FOUR SEASONS RESORT MAUI

WELLNESS OFFERINGS

Chiropractic

This technique allows your body to self-heal with each adjustment, building strategies you can use to transform your stress into energy.

25 minutes \$135 | 50 minutes \$205

i-Lipo

i-Lipo offers a non-surgical alternative to liposuction, and is the first FDA-approved treatment clinically proven to reduce cellulite, tighten the skin and contour the body.

> 45 minutes – Initial \$325 | 30 minutes – Follow Up \$299 Series of 4 Sessions \$999

Acupuncture

Acupuncture is both a thorough system and tool for the care of the body, mind and spirit.

50 minutes \$205 | 80 minutes - Includes Massage \$280

Astrological Reading*

Our in-house Astrologer describes herself as a Soul Whisper, taking her clients through an energetic process that relieves the causes of stress.

Evolutionary Astrology Natal & Transit Chart Reading

90 minutes \$250

UnWind the Soul Healing

90 minutes \$250

UnWind the Soul & Evolutionary Natal Chart Reading

150 minutes \$400

Clairvoyant Healing*

Combines aura reading and clearing, Clairvoyant Energy-work, with remote vibrational essence therapy, natural health consulting and psychospititual healing

60 minutes \$350

Halographic Memory Resolution

Developed by Brent Baum, HMR is a gentile yet highly effective client-centered, non-intrusive technique for resolving trauma stored in the body-mind

60 minutes \$350

Inner Clarity^{*}

An Inner Clarity session discovers and cleans out tangled thoughtwebs so you can enjoy peace of mind.

120 minutes \$315

The Tapping^{*}

This interactive session focuses on meridian points to tap away stress.

60 minutes \$165

Guided Meditation*

Learn basic meditative principles, including breath work and body awareness, in this experiential consultation.

60 minutes \$135

Holistic Medium^{*}

Find your path and live your best life with our safe, true, on-point and life-changing readings.

60 minutes \$225

*Virtual appointments are available for some of the offerings.

FOUR SEASONS RESORT MAUI

MASSAGES

You can enjoy your massage in the tranquility of our spa or in a traditional oceanside hale. Most massages are available as a couple's or individual's session. Extend the duration of your treatment in 30-minute increments.

50 minutes \$205 | 80 minutes \$280 | 110 minutes \$345 | Additional \$75 for 30-minute increments

Deep Tissue Massage

This therapeutic massage penetrates targeted muscles to loosen tight areas.

50 minutes

Infrared Therapy Deep Tissue Recovery Massage

This therapeutic massage incorporates the Rad Roller tool system for deep fascia release. The added benefit of infrared light therapy, deep tissue massage and essential oils decreases muscle and joint stiffness and increases athletic performance.

80 minutes

Swedish Massage

This classic massage promotes relaxation with gentle, rolling strokes. Choose from four different essential oil blends—each tailored to one of our four Wellness Your Way journeys (Inner Peace, Vitality, Detox, and Weight Loss)—to customize and enhance your massage.

50 minutes

Lomi Mohala Massage

Open your heart, mind, body and soul with this signature Hawaiian massage. An exclusive herbal oil blend melts away tension in this ancient technique, which utilizes Hawaiian ti leaves and rhythmic forearm strokes, allowing you to experience the expansive feeling of mohala (heart opening). This treatment concludes with a Hawaiian turmeric foot scrub.

50 minutes

Lomi Pohaku Massage

Indulge with continuous flowing strokes to relax the muscles and ease tension with the heating element of Hawaiian pohaku (stones), gathered right here on Maui and cleansed by the Pacific Ocean.

50 minutes

Kamalei ~ Prenatal Massage

Pure organic oils infused with red raspberry leaf, nettles and alfalfa nourish and support mother and baby in this deeply relaxing treatment. Please note that expectant mothers must be beyond their first trimester to partake.

50 minutes

Aroma Journey

The purest and highest-grade essential oils are applied onto the spine and specific energy zones to address stress, boost immunity, reduce inflammation and pain, and promote overall homeostasis. Therapeutic back and neck massage soothes tired muscles. Foot reflexology grounds and balances, and reiki energy work integrates the experience, promoting the deepest relaxation.

50 minutes

Lymph Drainage

Activate your lymphatic system, stimulating a natural detoxification process, with this light-touch treatment. Benefits include decreased inflammation, pain reduction, stress relief and alleviated muscle spasms.

50 minutes

FOUR SEASONS RESORT MAUI

FACIALS

To help you restore and maintain youthful-looking skin, our skin care experts prescribe a program customized to the duration of your stay, and your individual goals for face and body. We create and customize treatments that aid in longevity and repair daily damage.

Dramatic Healing Facial

This high-performance facial enhances the skin's ability to repair and re-strengthen itself using a clinically proven Dramatic Healing Serum, in combination with a deep-muscle facial massage.

50 minutes \$195*

Celestial Black Diamond Non-Surgical Lift Facial

This surgically inspired facial integrates professional strength Celestial Black Diamond products, HydraFacial, integrated LED Light therapy, Celestial Black Diamond Face Mask, and Ultrasound therapy to stimulate collagen production, dramatically improving volume and elasticity in the skin. The facial is completed with a therapeutic face, neck shoulder, arm and foot massage.

80 minutes \$495

Clarity Anti-Blemish Facial

An effective acne treatment that combines Tartaric & Lactic Clinical Exfoliator with integrated LED therapy to eliminate bacteria and reduce inflammation, repairing skin imperfections.

50 minutes \$275*

Cryotherapy Energy Facial

Cryotherapy uses extremely low temperatures to increase oxygen flow in the skin, dramatically improving skin tone and elasticity.

50 minutes \$300*

Bliss Before Baby Facial

This luxurious pregnancy-friendly facial combines a deep cleanse and 24-karat gold face mask to calm irritated skin, infuse hydration and recharge tired skin. Includes massage of the face, neck, shoulders, hands and feet.

80 minutes \$375

HYDRAFACIAL®

HydraFacial[®] is a non-invasive, non-surgical skin resurfacing procedure that benefits all skin types and skin conditions. The treatment cleanses, exfoliates and removes impurities and dead skin cells while replenishing vital nutrients to mitigate environmental damage, reduce wrinkles and plump and firm skin for long-term benefits. HydraFacial[®] is available as a facial and as an enhancement.

Express

This basic HydraFacial® treatment includes cleansing, exfoliation and vortex extraction while infusing hydration, antioxidants and peptides.

25 minutes \$180

Results

In addition to the basic HydraFacial® treatment, this resultsoriented facial includes LED light therapy, which is excellent for anti-aging and acne.

50 minutes \$280

Age Stops Here

The ultimate luxury HydraFacial® treatment truly transforms your skin. Includes Ultra Sound therapy and LED light therapy.

80 minutes \$395

FOUR SEASONS RESORT MAUI

FACIALS FULL BODY SKIN REMODELING

Cryotherapy Energy Cellulite Treatment

This highly effective, targeted treatment for uneven skin tone and cellulite uses our state-of-the-art cryotherapy machine to target priority areas, assisting with boosting circulation, detoxifying the body and stimulating lymphatic drainage.

30 minutes \$165

Ultra-Shape

Ultrasound Body Toning helps to slim the body with low frequency ultrasound, targeting areas to reduce the appearance of cellulite, improves elasticity, and reduces the appearance of stretch marks.

30 minutes \$165

ENHANCEMENTS

HydraFacial®

A noninvasive skin resurfacing system that vortex extracts every pore while vortex infusing hyaluronic, antioxidants and peptides. Considered the next best thing to injectables and laser, this enhancement can be added to any facial following a consultation with an aesthetician.

\$80 -\$165

Y-Lift Neck Treatment

This intensive specialized treatment for the neck and décolletage sculpts, firms and tones the skin, offering prevention and protection, and treating the visible signs of aging.

\$135

Ultrasound

Ultrasound improves blood and lymph flow, helping to oxygenate tissue and stimulate collagen production.

\$55

ENHANCEMENTS (continued)

Diamond and 24 Karat Gold Mask

Choose from an eye, lip, face, neck or décolleté mask. This gemstone-infused collagen hydrogel mask, infused with hyaluronic acid and vitamins C and E, instantly reduce the appearance of fine lines and wrinkles.

Choose from an eye, lip, face, neck or décolleté mask \$45 - \$135

Dermaflash

Sonic edge technology exfoliates to reveal instantly fresh, younger-looking skin.

\$55

Cryotherapy Spot Treatment

Targeted use of extremely low temperatures to dramatically improve skin tone and elasticity.

\$55

ADD-ON TREATMENTS (Additional 15 minutes)

Foot Treatment

This treatment features a vigorous foot exfoliation using a coconut lemongrass scrub and a relaxing foot massage using cocoa body butter to soothe dry, rough feet.

\$55



WOMEN'S HAIR CARE

Bang Trim \$30 Cut & Style \$110 & up Blow Dry & Style \$80 & up Event Styling \$80 & up Agave Smoothing Treatment \$350 & up Single Process \$100 & up Partial Highlights \$150 & up Highlights \$170 & up Balayage or Ombre \$250 & up Complimentary consultation recommended Corrective Coloring \$100 & up Consultation required

Services including extensions are subject to an additional charge

MEN'S HAIR CARE

Men's Cut \$65

Men's Clipper Cut \$45

Men's Color or Highlights \$95

The Koa (Warrior) Shave † \$65 Classic lather and straight razor

Royal Ali'i Shave† \$95 Deep cleansing, facial massage, hot straight razor shave, with moisturizing finish

Head Shave† \$40

† Barber service available upon request

For Keiki Services ages 12 & under, please contact The Salon

BRAIDS

Corn Row Braid \$12-16/braid

Specialty Braid \$35



NAILS

Manicure \$65

Pedicure \$95

Signature Manicure \$80

Signature Pedicure \$115

Polish Change \$35

NAIL ENHANCEMENTS

Paraffin Treatment \$25

Gel Application \$25

Gel Removal \$25

French Polish \$15

Nail Art \$10 per nail

Nail Repair \$15 per nail

MAKE-UP

Make-up Application \$85

Just the Eyes \$45

Lash Application \$35

BRIDAL SERVICES Contact the Spa for a complimentary consultation

BRIDAL À LA CARTE

Bridal Make-Up Trial \$85

Bridal Hair Trial \$80 & up

Bridal Make-Up \$115 (Includes Lash Application)

Bridal Hair \$125

Eyelash Application \$35

Fresh Flower Hair Décor \$25 and up (Must order in advance)

TRADITIONAL BRIDAL PACKAGE \$230

- Hair & Make-Up Consultation
- Bridal Hair
- Make-Up Application
- Eyelash Application
- Glass of Prosecco

SIGNATURE BRIDAL PACKAGE \$575

- Hair & Make-Up Trial
- Bridal Hair
- Make-Up Application
- Eyelash Application
- Signature Manicure & Pedicure
- Glass of Prosecco