



FOUR SEASONS
RESORTS
LĀNA'I

Lāna'i by Four Seasons

ACTIVITIES GUIDE >



LĀNA'I BY WATER >

From our pools and beach to sailing, fishing and whale watching



LĀNA'I BY LAND >

Explore with hiking, biking and off-road adventures



LĀNA'I BY AIR >

Take a helicopter tour or learn to fly on your own



E kono mai!

Welcome to Four Seasons Resort Lāna'i.

Here on this pristine, secluded island, we invite you to experience Hawai'i's most exclusive adventures – whether on land, at sea or in the air. You can be as relaxed or busy as you wish!

Explore authentic Hawaiian experiences with our Love Lāna'i cultural programs, or choose from our incredible array of activities – many managed by Four Seasons. Come for daily pampering at the Hāwanawana Spa, go whale watching, or take flying lessons. Every adventure is an opportunity for you to get to know all the friendly, talented people in our Four Seasons 'ohana (family) – from our pool attendants to golf pros and chefs.

We've created this planning guide to help you create your own personalized experience of Lāna'i. Be sure to check our daily online calendar for the most up-to-date schedules and offerings.

For more information and to make reservations, feel free to connect with our Lāna'i Experience Planners at 1 (808) 565-2587, or by email at exp.lanai@fourseasons.com. We'll do everything possible to make sure every day is perfect.

I look forward to welcoming you in person.

Alastair McAlpine

Alastair McAlpine
General Manager

SNORKELING
& SCUBA DIVING

SNORKEL SAILS
& SUNSET SAILS

FISHING &
PRIVATE CHARTERS

SWIMMING POOLS
& HULOPO'E BEACH

by water

SNORKELING

Right off our beach is Hulopo'e Bay, a protected marine preserve with some of the best snorkeling spots in Hawai'i. The waters are crystal clear and the coral reefs are virtually undisturbed, attracting an abundance of colorful tropical fish. Spinner dolphins frequently come to play, so be sure to watch for them. Our beach kiosk offers complimentary snorkeling equipment, including snorkels, fins and masks, as well as prescription masks.

SCUBA DIVING

With its protected bays and coves, Lāna'i is a dream destination for divers. Board the Lāna'i V, our 45-foot high-speed luxury boat, for a two-tank dive, giving the opportunity to explore underwater coral grottoes and lava caves. Enjoy safe encounters with tropical sea life at fascinating dive sites, such as the Cathedrals, Kaunolū, Fish Rock and the Menpachi Caves. Our next-generation diving gear includes top-rated Cobalt 2 dive computers, high-performing, lightweight Atomic T3 regulators, and superior-quality wetsuits. One-tank dives may also be arranged, depending on availability.

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SNORKEL SAILS

Climb aboard the Lāna'i, our 50-foot sailing catamaran, for a three-hour snorkel sail, letting you experience the pristine waters surrounding Hawai'i's smallest inhabited island. Head to renowned snorkel sites, such as Kaunolū on the southern shore. This heritage site was King Kamehameha's summer retreat, and the waters were a favorite fishing spot of his royal entourage. Swim along coastal reefs teeming with brilliantly colored fish and wildlife – and perhaps catch a glimpse of spinner dolphins or humpback whales that frequent the waters seasonally. Snorkel gear, wetsuit tops and SUPs are provided. Enjoy a picnic lunch on board before heading back to shore.

RESERVATIONS RECOMMENDED >

SUNSET SAILS

Embark on a two-hour cruise along the scenic Lāna'i coastline. Sip a cocktail as the sun falls below the horizon, enjoy delicious pupus (appetizers), and perhaps even watch schools of spinner dolphins frolic in the surf. Lāna'i also offers a haven to North Pacific humpback whales, which can often be seen from December to mid-April. You'll enjoy a memorable evening – whether for a romantic escape or a relaxing time with friends and family.

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FISHING

Set sail on Lāna'i V, our 45-foot high-speed luxury fishing boat, for a three-hour excursion. An ideal destination for small- or big-game fishing, Lāna'i offers abundant mahi-mahi, wahoo, yellowfin tuna and Pacific blue marlin. Our local captains and crew know the fishing grounds around the island better than anyone, promising the adrenaline rush of a prize catch!

PRIVATE CHARTERS

For an unforgettable ocean adventure, charter a boat from the Four Seasons fleet. Enjoy snorkeling, scuba diving, fishing, whale watching, island hopping or just relax and take in views of the beautiful Lāna'i coastline.

Choose from our two boats:

- Lāna'i V is our 45-foot high-speed fishing boat, accommodating up to six passengers. Twin hulls provide ample space, while luxury features make the boat feel like a mini-yacht. Enjoy teak decks with comfortable day beds and seating, a pop-up shade forward, a berth, galley, washroom facilities, air conditioning, as well as seating for divers and tank racks.
- For larger groups, the Lāna'i is a 50-foot sailing catamaran equipped for fun with SUP boards and more.

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SWIMMING POOLS

Nestled together amid tranquil gardens, our two swimming pools provide stunning views of the Pacific. Lounge beside our lagoon-style pool or our adults-only retreat, both with whirlpools.

To enhance your experience, reserve one of our cabana-style Sanctuaries, featuring comfortable couches and oversized lounge chairs – available at both pools. Four Seasons attendants regularly offer chilled towels, ice water, Evian spritzes, fruit skewers, popsicles, sunglass cleaning and sunscreen. Request a poolside snack, or come to the adjoining Malibu Farm restaurant for delicious meals and refreshing drinks at the bar.

HULOPO'E BEACH

Just down the path from our pool area sits the stunning Hulopo'e Bay and our curve of white-sand beach, offering shady palms and gentle waves for swimming and splashing. The beach experience is complete with lounge chairs, umbrellas and attentive Four Seasons service.



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LOVE LĀNA'I CULTURAL PROGRAMS

Through our Love Lāna'i cultural programs, you can experience the island's unique spirit and historical legacy, spanning nearly 1,000 years of Hawaiian residency. Through a variety of tours, demonstrations and cultural experiences, you can explore Lāna'i's bio-cultural landscape, learn about its diverse history, and hear about wahi pana (storied and sacred places) across the island. For dates and times, check our [daily online calendar](#).

For more information and reservations, email:

love.lanai@fourseasons.com

PU'UPEHE CULTURAL HIKE

Welcome a new day with a complimentary sunrise hike to Pu'upehe, one of Lāna'i's most iconic landmarks. Your guide will share the history and traditions of Pu'upehe and describe the living environment of the beach region.

HOLOHOLO ISLAND TOURS

Explore this beautiful island with unique outdoor activities. Go off-roading on a guided excursion, try shoreline fishing and net throwing, or delve into our intriguing history.

RESORT CULTURAL TOUR

In this complimentary tour, our cultural practitioners introduce the incredible collection of Pacific artwork and cultural artifacts located throughout the Resort and grounds.

[LOVE LĀNAI CULTURAL PROGRAMS CONTINUED >](#)

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Learn more about the rich variety of Hawaiian crafts and culture with a daily program of demonstrations, such as kapala (stamping on cards), hula dancing, 'ukulele playing, lauhala bracelet weaving, lei making, poi preparation and more.

CULTURAL ARTS PRESENTATION

Every day at sunset, join us as we celebrate the lighting of the torches, commemorating the passing of another day and acknowledging the sun's long journey across the sky. Listen to the voice of the pū (conch shell), traditional mele (chants) and local music, as torches are lit across the property and an evening of good food and stories begins.

LĀNA'I TALK STORY

Take a seat and learn about the island's unique history and culture, as our Four Seasons 'ohana (family) and local community members "talk story."

'AINA AHIAHI

Experience the taste of Hawai'i, interpreted by Four Seasons chefs, featuring a variety of local dishes such as laulau pork, poi, ahi poke and more. "Talk story" and perhaps even share a song in an intimate atmosphere, reminiscent of a family dinner in a Lāna'i home.

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LEARN MORE ABOUT CULTURAL PROGRAMS >

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The word “hāwanawana” means “whispering” (as in whispering sea), and the “ha” in aloha means “breath of life.” With a healing aloha, our Spa invites you to discover your peaceful “ha” moments.

Our facials, massages and body treatments are infused with the mana of land and sea, bringing balance to mind, body and spirit. Indulge together in a couple’s suite or enjoy select treatments poolside. Be sure to make time to enjoy complimentary use of our relaxing spa facilities, including steam rooms, saunas and lounges with refreshments. Salon services are also available. Here are a few of our most popular treatments:

- Lāna’i Lomi Lomi: Experience this traditional Hawaiian massage, known for flowing, rhythmic movements.
- Lāna’i Tai Signature Scrub: A honey sugar scrub using fresh active pineapple.
- Ti Leaf Relief Wrap: This cooling, aromatic wrap begins with wild algae, aloe vera and green-tea gel, followed by a calming overlay of fresh ti leaves.
- Nani Koki Head-to-Toe Ritual: This 120-minute ritual includes a full facial, body scrub, body wrap, and treatment masks for feet, hands, scalp and hair.
- L.E.D. Facials: Choose the Inner Glow red-light therapy for stimulating and anti-aging, or the Deluxe Purifying blue-light therapy for calming and decongesting.

[LEARN MORE ABOUT OUR SPA TREATMENTS >](#)

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*Island Activities***WELLNESS**

In our exclusive island hideaway, we hope you will be inspired to take time out to turn off and tune in. Journey away from the stresses of everyday life and embrace the opportunity to make positive changes in your lifestyle, attitude and personal focus.

FITNESS CENTER

With spectacular ocean views for inspiration, our newly renovated, 2,500-sq.-ft. (232-m²) Fitness Center features cardio machines including Matrix, Peloton and Woodway, free weights and weight machines. We also offer complimentary fitness attire (for use while at the Fitness Center). Open 24 hours.

YOGA STUDIO

Our Yoga Studio has a new home in a 1,100-sq.-ft. (102-m²) facility with gorgeous views. Our multifaceted instructors offer a variety of complimentary indoor and outdoor classes, such as yoga, Tai Chi, meditation and more. Check our daily online calendar for details. Private and group sessions are available.

AERIAL YOGA

Our Yoga Studio features a spread of ten aerial yoga hammocks. These silk hammocks welcome all levels in daily AntiGravity® Yoga sessions – ideal for relieving stress and pain. Restore length and openness in your spine during this fun and liberating class. Private sessions are also available.

SPORTS MASSAGE SERIES

Golfers, tennis players and horseback riders alike are vulnerable to aches, pains, injuries and stiffness – all of which may dampen your game or drain enjoyment from the activity. Enhance your abilities with our Sports Massage Series, helping you recover more quickly.

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MANELE GOLF COURSE

Our award-winning Jack Nicklaus Signature Manele Golf Course was designed to celebrate the island's dramatic, natural contrasts – from red cliffs and black lava outcroppings to stretches of vivid green above the crashing blue surf.

This 18-hole, par-72 course offers a uniquely private experience with a quiet, leisurely atmosphere. Every hole features an ocean view, and three holes are located on cliffs, using the Pacific as a water hazard. Ride a golf cart with bluetooth speakers and GPS – order food and drinks and have them brought to you right on the course!

RESERVATIONS RECOMMENDED >

MEMBER FOR A WEEK

For golfers who dream of unlimited play, try our all-inclusive, week-long membership experience. During your seven-day visit, enjoy unlimited sunup-to-sundown access, complimentary clubs and more.

TRACKMAN TECHNOLOGY

Fine-tune your golf swing using TrackMan, the leading-edge technology for golf practice and player development. Benefit from instant and actionable feedback on club delivery, launch, ball flight and landing. Experience a session on the putting green using TrackMan to help with your green reading, start line and tempo. Get fitted for a driver using TrackMan technology to fine-tune proper loft and shaft flex. Ask for more details and book a session!

LEARN MORE ABOUT GOLF >



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Discover a variety of complimentary programs, private lessons, rental clubs and custom club fittings – perfect for experienced golfers, as well as those new to the game. Be sure to check our daily online calendar for the most up-to-date schedules and offerings.

MINI-MANELE

Come see the Manele Golf Driving Range transform into Mini-Manele, offering guests a complimentary six-hole, par-three course right on the practice facility. The holes range from 30 to 90 yards. Enjoy stunning ocean views, listen to music and hit a few balls with friends and family. This weekly event is great for players of all abilities.

SWING 'N' STROLL

Ditch the cart for an afternoon of golf on the Manele front nine. It's said that golfers learn the nuances of the course when walking, plus it's a great cardio workout! Complimentary pull carts are available.

SUNSET NINE

Head onto the Manele Golf Course in the late afternoon and play the back nine. Enjoy a specialty cocktail either on arrival or delivered to you on the course. As you play, you can take in amazing views of Pu'upehe (Sweetheart Rock) and Hulopo'e Bay. Complimentary clubs are available.

GOLF 101

Perfect for beginners, this two-hour session includes an introduction to every aspect of the game, tips on golf etiquette and the chance to play one hole on the Manele Golf Course. Sessions are available for one or two players.

JUNIOR GOLF

Accompanied by a paid adult, kids 17 and under enjoy complimentary play on our 18-hole course. Complimentary junior clubs are available.

BACK-IN-THE-ZONE PACKAGE

If both your body and your game need work, look no further. Our special Back-in-the-Zone package includes a Back-in-the-Swing Massage (a sports massage tailored for golfers), a 30-minute golf lesson with one of our resident pros, and a private Get-in-the-Zone Yoga & Meditation class with one of our local yogis. These wellness services are also available separately.

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TENNIS

Plan a match at our Tennis Garden, managed by Peter Burwash International, the world's number-one tennis management company. We offer two outdoor Plexipave hard courts and one Har-Tru clay court, a ball machine, as well as professional instruction and racquet stringing. Shirts and court shoes required for play. Court rental includes demo racquets, balls and court shoes. Improve your swing with individual or group lessons, or participate in a variety of weekly clinics and mixers for all levels of play.

RESERVATIONS >

Reservations are required and must be made no more than 24 hours in advance of court time due to court availability.

Guests can try their hand at pickleball, a racquet sport combining elements of badminton, tennis and table tennis, as well as POP tennis, the rebranding of 100-year-old paddle tennis.

We also have a tennis lounge equipped with refreshments, tennis event viewing and a retail shop featuring a selection of specialty gear and apparel.

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KIDS FOR ALL SEASONS

Our complimentary Kids For All Seasons program offers organized indoor and outdoor activities for children ages five to twelve.

Your children will explore in nature and learn to appreciate Hawai'i's spirit of aloha. They can discover the island's petroglyphs, go hunting for lizards, or watch a keiki (child) hula show. They can even build their own erupting volcano and witness how the Hawaiian islands were formed.

Children are always welcome in our daytime activities – with no reservations required. Evening events are offered seasonally and reservations are highly recommended.

Contact [The Nanny Connection](#) for babysitting services.



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ROMANTIC MOMENTS

Where better to enjoy a romantic escape than your own secluded 90,000-acre Hawaiian island? Celebrate love with a series of engaging activities custom-made for couples.

- **Couple's Spa Suites:** Retreat together and share relaxing spa treatments.
- **Sanctuary for Two:** Relax in a private poolside Sanctuary surrounded by gardens and views of the Pacific Ocean.
- **Sunset Sail:** Set sail together along the scenic Lāna'i coastline.
- **Sunset Nine:** Challenge each other to a friendly end-of-day round of golf, then enjoy a specialty cocktail.
- **Dining Under the Stars:** Before the sun begins to set, take your seats at a private table for two overlooking Hulopo'e Bay.
- **Vow Renewal:** Renew your vows on one of Lāna'i's gorgeous beaches or atop a mountain peak.
- **Babymoon:** Enjoy one last romantic getaway before baby makes three. We provide special amenities and services.

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Beyond our selection of indoor and outdoor restaurants, we offer a variety of interactive classes and delicious special events – from a teppanyaki adventure to Dining Under the Stars. You'll find plenty to please your palate as you experience the many flavors of Lāna'i.

RESERVATIONS RECOMMENDED >

- Poke-making class at ONE FORTY
- Private cooking class at NOBU LĀNA'I
- Hokusetsu sake tasting at NOBU LĀNA'I
- Teppanyaki adventure at NOBU LĀNA'I
- Mixology class
- Sunset Nine golf and cocktails
- Dining Under the Stars private dinner
- Taste of Lāna'i full day of private culinary experiences

LEARN MORE ABOUT OUR DINING OPTIONS >

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RESORT SHOPPING

Just off the main lobby, Four Seasons Resort Lāna'i offers a number of retail experiences designed to suit every style and taste. Catering to women, men and children, our shops present a wide range of fashion, accessories, jewelry, home décor and gift items.

- **Makamae:** With a name meaning "treasured" in Hawaiian, this luxe boutique presents designers such as Eres, Jimmy Choo, Missoni and Lāna'i Collection.
- **Pilina:** Find casual fashion lines that embrace elegance and comfort, such as Diane von Furstenberg, James Perse, Oliver Peoples and Vilebrequin.
- **Mua Loa:** This sundries shop offers a selection of beach and holiday essentials, children's items and gifts to take home.

MANELE GOLF SHOP

Discover a wide array of golf-related apparel, gifts and accessories by Catherine Wingate, Linksoul, and TravisMathew, as well as Lāna'i Golf and Four Seasons Resort Lāna'i logo items.

SPA SHOP

Enhance your spa experience with professionally recommended products, island-inspired apparel, gifts and our exclusive line of bath amenities.



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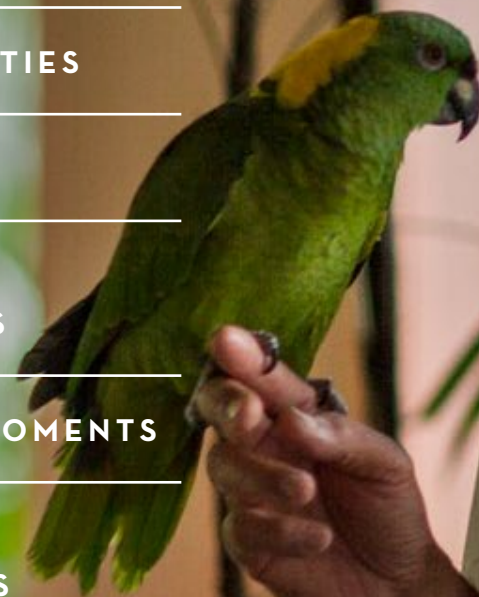
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Make the most of your time on Lāna'i by enjoying our variety of complimentary activities and amenities. For dates and times, check our daily online calendar.

- Ho'olauna Hawaiian Crafts, including lei making, hula lessons and 'ukulele lessons.
- Guided tours of the Resort Botanical Gardens.
- Visiting the Resort's rescue birds and a chance to "talk story" with Resident Uncle Bruno.
- Cocktail-making classes.
- Ocean-view Fitness Center.
- Variety of wellness and yoga classes.
- Access to Manele Golf Course driving range and putting green, with complimentary rental clubs and balls.
- Golf events and clinics.
- Tennis open-house sessions.
- Tennis equipment (for use while at the Resort).
- Snorkeling gear.
- Beach and poolside amenities, including chilled towels, ice water, Evian spritzes, fruit skewers, popsicles, puzzles, sunglass cleaning and sunscreen.
- Movie passes to the Hale Keaka Lāna'i Theater in Lāna'i City.

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LĀNA'I
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4x4 OFF-ROADING

LĀNA'I CITY

LĀNA'I CULTURE AND
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HIKING

With so many contrasting landscapes, Lāna'i offers plenty of natural motivation for hiking. Options range from short trails to more strenuous climbs, rewarding you with stunning vistas.

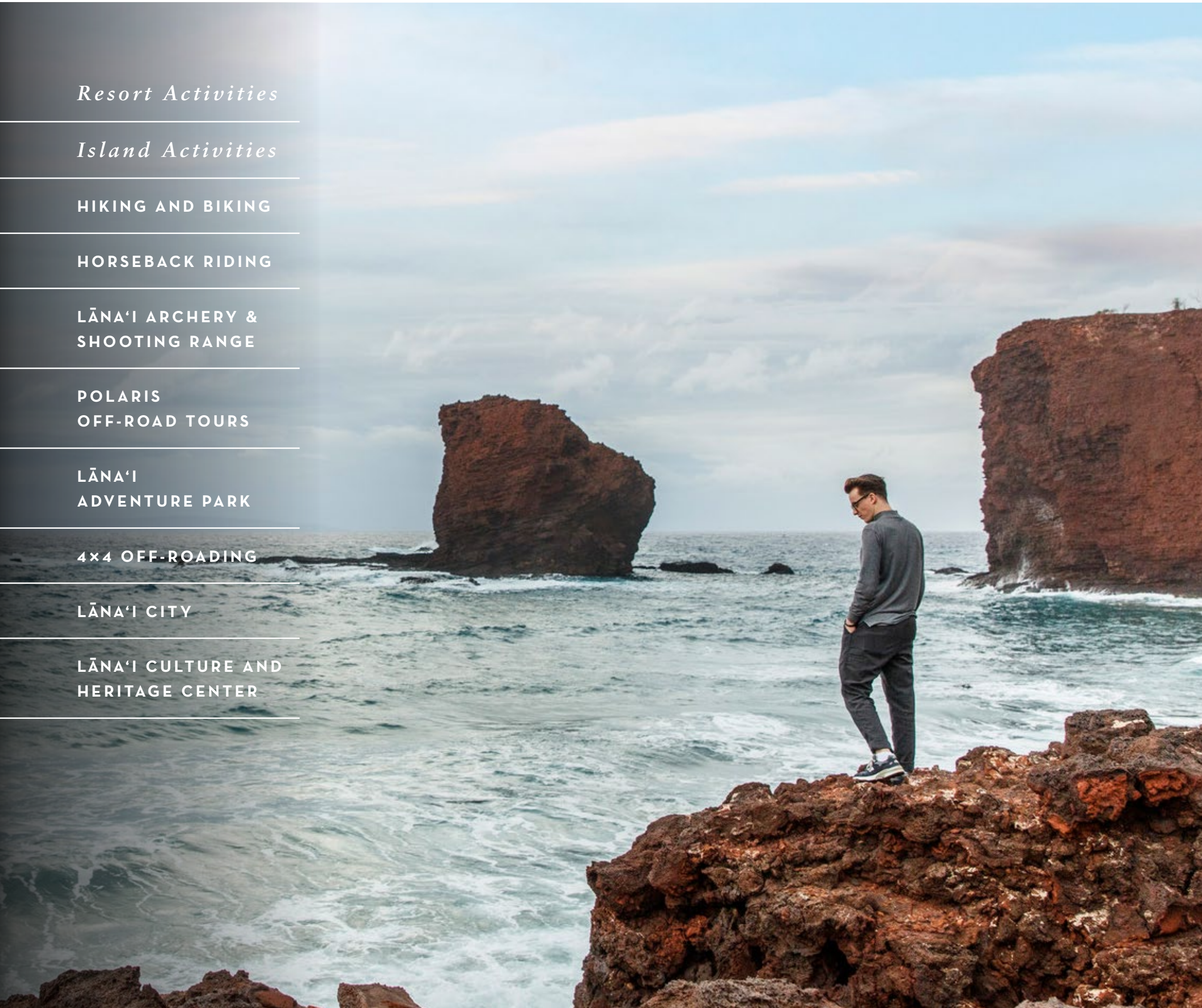
Just ask for a trail map, or download the free Lāna'i Guide App from the App Store or Google Play for interactive hiking maps, photos and more.

Be sure to walk to the point of Hulopo'e Beach, where you'll find tide pools filled with marine life such as sea cucumbers, spaghetti worms and sea stars. For a gorgeous sunrise view, take a stroll along the cliffside path to Pu'upehe (Sweetheart Rock). There are also more challenging hikes along cliffs and ridges. Private, guided hikes are available.

BIKING

Rent electric Quietkat mountain bikes from the Lāna'i Adventure Park and experience Lāna'i on two wheels. Explore the sights of Lāna'i City, or take to the red dirt road and feel like you're the only person on the island. We also offer guided tours of local landmarks – with beginner, intermediate and advanced levels available. Hourly, half- and full-day rentals are available and include helmet, backpack and a personal Bivystick (which includes satellite messenger and GPS locator).

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HORSEBACK RIDING

Ride horseback into the hills surrounding Kō'ele – once the center of ranching operations on the island. As you explore the wooded valleys and trails, you might spot axis deer, mouflon sheep and turkeys. Custom tours and private lessons are available from Lāna'i Adventures.

RESERVATIONS RECOMMENDED >

RANCHER EXPERIENCE

Venture upcountry and spend some time with the Lāna'i Ranch's miniature horses and donkeys, and its goats. Pet or groom the minis and let our wranglers "talk story" about Kō'ele and the paniolo (cowboy) culture on Lāna'i. Bring a picnic for a memorable lunchtime experience.

CARRIAGE AND CART RIDES

Tour the fascinating plantation town of Lāna'i City in a one-hour private ride. Climb aboard a beautiful carriage, drawn by Shire draught horses. Children will also delight in a charming ride around the Lāna'i Ranch in a cart pulled by one of the Resort's miniature horses.

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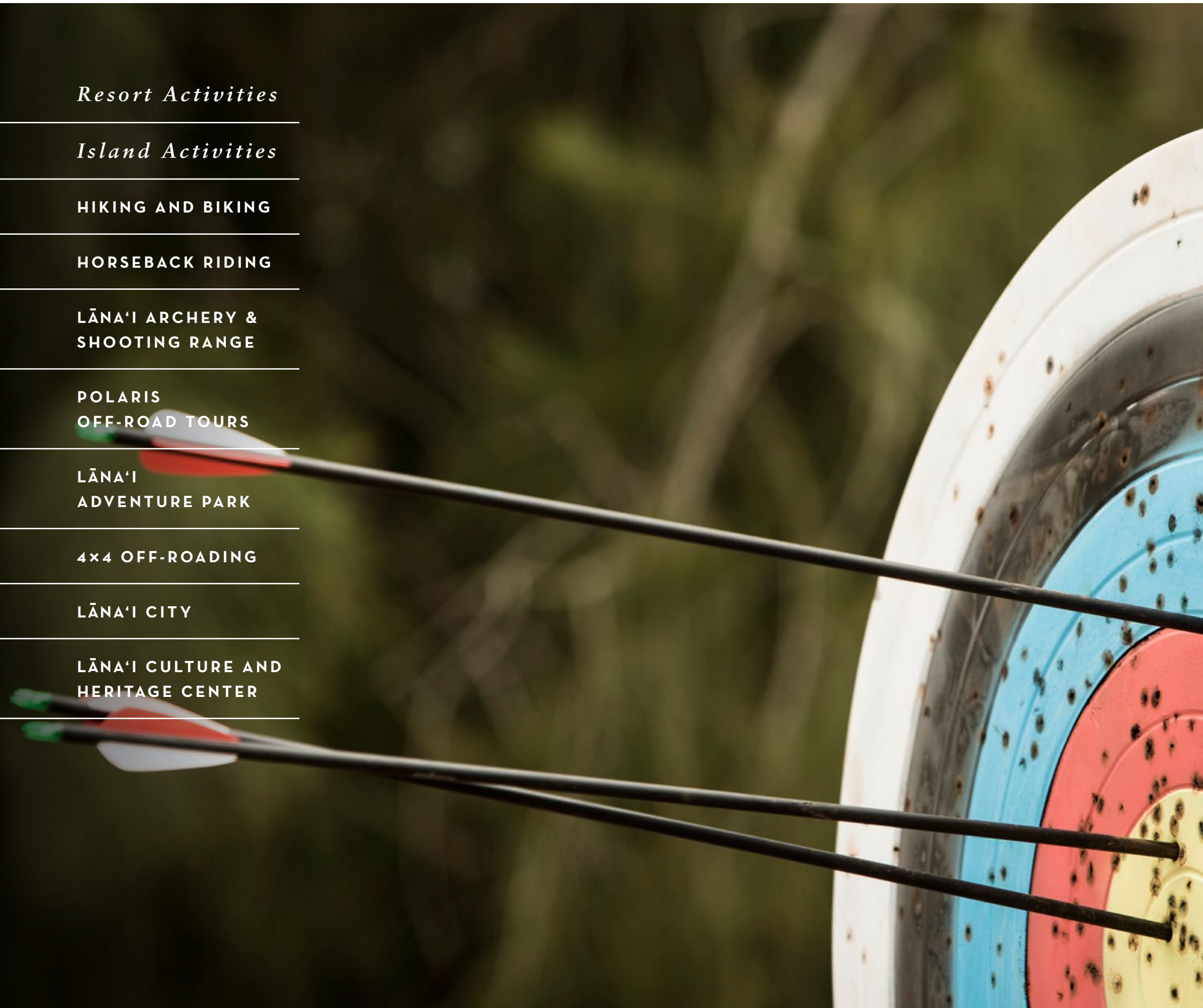
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SHOOTING RANGE

Discover our 14-station, state-of-the-art shooting course, providing an exciting experience for both novice and experienced shooters. Clays are sprung in various directions and angles to simulate the flight patterns of different game birds, as well as rabbits. Covered stations allow for shooting in most weather conditions, and our friendly team members make everyone feel comfortable.

Test coordination and accuracy at the Pistol Range. Whether you're a beginner or expert, you'll enjoy our covered shooting station, featuring electronic, steel and paper targets with a distance of seven to 25 yards.

If you'd like to learn more about archery and archery hunting, a private introductory lesson includes all the necessary equipment, and covers bow and arrow safety, etiquette and instruction. Set your sights on 3D animal targets, such as a turkey, deer, ram, boar and even a T-Rex! Or take aim at traditional archery targets up to 25 yards away.

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LĀNA'I CITY

LĀNA'I CULTURE AND
HERITAGE CENTER



POLARIS OFF-ROAD TOURS

Climb into a Polaris sport vehicle and enjoy an adrenaline-fueled adventure along rugged, off-the-beaten-path trails.

On a cultural tour, weave through the island's majestic ironwood forests and verdant valleys, as your guide shares stories about the diverse landscapes, history and sacred sites. With dramatic vistas of neighboring islands and the surprise spotting of wildlife, it's a genuinely exhilarating ride.

RESERVATIONS RECOMMENDED >

*Resort Activities**Island Activities*

HIKING AND BIKING

HORSEBACK RIDING

LĀNA'I ARCHERY &
SHOOTING RANGEPOLARIS
OFF-ROAD TOURSLĀNA'I
ADVENTURE PARK

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LĀNA'I ADVENTURE PARK

Nestled among Cook pines, the Lāna'i Adventure Park invites you to experience exhilarating challenges in a stunning natural setting. Our Aerial Adventure Course lets you soar on a zipline with sweeping views of Kaiholena Gulch – either in seated or Superman position. In the Adventure Tower, explore two tiers with over 70 obstacles, self-guided according to your comfort level and desired level of difficulty. For the Challenge Course, teams are led through a series of mental and physical obstacles.

Our Lāna'i Adventure Park gives opportunities for personal and collective growth, with programs designed to build confidence, trust, communication, empowerment, collaboration, motivation, and cohesion.

For ages 4 and up, our Kids' Course inspires self-guided fun through a series of child-friendly challenges. Kids get into harnesses like the grown-ups and work through obstacles elevated 18" (46 centimeters) off the ground.

[LEARN MORE >](#)

[RESERVATIONS RECOMMENDED >](#)

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HERITAGE CENTER**4x4 OFF-ROADING**

With only 30 miles (48 kilometers) of paved roads and no traffic lights, Lāna'i is ideal for off-roading. Rent a four-wheel-drive vehicle and head out on your own – exploring miles of rugged terrain, taking in the scenery or stopping to visit Lāna'i City. Be sure to download the free Lāna'i Guide App and enjoy interactive hiking and driving maps, photos and more. Take along a Four Seasons picnic to enjoy at the location of your choice:

RESERVATIONS RECOMMENDED >

- **Keahiakawelo (Garden of the Gods):** On northern Lāna'i, this area features lava boulders of all shapes and sizes. The absence of vegetation emphasizes the rocks' stunning colors and shadows in the changing daylight.
- **Kaunolū:** Located on Lāna'i's southern tip, this 18th-century fishing village preserves the remains of more than 80 homes, a temple and other structures.
- **Keōmoku Village:** A former sugar plantation village on Lāna'i's eastern shore.
- **Koloiki Ridge:** The five-mile (eight-kilometer) trail begins in the Kō'ele highlands and meanders through dense forests and groves of guava and pine trees before opening up to spectacular views of the Pacific Ocean and the neighboring islands.
- **Beaches:** Lāna'i's diverse coastline offers sandy shores – perfect for beachcombing, relaxing and exploring. Visit Kaiolohia Beach (Shipwreck Beach), Polihua, Kahalepalaoa, Lōpā and Hulopo'e Bay. Check driving and weather conditions.

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LĀNA'I CITY

LĀNA'I CULTURE AND
HERITAGE CENTER**LĀNA'I CITY**

The island's main town was established when James Dole purchased nearly the entire island of Lāna'i in November 1922 in order to cultivate pineapples. Dole built a plantation camp, which eventually became the foundation for Lāna'i City. The layout was influenced by traditional town designs, where streets are arranged in grid style around a main square or green.

Between 1924 and 1929, Lāna'i City prospered, and most of the existing buildings and streets were constructed during this short period. Today the population is about 3,000. It's a fun place to come for a "Dole Stroll," visiting the local shops, galleries, coffee shops and restaurants. Enjoy a casual lunch at Pele's Other Garden or the Blue Ginger Café. You can even see a movie at the Hale Keaka Lāna'i Theater.

Cat lovers should stop by the Lāna'i Cat Sanctuary. A paradise for island cats and kittens, this expansive open-air facility draws more than 1,500 visitors a year. Kids will love petting kittens in the "Kittengarden" and watching cats play. The shelter provides lifetime food, water and medical care for its residents.

LĀNA'I CITY SHOPPING

We're pleased to say there's not a single shopping mall on our island! But you'll find many shops and cafés in nearby Lāna'i City. The streets bordering Dole Park offer up a selection of galleries, including the Mike Carroll Gallery and the Lāna'i Art Center. Shop at charming boutiques, such as The Local Gentry and Hula Hut for local fashion, unique souvenirs and handcrafted keepsakes. Try Lāna'i Woodworkers for exquisitely crafted items, while Richard's Market offers delicious souvenirs, such as local honey and macadamia nuts.

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LĀNA'I CULTURE & HERITAGE CENTER

From the 1950s through the 1970s, Lāna'i was the world's largest pineapple plantation, but there is much more to the island's history.

Our island's official museum, the Lāna'i Culture & Heritage Center – located in Lāna'i City – covers nearly a millennium of changes, from the year 1000 when the first Hawaiians settled here to the end of the plantation era in 1992.

The museum features all kinds of local treasures: clothing, furniture and plantation equipment, as well as poi pounders and ulu maika ("bowling") stones that residents found when working in the fields. It's a fascinating opportunity to learn more about this unique island paradise.



by air

HELICOPTER TOURS

Enjoy a bird's-eye view of Lāna'i and our neighboring islands in an ultra-modern helicopter from Paradise Helicopters. Choose from a variety of tours of varying lengths, or custom-craft your own charter experience, providing spectacular vistas of the coastline, mountaintops, waterfalls and wildlife.

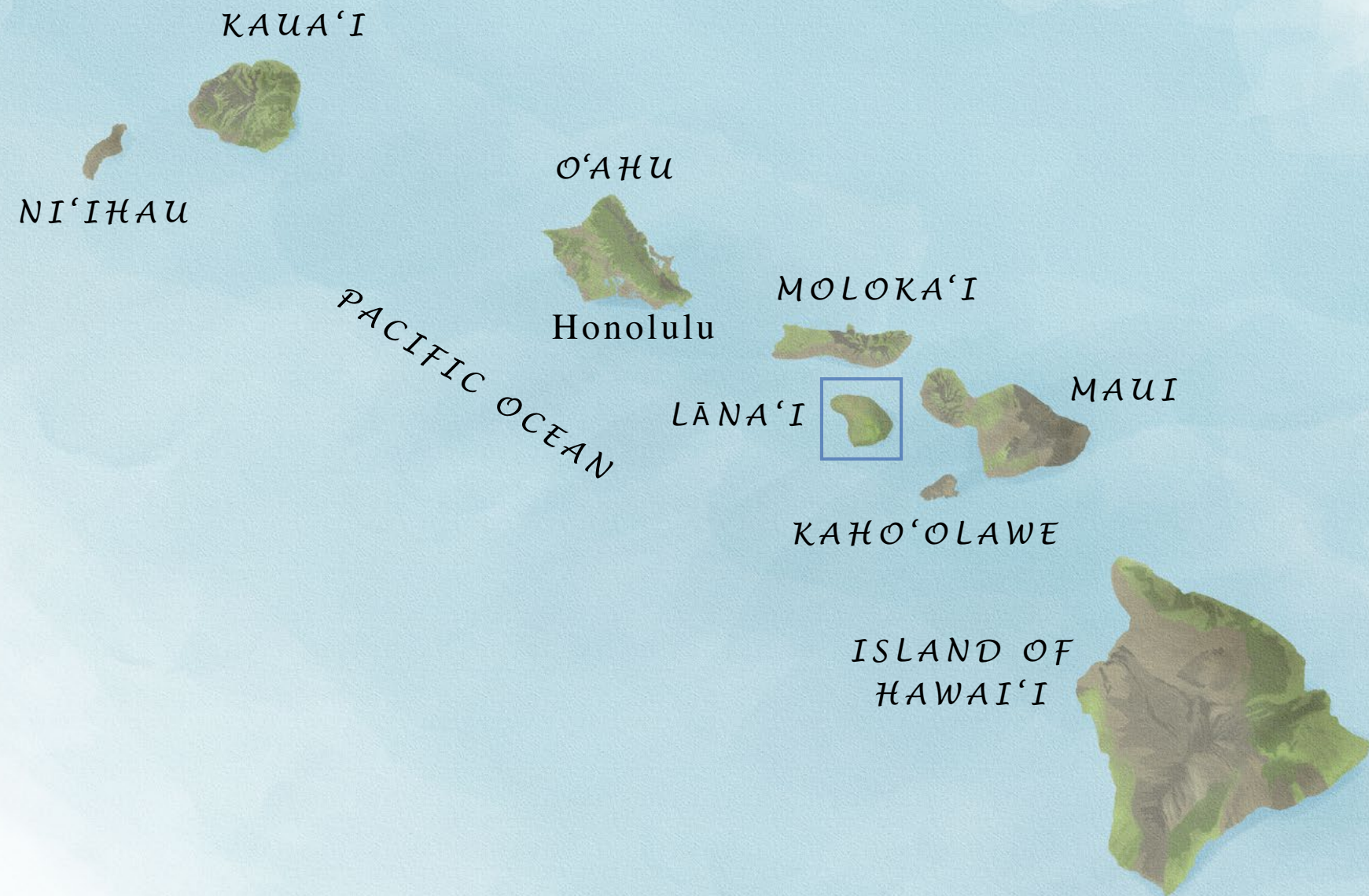
RESERVATIONS RECOMMENDED >

FLYING LESSONS

Learn to fly as you soar above the beautiful Hawaiian Islands—no experience necessary! These excursions from the Maui Flight Academy provide novice pilots with the opportunity to learn and perform basic flight maneuvers, including taking off, cruising and landing.

Options for your flight path include flying between majestic volcanoes, floating above lava fields, viewing the world's tallest sea cliffs, and visiting five islands in one trip. It's a truly breathtaking experience!

RESERVATIONS RECOMMENDED >

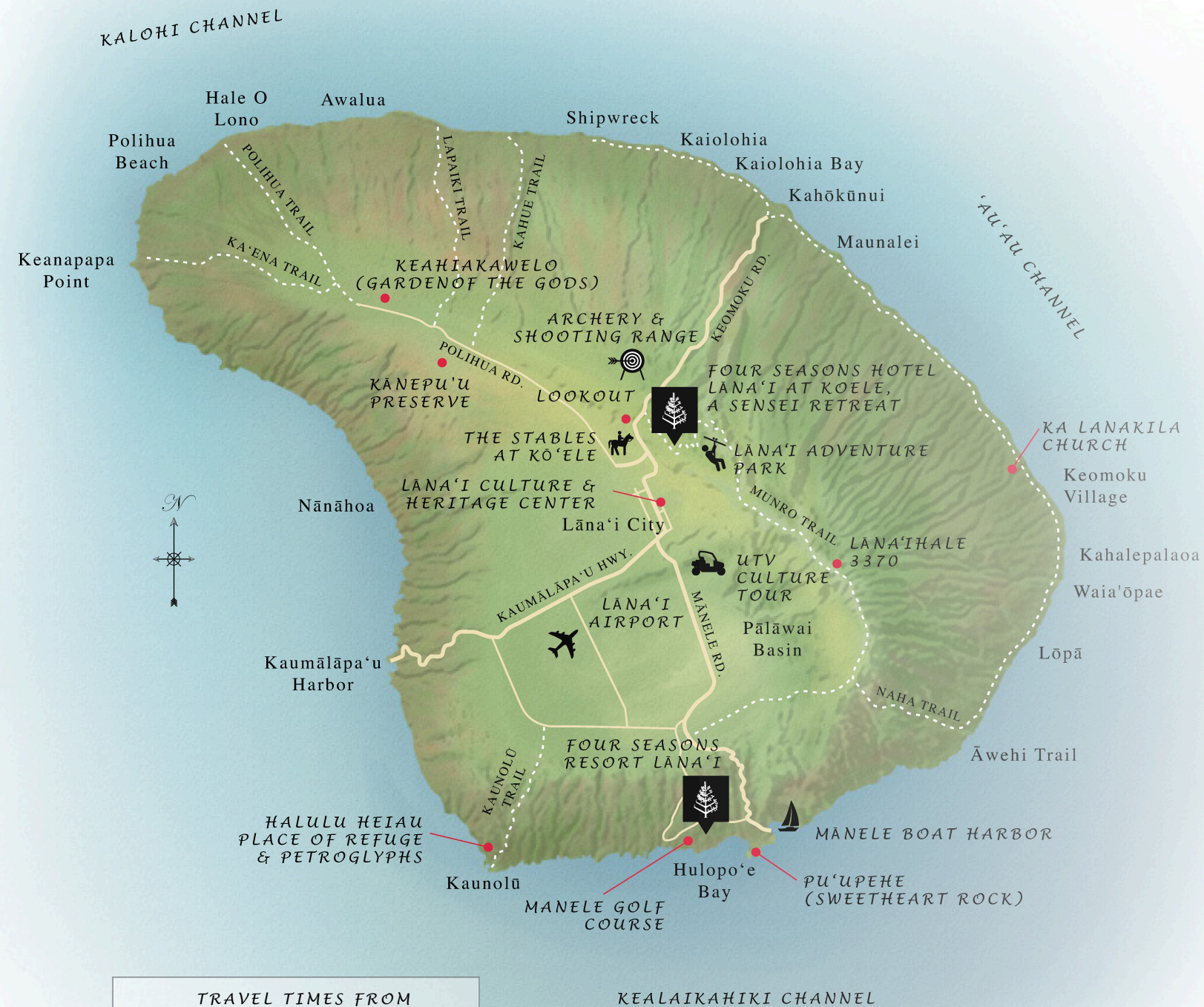


HAWAIIAN ISLANDS

Formed from a volcanic hotspot rising from the sea floor of the Pacific Ocean, the Hawaiian archipelago is best known for its eight main islands, each with its own unique experiences.

Enjoy your visit to Lāna'i and experience over 90,000 acres of diverse landscape with an incredible array of activities, many managed by Four Seasons.

[VIEW OUR ISLAND ACTIVITY MAP >](#)



**TRAVEL TIMES FROM
FOUR SEASONS RESORT LĀNA'I**

Mānele Boat Harbour	3 minutes
Mānele Golf Course	3 minutes
Lāna'i City	16 minutes
UTV Culture Tour	14 minutes
The Stables at Kō'ele	18 minutes
Lāna'i City Airport	20 minutes
Archery & Shooting Range	21 minutes
Lahaina Harbor (via ferry)	45 minutes

LĀNA'I ISLAND ACTIVITY MAP

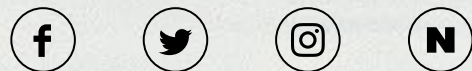
Four Seasons Resort Lāna'i is your gateway to the most exclusive, secluded paradise in Hawai'i. Whether it's by land, sea or sky, our unspoiled paradise offers a variety of experiences for you to create your own island adventure.

Connect with us

To book activities for your stay at Four Seasons Resort Lāna'i, please contact our Lāna'i Experience Planners.

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FOUR SEASONS CHAT

Did you know Four Seasons assistance is also available by text? To request housekeeping, In-Room Dining or any other service, you can communicate with us quickly and easily through the Four Seasons App.

DOWNLOAD THE APP NOW



LĀNA'I GUIDE APP

Our custom Lāna'i Guide App features interactive hiking maps, photos and more.

DOWNLOAD THE APP NOW

