

YOUR *invitation* TO OUR LIFESTYLE MEMBERSHIP
BELONG TO THE ULTIMATE
URBAN RESORT



FOUR SEASONS
HOTEL
BAHRAIN BAY



FOUR SEASONS HOTEL BAHRAIN BAY - THE SPA

The Privileges

DISCOVER ALL THE BENEFITS OF MEMBERSHIP

Single, Couple and Family Memberships

Enhance your everyday lifestyle with island membership at the Four Seasons Hotel Bahrain Bay. Dine at restaurants and lounges with privileges. Work out in the two fitness centers and dive into five swimming experiences while enjoying our private white sand beach.

Relax with facials, massages, and body treatments in the spa, while your children have fun at Kids For All Seasons, Water Play Park and The Beach Club. Every moment is elevated with warm, thoughtful Four Seasons service, bringing extra pleasure to your daily routine.



The Health Club

WORK OUT AT THE TWO FITNESS CENTERS

Unisex and Ladies Only options

Our two fitness centers are designed to motivate and keep you in top condition. Both gyms include free weights, weight-training machines, cutting edge Techno Gym and Life Fitness cardio equipment with integrated TVs.

Enjoy an extensive, ever-changing array of classes, including spinning, Aqua-Flat, and Anti-Gravity-fit, or run the jogging trail around the island. Enhance your workout with a Four Seasons fitness assessment and Bahrain's most inspiring personal trainers.





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Swimming

DIVE INTO FIVE SWIMMING EXPERIENCES, INCLUDING OUR PRIVATE BEACH

The 160-metre expanse of private white sand beach curves along our island's sun-drenched southern shore.

Swim invigorating strokes in the spa's skylit indoor lap pool, or savor the peaceful adult-only pool, surrounded by six air-conditioned super cabanas. Children can play at the Kids For All Seasons pool and the Beach Club, then join you at the family pool and water play park, featuring an infinity-edge curving along the edge of the island. The Four Seasons team is always at your service, bringing towels and cool drinks.



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The Spa

RELAX AND REJUVENATE
IN ONE OF THE LARGEST
FOUR SEASONS SPAS

In this serene sanctuary, experience deluxe facials, body treatments, massage therapies, and signature treatments – all influenced by the rich spa cultures of Thailand, Bali, and India. Rejuvenate at the Moroccan Bath, the cool mist, and the whirlpool. Then, deepen your relaxation and indulge in the authentic massages by the Four Seasons therapists, who are distinctive in Bahrain with their expertise.



The Dhow

CHILDRENS' FUN-FILLED AQUATIC PLAYGROUND

The Dhow promises endless days of sliding, splashing, and floating with more than 70 features and seven slides. Inspired by the design of the traditional Bahraini Dhow which takes center stage, the epic waterpark will be the place for your children to cool off and have endless fun.



The Beach Club

THE BEACH CLUB FOR THE TEENS

It's game on in Bahrain with the newly launched Beach Club for teens. Think laidback California surf shack meets gamers' fantasy haven, with a side of sophisticated beach-style living. The ice cream shop within serves scoops of Italian ice cream made in Bahrain.





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For Family

SPEND MORE TIME TOGETHER
OR GIVE AWAY YOUR CHILDREN
A HOLIDAY OF THEIR OWN

Whether for a family day by the pool or a custom-designed birthday celebration, Four Seasons Hotel Bahrain Bay is a marvelous place to share memorable moments. When parents want time for a workout or spa treatment, children can join our world-renowned Kids For All Seasons program. Designed for ages 4 to 12, these activities are fun as well as educational, including arts and crafts, games, movies, and storytelling. It's like a holiday getaway, just for them!



Dining

ELEVATED DINING EXPERIENCES,
INCLUDING THREE RESTAURANTS
BY WORLD-RENOWNED CHEF WOLFGANG PUCK

Among the distinguished dining options are the cutting-edge and award-winning steakhouse, CUT, and the high-rise sushi lounge with a modern take on the Asian cuisines by celebrity Chef Wolfgang Puck, re/Asian. Four Seasons Hotel Bahrain Bay is the place to be, whether for a casual lunch or a lavish dinner celebration.





Membership

ONE YEAR MEMBERSHIP

- SINGLE MEMBERSHIP
- COUPLE'S MEMBERSHIP
- FAMILY MEMBERSHIP

Children Policy: 2 adults with 2 children below 18 years old. Additional child below 18 years with an additional fee.



BENEFITS AND PRIVILEGES

- 50% discount on laundry
- 50% discount on rental fee of the cabanas, except during special events
- 40% discount on spa treatments on weekdays (Sundays to Wednesdays)
- 20% discount on spa treatments on weekends (Thursdays to Saturdays)
- 20% discount on spa retail items
- 20% discount on published room rates when the member is a hotel guest
- 20% discount on all restaurants for a maximum of 5 guests per membership
- 10% discount on TIGI Salon
- Access to The Dhow water play park
- Access to The Beach Club
- Access to Kids For All Seasons (for Family Membership only)
- BHD 50 credit for birthday celebrations per child at Kids For All Seasons (for Family Membership only)
- Voucher of BHD 40 for use in the Hotel's restaurants and lounges
- Complimentary Wi-Fi in hotel premises, indoor and outdoor
- Daily ladies-only time period at the indoor adults pool
- Complimentary 2 x 60 minutes treatment vouchers per adult member
- Complimentary daily laundry of sports attire
- Complimentary non-motorized water-sports activities
- Complimentary group exercise classes in the ladies-only gym
- Complimentary group exercise classes in the unisex gym
- 1 complimentary personal training session (60 minutes)
- Access to the wet areas, Including large whirlpool, steam bath, salt inhalation room and experience shower
- 12 day passes

All above discounts exclude tax and service charges. Members are entitled to bring guests at a cost of BHD 25 for adults and BHD 12.5 for children ages Between 2 and 12. It is limited to 2 guests per membership per day and it excludes public holidays. Membership applications are subject to committee approval.





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TO MOVE FORWARD WITH YOUR MEMBERSHIP PLEASE COMPLETE OUR APPLICATION FORM

If you have any questions, please contact us:

(973) -1711-5000 | [FOURSEASONS.COM/BAHRAIN](https://www.fourseasons.com/bahrain)

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