

\*RESERVATIONS, PRICING, + CLASS DESCRIPTIONS

- Please contact Driftwood Spa for information on Fitness Classes and to reserve your spot.
- Please contact the Front Desk for all other activity pricing and descriptions.
- Advance reservations are required for all classes and activities.
- Some classes require a minimum number of participants to ensure the class will be held.
- To avoid cancellation fee, please cancel no later than 8:30PM the night prior.

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates*	2 9 AM-9:30 AM <i>Owner Exclusive</i> Coffee & Croissants 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 2 PM-4 PM Pickleball Free Play	3 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 3 PM Craft & Crust* 4:30 PM - 5:30 PM Wine & Cheese Pairing Class*	4 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 5 PM-6 PM <i>Owner Exclusive</i> Sips at Seasons 5:30 PM Chef's Table, Menu Tasting*	5 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 5 PM-8 PM Live Music at Seasons	6 9 AM Guided Batiquitos Lagoon Walk * 11 AM Golf Putting Competition at Summits Clubhouse  **Visit the local Cardiff Farmers Market
7 10 AM-2 PM Live Music at Seasons 4 PM Bingo at Summits Clubhouse 6 PM-7 PM S'mores at Palmera Firepit	LABOR DAY 8 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates*	9 9 AM-9:30 AM <i>Owner Exclusive</i> Coffee & Croissants 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga*	10 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 3 PM Craft & Crust* 4:30 PM - 5:30 PM Wine & Cheese Pairing Class*	11 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 5 PM-6 PM <i>Owner Exclusive</i> Sips at Seasons 5:30 PM Chef's Table, Menu Tasting*	12 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 5 PM-8 PM Live Music at Seasons	13 9 AM Guided Batiquitos Lagoon Walk * 11 AM Golf Putting Competition at Summits Clubhouse 11 AM - 5 PM Del Mar's Food + Wine Festival* 4 PM - 5 PM Cocktail Class
14 10 AM-2 PM Live Music at Seasons 11 AM - 5 PM Del Mar's Food + Wine Festival* 4 PM Bingo at Summits Clubhouse 6 PM-7 PM S'mores at Palmera Firepit **San Diego Restaurant Week Begins .....	15 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates*	16 9 AM-9:30 AM <i>Owner Exclusive</i> Coffee & Croissants 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga*	17 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 11 AM Club Connect 3 PM Craft & Crust* 4:30 PM - 5:30 PM Wine & Cheese Pairing Class*	18 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 5 PM-6 PM <i>Owner Exclusive</i> Sips at Seasons 5:30 PM Chef's Table, Menu Tasting*	19 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 5 PM-8 PM Live Music at Seasons	20 9 AM Guided Batiquitos Lagoon Walk * 11 AM Golf Putting Competition at Summits Clubhouse .....
21 10 AM-2 PM Live Music at Seasons 4 PM Bingo at Summits Clubhouse 6 PM-7 PM S'mores at Palmera Firepit  **San Diego Restaurant Week Ends	22 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates*	23 9 AM-9:30 AM <i>Owner Exclusive</i> Coffee & Croissants 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga*	24 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 3 PM Craft & Crust* 4:30 PM - 5:30 PM Wine & Cheese Pairing Class*	25 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 5 PM-6 PM <i>Owner Exclusive</i> Sips at Seasons 5:30 PM Chef's Table, Menu Tasting*	26 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 5 PM-8 PM Live Music at Seasons	27 9 AM Guided Batiquitos Lagoon Walk * 11 AM Golf Putting Competition at Summits Clubhouse  **Visit the local Cardiff Farmers Market
28 10 AM-2 PM Live Music at Seasons 4 PM Bingo at Summits Clubhouse 6 PM-7 PM S'mores at Palmera Firepit	29 9 AM-10 AM Water Fitness* 10 AM-11 AM Pilates* 4:30 PM Chef Jane's Chocolate Truffle Class*	30 9 AM-9:30 AM <i>Owner Exclusive</i> Coffee & Croissants 10 AM-11 AM Pilates* 12 PM-1 PM Yoga Sculpt* 1 PM-2 PM Restorative Yoga* 2 PM-4 PM Pickleball Free Play	ADDITIONAL OFFERINGS  *Please inquire with the front desk about a Guided Batiquitos Lagoon Walk (available on Saturdays & Sundays)  *Please inquire with the Driftwood Spa about other fitness events happening during your stay  **Additional activities to do in our local community			