

GO OUTBOUND YOUNG EXPLORERS

A brand-new camp experience



Beyond fun, sports and adventure, camp will focus on a Pura Vida purpose each session— like boosting confidence, inspiring perseverance, tackling conservation or teambuilding. Every day is the chance to do something completely different. So make the most of it with a few full days or a week. Every week, Tuesday through Saturday, one 3-hour outbound is offered for each camp cohort: tweens (ages 8-12) and teens (ages 13-16).



SPA & FITNESS

Inspired by the traditions of Central America, our spa is a world-class destination for healing, renewal, and reconnection. Recently renovated, the design embodies a harmonious blend of luxury and effortless sophistication. Here, you can also try innovative wellness classes or book a private session at our state-of-the-art fitness center.



SURF X

The SurfX luxury surf school is an ideal learning location for all ages and abilities. Whether you're a first-timer looking to discover something new, or a pro who wants to refine your skills, the waves of Costa Rica provide the perfect learning environment.



TASTING SERIES

Savour the country's finest exports – rum, coffee and craft beer while you embark on a guided journey with our local experts. They will share the knowledge, passion, and pride while engaging and delighting you with first-hand stories of the beauty of Costa Rica and its people.



KFAS & "TUANIS" FAMILY CENTER

Kids For All Seasons offers exciting adventures for children (4–12 years). This complimentary program includes indoor and outdoor activities led by our professional staff. For fun for the whole family, you can book Tuanis, a private space to enjoy a variety of games and entertainment. Please contact Concierge for reservations.



PAPAGAYO EXPLORERS

Discover the natural wonders of Peninsula Papagayo with our exclusive in-house adventure outfitter, The Papagayo Explorers. Led by local expert guides, biologists, naturalists and translators, the eco-adventures showcase the spirit of Peninsula Papagayo. Whether by land or by sea, The Papagayo Explorers offers more than 25 "only-here" experiences.



CRECIENDO JUNTOS "Growing Together"

Make your vacation even more meaningful by joining our efforts in the local community with our partner, Creciendo Juntos. In these turbulent times, Creciendo Juntos is leading the effort to provide life-saving food to at-risk families in nearby communities. Your financial support can make a great difference. You can also contribute with backpacks, school supplies and books for the upcoming school year. Please contact Concierge for reservations.

DINING

A Ñ E J O
CRUDOS + TAPAS BAR

PESCE
ITALIAN SEAFOOD KITCHEN



N
NEMARE
LATIN STEAKHOUSE


POOL & BEACH



WEEKLY ACTIVITIES GUIDE



Live Music - Check our daily schedule at Añejo

AUGUST 1ST - AUGUST 31ST

Enjoy our resort activities, planned just for you. Many are complimentary, some have small fees. Advanced reservations are highly encouraged to ensure a space for you. All activities have reduced capacity by 50% to maintain physical distancing.




MONDAY

- 8:00-9:00 Paddleboard Tour for Beginners* | Blanca Beach
- 8:00-9:00 Pura Vista* | Spa (\$25)
- 8:30-10:30 Play with the Pro* | Golf Course (\$175)
- 9:30-10:30 Body Weight Workout* | Spa (\$25)
- 10:00-11:30 Mangrove Walk in Nacascolo Beach* | Lobby
- 10:00-11:00 Drill Workout Clinic* | Tennis (\$35)
- 1:00-2:00 Coffee Class* | Pesce 
- 12:30-1:30 Cooking Demonstration* | Bahia Kitchen 
- 1:30-3:00 Trail of the Giants* | Spa Lobby 
- 2:00-3:00 Beach Volleyball | Blanca Beach 
- 3:00-4:30 Adventure Cycling Tour* | Lobby
- 4:00-5:00 Rum & Chocolate Tasting* | Pesce
- 5:30-6:30 Sunset Kayak Tour* | Blanca Beach 






TUESDAY

- 8:00-9:30 Monkey Head Kayak Tour* | Blanca Beach
- 8:00-9:00 SPIN* | Spa (\$25)
- 8:00-9:00 Beach Yoga* | Spa (\$25)
- 9:30-10:30 Stretch* | Spa (\$25)
- 9:00-7:00 Artisan Market | Blanca Pool 
- 10:00-11:00 Full Swing Golf Clinic* | Driving Range
- 10:00-11:00 Cardio Tennis* | Tennis Courts (\$35)
- 10:00-11:30 Snorkeling Exploration* | Blanca Beach
- 12:30-1:00 Catch of the day* | Bahia Kitchen 
- 1:30-3:00 Trail of the Giants* | Spa Lobby 
- 1:30-2:30 Costa Rican Wildlife Lectures* | Nature Center 
- 2:00-3:00 Bean Bag Toss Game | Blanca Beach 
- 3:00-4:00 Latin Dance Class* | Lobby 
- 4:00-5:00 Infused Rum Tasting* | Pesce
- 5:00-6:30 Sunset Bike Tour* | Lobby

WEDNESDAY

- 6:00-8:30 Kayaking & Snorkeling* | Blanca Beach 
- 6:20-8:20 Bird-watching & Photography* | Lobby (\$45) 
- 8:00-9:00 Pura Vista* | Spa (\$25)
- 8:00-9:00 Beach Yoga* | Spa (\$25)
- 8:30-10:30 Play with the Pro* | Golf Course (\$175)
- 9:30-10:30 Body Weight Workout* | Spa (\$25)
- 10:00-11:30 Mangrove Walk in Nacascolo Beach* | Lobby
- 10:00-11:00 Tennis Doubles Strategy* | Tennis (\$35)
- 1:30-3:00 Trail of the Giants* | Spa Lobby 
- 2:00-3:00 Beach Volleyball | Blanca Beach
- 2:00-3:00 Chocolate Workshop* | Lobby (\$35) 
- 3:00-4:00 Croquet Game | Blanca Beach 
- 4:00-5:00 Rum & Chocolate Tasting* | Pesce
- 5:30-6:30 Sunset Kayak Tour* | Blanca Beach
- 7:00-7:45 S'mores Night* | KFAS 

THURSDAY




- 8:00-9:00 SPIN* | Spa (\$25)
- 8:00-9:30 Stand-Up Paddleboard Tour* | Blanca Beach
- 9:00-7:00 Artisan Market | Blanca Pool 
- 9:30-10:30 Stretch* | Spa (\$25)
- 10:00-11:00 Groundstrokes Tennis Clinic* | Tennis (\$35)
- 10:00-11:00 Short Game Golf Clinic* | Driving Range
- 10:30-11:30 Snorkeling Exploration* | Blanca Beach
- 1:00-2:00 Coffee Class* | Pesce
- 12:30-1:30 Cooking Demonstration* | Bahia Kitchen 
- 1:30-3:00 Trail of the Giants* | Spa Lobby 
- 2:00-3:00 Beach Volleyball | Blanca Beach 
- 3:00-4:30 Adventure Cycling Tour* | Lobby
- 4:00-5:00 Enology Class* | Pesce
- 6:30-7:30 Laser Tag* | Tuanis 

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FRIDAY

- 7:45-10:00 Nacascolo Beach Kayak Tour* | Blanca Beach
- 8:00-9:00 Pura Vista* | Spa (\$25)
- 8:00-9:00 Beach Yoga* | Spa (\$25)
- 8:30-10:30 Safari Nature Ride* | Lobby (\$55)
- 9:00-7:00 Artisan Market | Blanca Pool 
- 9:30-10:30 Stretch* | Spa (\$25)
- 10:00-11:00 Drill Workout Clinic* | Tennis (\$35)
- 10:00-11:00 Paddleboard Tour for Beginners* | Blanca Beach
- 12:30-1:00 Catch of the day* | Bahia Kitchen 
- 1:30-3:00 Trail of the Giants* | Spa Lobby 
- 2:00-3:00 Bocce Game* | Blanca Beach 
- 2:30-4:00 Mangrove Walk in Nacascolo Beach* | Lobby
- 3:00-4:00 Latin Dance Class* | Lobby 
- 4:00-5:00 Infused Rum Tasting* | Pesce
- 6:00-7:30 Games at the Courts* | Tuanis 

SATURDAY

- 6:00-8:30 Kayaking & Snorkeling* | Blanca Beach
- 8:00-9:00 SPIN* | Spa (\$25)
- 8:30-10:30 Play with the Pro* | Golf Course (\$175)
- 9:00-7:00 Artisan Market | Blanca Pool 
- 9:30-10:30 Stretch* | Spa (\$25)
- 9:30-10:30 Stand-Up Paddleboard Tour* | Blanca Beach
- 1:00-2:00 Coffee Class* | Pesce 
- 1:30-3:00 Trail of the Giants* | Spa Lobby 
- 2:30-4:00 Guided Nature Hike* | Blanca Beach
- 4:00-5:00 Rum & Chocolate Tasting* | Pesce
- 4:00-5:00 Yoga 4 ALL* | Spa (\$25) 
- 5:00-6:00 Pickleball Game* | Teen Center 
- 6:30-7:30 Laser Tag* | Tuanis 
- 7:00-7:45 S'mores Night* | KFAS 

SUNDAY

- 8:00-9:30 Jicaro Beach Kayak Tour* | Blanca Beach
- 8:00-9:00 Sound Healing* | Spa (\$25)
- 8:00-9:00 Beach Yoga* | Spa (\$25)
- 9:30-10:30 Pilates* | Spa (\$25)
- 10:00-11:00 Snorkeling Exploration* | Blanca Beach
- 1:30-3:00 Trail of the Giants* | Spa Lobby 
- 2:00-3:00 Bean Bag Toss Game* | Blanca Beach 
- 3:00-4:30 Adventure Cycling Tour* | Lobby
- 3:00-4:00 Connect Four Tournament* | Blanca Beach 
- 4:00-5:00 Mixology Class* | Pesce
- 5:00-6:00 Basketball Game* | Teen Center 
- 6:30-7:30 Laser Tag* | Tuanis 

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 Family oriented

Feeling Social?
Share your photos by using our
geotag and mention @fscostarica
for the chance to see your photos on our channels
#FSCostaRica #FSPuraVida



it's 4 a.m., but can i get breakfast?

Of course. Sweet or Savoury?



NEED ANYTHING?
LET'S CHAT.



 Text us on WhatsApp
+506 2696 0000

Surf Lessons: Reservations With Concierge or at Ext:4188

*Reservations are required
Price is per person. Please contact Concierge at
Ext. 4433 - 4434 or chat with us on the APP



KFAS
KIDS FOR ALL SEASONS



KIDS ACTIVITIES

GET READY TO LET LOOSE, LAUGH AND PLAY

HERMIT CRAB RACES
SAND SCULPTURES
PURA VIDA GAMES

MINI-GOLF ADVENTURE
AQUA GAMES
AND MORE!

ADVANCED RESERVATIONS
ARE REQUIRED

PLEASE BRING
WITH YOU:



FIND US ON VIRADOR BEACH
DAILY FROM 8AM - 5PM
EXT 4605



FOUR SEASONS
RESORT
COSTA RICA AT PENINSULA PAPAGAYO

THIS WEEK AT KFAS



AUGUST - 2021

Join us on a new adventure every day, make new friends and learn about Costa Rica!
At KFAS we commit to our stringent health and safety policies and procedures.
The parent or guardian of the child must enroll in the program by completing an authorization form.

MONDAY

8:30am Kids Fitness and Yoga
9:30am Kids Beach Soccer
10:30am Aqua Games

LUNCH

1:00pm Arts & Crafts
2:00pm Cupcake Decoration
3:00pm Hermit Crab Races
4:00pm Science Experiment
5:00pm Adios!
6:00pm Kids Laser Tag Session

TUESDAY

8:30am Spanish Lessons
9:30am Sandcastle Building
10:30am Aqua Games

LUNCH

1:00pm Arts & Crafts
2:00pm Costa Rica Wildlife
2:45pm Pickeball Clinic
4:30pm Musical Quiz
5:00pm Adios!
6:00pm Dive In Movie

WEDNESDAY

8:30am Beach Relays
9:30am Aqua Fun Basketball
10:30am Pura Vida Games

LUNCH

1:00pm Canvas Painting
2:30pm Bailemos folklore!
3:00pm Spanish Lessons
4:00pm Beachcombing
5:00pm Adios!
7:00pm Smores Night

THURSDAY

8:30am Nacascolo Marine Life
9:30am Aqua Games
10:30am Origami Workshop

LUNCH

1:00pm Pintemos Souvenirs!
2:00pm Act It Out!
3:00pm Mini-Chef Competition
4:00pm Fun in the Sun!
5:00pm Adios!
7:00pm Neon Pool Night

FRIDAY

8:30am Kids Fitness and Yoga
9:00am Beach Olympics
10:00am Aqua Games

LUNCH

1:00pm Shirt Tie-Dye
3:00pm Hermit Crab Races
4:00pm Science Experiment
5:00pm Adios!
7:00pm Kids Jungle Party

SATURDAY

8:30am Fly kites
9:30am Aqua Games
10:30am Fun Games At Tuanis

LUNCH

1:00pm Mix and Make Slime
1:30pm Act It Out!
2:00pm Movie Matinee
4:00pm Treasure Hunt
5:00pm Adios!
7:00pm Smores Night

SUNDAY

8:30am Kids Fitness and Yoga
9:15am Learn About Nature
10:30am Aqua Games

LUNCH

1:00pm Arts & Crafts
2:00pm Pura Vida Games
3:00pm Afternoon Monkey Hike
4:00pm Talent Show
5:00pm Adios!
6:00pm Movie Night

TEENS WEEKLY ACTIVITIES

- Beach Volleyball
- Basketball Tournament
- Foosball Tournament
- Air Hockey Tournament
- Teens Pickeball Tournament
- Video Games Tournament
- Make Your own friendship Bracelet
- Nature Hike

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Reservations are required
Please contact Concierge at Ext.4433 -
4434

For teens activities check our daily
schedule at KFAS terrace or Contact
us at Ext 4606 - 4605