

*Actual room type and placement of features may vary.

PROGRAM FEATURES

WELLNESS ROOMS PROGRAMMED BY DELOS

Air Purification
Reduces allergens, toxins, and microbes from the air

Circadian Lighting

Personalize the room light environment

Cleaning Protocol
Use of hypoallergenic products and state of the art
UV wand cleaning tool, which neutralizes bacteria,
viruses and other microbes

Cleveland Clinic Wellness
Access to online programs for sleep, stress and nutrition

Dechlorinator

Reduces chlorine to help skin and hair stay soft and smooth

Deepak Chopra Welcome
Deepak Chopra, a world-renowned integrative medicine and wellness pioneer, provides a welcome message, lending wisdom and insight to the experience

Energizing Light

Bright white light suppresses melatonin and can help regulate circadian rhythm and reduce jet lag

Guided Meditation

Meditation narrated by Deepak Chopra encourages guests to relax and rejuvenate. Available by downloading the Mobile App

In-Room Program Guide
Provides highlights of the features, programs and benefits
of the room

Mobile App

Subtle lighting in the bathroom provides illumination for safe navigation while minimizing sleep disruption

Night Lighting
Subtle lighting in the bathroom provides illumination for safe navigation while minimizing sleep disruption

Nutritious Menu Options & Snacks
Approved by leading nutritionists at Cleveland Clinic Wellness
and designated by their Go! Well seal

Water Purification

Wellness Rooms by Delos implements a filtration system that reduces impurities, providing cleaner and purer water

FOUR SEASONS

These features were curated by the Four Seasons to enhance the guest experience

Eco Friendly Bath Amenities Bath Amenities by LATHER made with essential oils and botanical extracts, sulfate-free

Fitness Equipment
Fitness equipment available from Peloton, Technogym and in-room yoga equipment by Alo

Soundscape Machine

Rhythmic sounds help lull guests to sleep or unwind from a stressful day

Wood Floors
Wood floors are hypoallergenic and offer an allergy friendly alternative to carpets





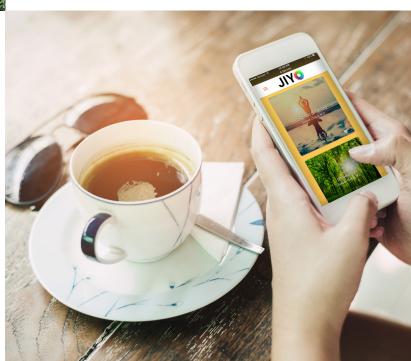
Enjoy nutritious menu options from Cleveland Clinic Wellness. All options are vetted by a highly qualified team of nutritionists to ensure that you are energized on the go.

Receive complimentary access to online programs for sleep, stress and nutrition.

Visit Delos.com/ClevelandClinic to get started



Jiyo is an innovative digital wellbeing platform created by Deepak Chopra, M.D. This intuitive technology tracks behavior and then offers personalized insights and recommendations to encourage participants to examine daily habits. Jiyo engages users through a diverse offering of videos, articles and information on topics ranging from exercise and meditation to relationships, finances and finding purpose in the everyday.



DEEPAK CHOPRA PROGRAMMING

World-renowned integrative medicine and wellness pioneer, Deepak Chopra, M.D. narrates the "Deepak Chopra Welcome" which provides tips on how to enjoy the features of your Wellness Room by Delos.