

AUTUMN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*RESERVATIONS, PRICING, + CLASS DESCRIPTIONS - Please contact Driftwood Spa for information on Fitness Classes and to reserve your spot. - Please contact the Front Desk for all other activity pricing and descriptions. - Advance reservations are required for all classes and activities. - Some classes require a minimum number of participants to ensure the class will be held. - To avoid cancellation fee, please cancel no later than 8:30PM the night prior.						
			1	2	3	4
			9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 3 PM Craft & Crust*	10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 5 PM-6 PM <i>Owner Exclusive</i> Sips at Seasons 5:30 PM Chef's Table, Menu Tasting*	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 5 PM-8 PM Live Music at Seasons 5 PM Guided Batiquitos Lagoon Walk * 7 PM Spooky Showing at Summits Clubhouse	4 PM-5 PM Crafty Hour at Aviara Kid's Club 6 PM-7 PM S'mores at Palmera Firepit <i>**Visit the local Cardiff Farmers Market</i>
5	6	7	8	9	10	11
10 AM-2 PM Live Music at Seasons 3 PM-5 PM Cider and Snacks Cart 6 PM-7 PM S'mores at Palmera Firepit	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates*	9 AM-9:30 AM <i>Owner Exclusive</i> Coffee & Croissants 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga*	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 3 PM Craft & Crust*	10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 5 PM-6 PM <i>Owner Exclusive</i> Sips at Seasons 5:30 PM Chef's Table, Menu Tasting*	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 4:30 PM-5:30 PM Wine & Cheese Pairing Class* 5 PM-8 PM Live Music at Seasons 5 PM Guided Batiquitos Lagoon Walk * 7 PM Spooky Showing at Summits Clubhouse	4 PM-5 PM Crafty Hour at Aviara Kid's Club 6 PM-7 PM S'mores at Palmera Firepit
12	13	14	15	16	17	18
10 AM-2 PM Live Music at Seasons 4 PM - 5 PM Cocktail Class: Fireside Sips & Autumn Spirits 3 PM-5 PM Cider and Snacks Cart 6 PM-7 PM S'mores at Palmera Firepi	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 4:30 PM Chocolate Truffle Class with Chef Jane*	9 AM-9:30 AM <i>Owner Exclusive</i> Coffee & Croissants 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga*	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 11 AM Club Connect 3 PM Craft & Crust*	10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 5 PM-6 PM <i>Owner Exclusive</i> Sips at Seasons 5:30 PM Chef's Table, Menu Tasting*	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 5 PM-8 PM Live Music at Seasons 5 PM Guided Batiquitos Lagoon Walk * 7 PM Spooky Showing at Summits Clubhouse	4 PM-5 PM Crafty Hour at Aviara Kid's Club 6 PM-7 PM S'mores at Palmera Firepit
19	20	21	22	23	24	25
10 AM-2 PM Live Music at Seasons 3 PM-5 PM Cider and Snacks Cart 6 PM-7 PM S'mores at Palmera Firepi	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates*	9 AM-9:30 AM <i>Owner Exclusive</i> Coffee & Croissants 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga*	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 3 PM Craft & Crust*	10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 5 PM-6 PM <i>Owner Exclusive</i> Sips at Seasons 5:30 PM Chef's Table, Menu Tasting*	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 4:30 PM-5:30 PM Wine & Cheese Pairing Class* 5 PM-8 PM Live Music at Seasons 5 PM Guided Batiquitos Lagoon Walk * 7 PM Spooky Showing at Summits Clubhouse	4 PM-5 PM Crafty Hour at Aviara Kid's Club 6 PM-7 PM S'mores at Palmera Firepit <i>**Visit the local Cardiff Farmers Market</i>
26	27	28	29	30	31	ADDITIONAL OFFERINGS
10 AM-2 PM Live Music at Seasons 3 PM-5 PM Cider and Snacks Cart 6 PM-7 PM S'mores at Palmera Firepi	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates*	9 AM-9:30 AM <i>Owner Exclusive</i> Coffee & Croissants 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga*	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 3 PM Craft & Crust*	10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 5 PM-6 PM <i>Owner Exclusive</i> Sips at Seasons 5:30 PM Chef's Table, Menu Tasting*	9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 4 PM-6 PM Halloween Candy Cart 5 PM-8 PM Live Music at Seasons 7 PM Spooky Showing at Summits Clubhouse HALLOWEEN	*Please inquire with the front desk about a Guided Batiquitos Lagoon Walk (available on Saturdays & Sundays) *Please inquire with the Driftwood Spa about other fitness events happening during your stay <i>**Additional activities to do in our local community</i>