gold face mask to calm irritated skin, infuse hydration and recharge tired skin. Includes massage of the face, neck, shoulders, hands and feet.

80 minutes \$375

FACIALS

HydraFacial

HydraFacial is a non-invasive, non-surgical skin resurfacing procedure that benefits all skin types and skin conditions. The treatment cleanses, exfoliates and removes impurities and dead skin cells while replenishing vital nutrients to mitigate environmental damage, reduce wrinkles and plump and firm skin for long-term benefits. HydraFacial is available as a mini facial and as an enhancement.

Express

HydraFacial's basic treatment includes cleansing, vortex extraction and infusion of hyaluronic acid, antioxidants and peptides.

25 minutes \$165

Full Body Skin Remodeling

Cryotherapy Energy Cellulite Treatment

This highly effective, targeted treatment for uneven skin tone and cellulite uses our state-of-the-art cryotherapy machine to target priority areas, assisting with boosting circulation, detoxifying the body and stimulating lymphatic drainage.

30 minutes \$165

SPA AND WELLNESS

WELLNESS OFFERINGS

MASSAGES

FACIALS

Facial Enhancements

SPA AND WELLNESS

WELLNESS OFFERINGS

MASSAGES

HYDRAFACIAL

A noninvasive skin resurfacing system that vortex extracts every pore while vortex infusing hyaluronic, antioxidants and peptides. Considered the next best thing to injectables and laser, this enhancement can be added to any facial following a consultation with an aesthetician.

\$80 - \$165

Y-LIFT NECK TREATMENT

This intensive specialized treatment for the neck and décolletage sculpts, firms and tones the skin, offering prevention and protection, and treating the visible signs of aging.

\$135

OXYGEN BLAST

This enhancement combines a hyperbaric oxygen blast with hyaluronic and multivitamins, making it an excellent choice for dehydrated, hypersensitive and sun-damaged skin.

\$55

DIAMOND AND 24 KARAT GOLD MASK

Choose from an eye, lip, face, neck or décolleté mask. This gemstone-infused collagen hydrogel mask, infused with hyaluronic acid and vitamins C and E, instantly reduce the appearance of fine lines and wrinkles.

Choose from an eye, lip, face, neck or décolleté mask \$45 - \$135

PROFESSIONAL PEEL

This treatment helps to dissolve dead skin cells, brighten your tone and minimize pore size.

\$45

DERMAFLASH

Sonic edge technology exfoliates to reveal instantly fresh, younger-looking skin.

\$55

CRYOTHERAPY SPOT TREATMENT

Targeted use of extremely low temperatures to dramatically improve skin tone and elasticity.

\$55

ADD-ON TREATMENTS (Additional 15 minutes)

FOOT TREATMENT

This treatment features a vigorous foot exfoliation using a coconut lemongrass scrub and a relaxing foot massage using cocoa body butter to soothe dry, rough feet.

\$55