



FOUR SEASONS  
RESORT AND RESIDENCES  
JACKSON HOLE

# *Fall in Love with Jackson Hole*

Experience Wyoming's magical fall season at Four Seasons Resort and Residences Jackson Hole. Spend your days exploring Teton Village, spotting native flora and fauna on a wildlife adventure, or sightseeing in town. Evenings call for relaxing by the fire, stargazing, and dining on locally-inspired cuisine in Westbank Grill. Whatever your adventure, fall is the perfect time to experience the best Jackson Hole has to offer.





# COMPLIMENTARY DAILY ACTIVITIES

Our complimentary daily activities are available anytime during your stay.

## DAILY ACTIVITIES

### MAKE YOUR OWN S'MORES

*Located at the Ascent Lounge Outdoor Firepits*  
Craft handmade S'mores anytime during your stay at one of our outdoor firepits.

### E-BIKE & FAT BIKE RENTALS

*Located at Base Camp - 2nd Floor*  
Experience the heart-pounding thrill of cycling through the Grand Tetons, while taking in panoramic vistas of Jackson Hole's most famous mountain range.

## COMPLIMENTARY WEEKLY ACTIVITIES

A full calendar of complimentary activities awaits, featuring whiskey and wine tastings, yoga and more.

## MONDAY

### 11:00am DISCOVER THE WILDFLOWER TRAIL

*Located at Base Camp - 2nd Floor*  
Enjoy a scenic morning hike on this picturesque trail.

### 4:00pm CARDIO YOGA

*Located at The Spa - 4th Floor*  
Break a sweat with classic yoga poses and cardio.



## TUESDAY

### 3:00pm STRONG NATION CARDIO TRAINING

*Located at The Spa - 4th Floor*  
Combines body weight, muscle conditioning, cardio and plyometric training synced to music.

### 6:00pm FAMILY MOVIE NIGHT

*Located in the Game Room - 3rd Floor*  
Grab your popcorn and enjoy a family movie.



## WEDNESDAY

### 3:30pm WHISKEY COCKTAIL CLASS & TASTING

*Located at Ascent Lounge - 4th Floor*  
Create craft cocktails and learn about local Wyoming whiskey offerings, including our private barrel.

### 4:00pm VINYASA FLOW YOGA

*Located at The Spa - 4th Floor*  
Move through poses, with an emphasis on breathwork.



## THURSDAY

### 10:00am RESTORATIVE YOGA

*Located at The Spa - 4th Floor*  
Reset mind and body with this gentle class.

### 10:00am INTRO TO E-BIKE FLEET

*Located at the Front Drive*  
Try out our E-Bikes and take a ride toward Grand Teton National Park.

### 3:00pm TETON PAINT & SIP

*Located at Westbank Grill Terrace - 4th Floor*  
Join local artist, Michele Walters, and create your own Wyoming-inspired masterpiece.

### 6:00pm FAMILY MOVIE NIGHT

*Located in the Game Room - 3rd Floor*





## FRIDAY

### 9:00pm CIGAR & WHISKEY PAIRINGS

*Located at Ascent Lounge - 4th Floor*  
Wind down your evening with a premium cigar and whiskey pairing at our firepits.

### 3:00pm AQUA ZUMBA

*Located at the Pool*  
AquaZumba combines the South American Zumba rhythm and dance steps with a fun but challenging, water-based, body-toning workout. To be held in the Yoga Studio in case of inclement weather.



## SATURDAY

### 4:00pm TETON RAPTOR ENCOUNTER

*Located at Westbank Grill Terrace - 4th Floor*  
Meet our resident raptors and learn about birds of prey in the Greater Yellowstone Ecosystem in this educational experience.

### 4:00pm WINE TASTING

*Located at Ascent Lounge - 4th Floor*  
Sample wines from Jackson Hole Winery, featuring locally-made wine produced with grapes grown in Sonoma County, CA.

### 6:00pm FAMILY MOVIE NIGHT

*Located in the Game Room - 3rd Floor*



## SUNDAY

### 11:00am - 3:00pm BLOODY MARY & MIMOSA BAR

*Located in the Lobby*  
Enjoy a complimentary Bloody Mary or Mimosa.



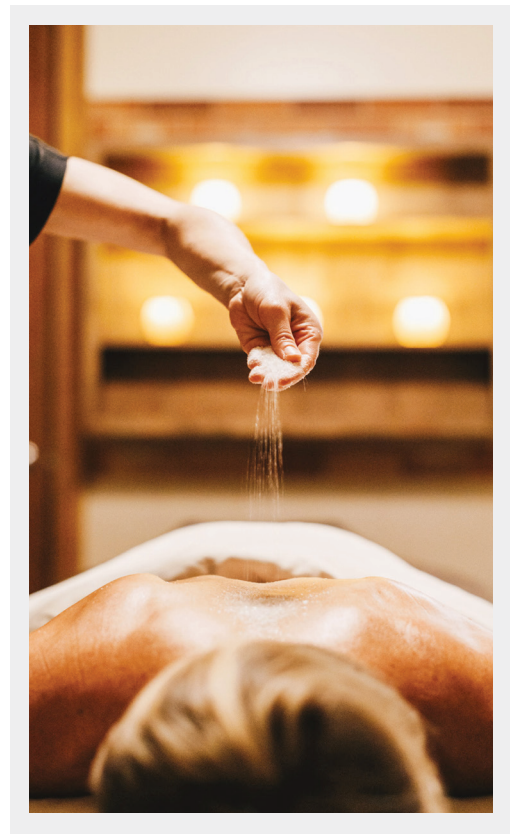
## SPA & WELLNESS

Relax or recover after a day of outdoor adventure with a treatment or hydrotherapy in our Spa. The full-service Spa offers an array of locally-inspired treatments, including body therapies, facials, and massage. Immerse tired muscles into the warm waters of our tranquil whirlpools, or take the exhilarating plunge into our cold tub to awaken the body and reduce inflammation.

### AUTUMN SPICE SCRUB

Inspired by rudeneja, the Lithuanian sentiment for the transition into fall, our seasonal Autumn Spice Scrub features a rich, exfoliating polish to leave the body invigorated and glowing. A sugar scrub combining cardamom, ginger, clementine, bergamot, vanilla, black pepper, cinnamon bark, clove bud and ylang-ylang warms the body and refreshes the skin. After a Swiss rainfall shower rinses away dull cells, a silky blend of vanilla and sweet almond oil is applied to the body. The treatment concludes with a spice-blended conditioning foot wrap to quench dry skin.

This 60-minute treatment is offered for \$260 for the months of October and November.



## OUTDOOR HEATED POOL

Take a dip as the alpine glow sets in just before dusk. Relax tired muscles in any of our three outdoor heated spa tubs, while towels and robes are kept warm in heater boxes.



# DESTINATION PROGRAMMING & ADVENTURE

Please contact the concierge to reserve your destination experience.

## WILDLIFE SAFARI

Embark upon a half or full day wildlife safari, exploring the National Elk Refuge and Teton National Park in search of the area's abundant wintering wildlife. Thousands of mule deer, elk, moose, bighorn sheep and bison migrate into the valley in search of food each year along with coyotes, foxes, bald and golden eagles, swans, and wolves. Enjoy gourmet food and beverages, and luxury transportation directly from the Resort.

## A DAY WITH THE WOLVES

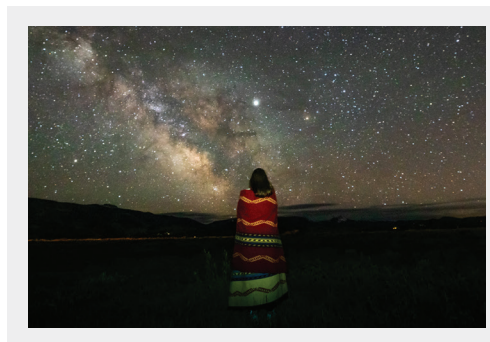
Explore our deep connection with the gray wolf population of Yellowstone National Park. Embark on a private flight as you journey across the country's most pristine wilderness and be guided by an expert naturalist with the opportunity to view wolves in their natural habitat. This experience must be booked in advance.

## JACKSON HOLE TOWN SQUARE

The charming town square in Jackson Hole is surrounded by restaurants, art galleries, and retail shops. Be sure to check out the weekly calendar of events online, as the town square is a vibrant place of activity year-round, hosting numerous fun and lively events.

## STARGAZING

Experience some of the darkest skies in North America, providing the perfect backdrop for stargazing. Each session lasts one and a half hours and includes the use of a state-of-the-art telescope for an intimate view of nebulas, the cosmos, and more. Refreshments include wine, cheese, charcuterie and desserts.



# DESTINATION PROGRAMMING & ADVENTURE

Please contact the concierge to reserve your destination experience.

## MUSEUMS & GALLERIES

Jackson Hole boasts an abundance of museums and galleries. Be sure to allot time to visit the acclaimed National Museum of Wildlife Art, situated on a butte overlooking the National Elk Refuge.

## JACKSON HOLE SHOOTING EXPERIENCE

Learn to shoot or improve your skills with a team of dedicated instructors, committed to safety, and passionate about the sport of shooting. Seasonal choices include both clay shooting and archery, as well as an array of other options.



# SIGNATURE FALL COCKTAILS

Enjoy our specialty seasonal cocktails as you toast with family and friends to a day well spent.

## APPLE CIDER HOT TODDY

Bourbon, honey, spiced house cider, lemon.

## BACKCOUNTRY OLD FASHIONED

Wyoming whiskey single barrel, brown sugar, cinnamon, clove, orange

## FALL SANGRIA

Red wine, cognac, vanilla, clove, citrus







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# RESORT DINING

**FOR RESERVATIONS & INFORMATION, PLEASE CALL 307-732-5188**

## **WESTBANK GRILL**

Enjoy panoramic views of Teton Village and Rendezvous Peak, a dynamic open kitchen, and a cozy setting for breakfast or dinner at our inviting mountain steakhouse.

## **ASCENT LOUNGE**

See what our creative bartenders have in store this season at our popular, slope-side bar, with a menu of “Mountain Mediterranean” shareable favorites, perfect for enjoying by the wood-burning fireplace or on the heated outdoor patio.

## **THE HANDLE BAR**

Hungry skiers, travelers and revel rousers, this is the place for you. Grab a seat at our American pub and beer hall, featuring a wide selection of American and international beers, whiskeys and provisions.