



FOUR SEASONS  
RESORT AND RESIDENCES  
ANGUILLA

FESTIVE PLANNING GUIDE 2018  
WELCOME HOME



# FROM THE GENERAL MANAGER WELCOME

Thank you for choosing to spend this festive season with us. We look forward to helping you create a fabulous, island-style, Caribbean celebration.

Whether this is your first time to Anguilla or a treasured family tradition, we are ready to delight you with a variety of experiences for all ages. Inside this brochure you'll find information to help you plan your stay. On Anguilla we like for you to be "limin" so you have plenty of time to relax and simply enjoy the natural beauty of time together.

We want you to have an unforgettably beautiful holiday vacation full of love, laughter and cherished moments.

Be sure to say hi and take a moment to share your experiences on social media. If you take a photo with a smiling employee, please be sure to tag it with #AnguillaSmiles.

We look forward to ensuring your Festive vacation exceeds your expectations.

*Happy Holidays!*



Jose Adames, General Manager

#FSAnguillaFestive

 @fsanguilla  @FourSeasonsAnguilla  fsranguilla



# NEW YEAR'S EVE

## SUNSET LOUNGE

COUNTDOWN TO 2019:

DJ 10:00 P.M. – 11:00 P.M.

**ARIZONA** 11:00 P.M. – 12:00 A.M.

FIREWORKS

**LOST KINGS** 12:00 A.M. – 2:00 A.M.

Ring in the New Year at Sunset Lounge with a celebration like no other. Reservations are required for VIP Tables and include a selection of celebratory beverages, appetizers and a dedicated server.

Please reserve your table by contacting our New Year's Eve Director of Festivities at [Tekeyo.Bodie@fourseasons.com](mailto:Tekeyo.Bodie@fourseasons.com). Tables start at \$5,000 and are on a first come/first serve basis.

This year's featured band is **ARIZONA**, the New Jersey-based trio of songwriters and producers who treat their music with the deliberation and diligence of a master painter. They transform guitars, keys, and vocals into brushstrokes of alternative, indie, and electronic dance pop.

The party continues after midnight with **Lost Kings**. They first became popular when they created progressive house remixes for song by artists including, Rihanna, Halsey and Imagine Dragons amongst others. In 2016 they released the single "Phone Down" which was featured on Billboard's Twitter Emerging Artists chart as well as obtaining the #5 spot on Spotify's Ten Most Viral Tracks.



# SPECIAL HOLIDAY DINING NEW YEAR'S EVE

## WHITE PARTY ON MEADS BAY BEACH

DATE: DECEMBER 31, 2018  
TIME: 6:00 P.M. – 10:00 P.M.  
PRICE: \$145 PER ADULT;  
\$72.50 FOR CHILDREN AGES 6 – 12;  
AGES FIVE AND UNDER COMPLIMENTARY  
Join the family friendly buffet on Meads Bay Beach. Wear all white (if you like) be prepared to fill your plates from a variety of food stations including a seafood buffet; a salad bar; Italian favorites; a grilling station; Caribbean favorites; plus an incredible dessert bar!

## COBÀ

DATE: DECEMBER 31, 2018  
TIME: 6:00 P.M. – 10:00 P.M.  
PRICE: \$260 PER ADULT;  
\$130 FOR CHILDREN AGES 6 – 12;  
AGES FIVE AND UNDER COMPLIMENTARY.  
RESERVATIONS ARE REQUIRED.  
From the welcome glass of champagne to the sinfully sweet dessert station, you'll be entertained all evening with the live stations of culinary delights. From carving to cooking, rolling to slicing, meet the Chefs as you select from your favorites including caviar, sushi, paella, roasted Wagyu rib eye, stone crab, poached lobster, and so much more.



RESERVATIONS ARE REQUIRED. PLEASE CONTACT THE CONCIERGE AT +1 264 333 8057 OR AT [CONCIERGE.ANGUILLA@FOURSEASONS.COM](mailto:CONCIERGE.ANGUILLA@FOURSEASONS.COM).

SPECIAL EVENTS

# NEW YEAR'S DAY

## NEW YEAR'S DAY BRUNCH AT COBÀ

\$65 PER PERSON; \$32.50 FOR CHILDREN AGES 6 TO 12. CHILDREN 5 YEARS OLD AND UNDER ARE COMPLIMENTARY.

Welcome the New Year from the picturesque water-views from Cobà. The special menu features all the regular favorites plus the addition of skirt steak, shrimp cocktail, assorted desserts plus the "Day-After Recovery Bar" featuring Bloody Mary's and Bellinis.

## DEAN'S GREEN SUPREME AT HALF SHELL

Welcome the New Year with one of Dean's specialty drinks made from the locally grown moringa tree with healing benefits. It's a great way to begin the new year!

## SLEEK & SLIMMING AT THE SPA

Treat your body like a temple with this detoxifying and firming treatment, guaranteed to leave your body looking sleek and smooth. This treatment begins with a body brushing to stimulate lymphatic drainage and detoxification followed with a hand-made crushed espresso bean exfoliation. Your body will then be covered in a European inspired Espresso Limón Slimming Oil formulated to purify and tone the body. This luxurious treatment will keep your body looking fabulous all year round.

## FITNESS CLASSES FOR ALL

Begin the day on a healthy start with our New Year's Boot Camp class or stretch and find inner peace with a Yoga session.

Remember the Fitness Center is open 24 hours for your convenience.



# HOLIDAY ACTIVITIES

## ACTION STATIONS AT BAMBOO BAR AND GRILL

**DAILY, BEGINNING AT 11:30 A.M. FEES APPLY.**  
Come meet the Chef and create a different special each day including: burgers, tacos, Johnny cakes, conch and more. Please check the schedule for daily offerings.

## COOKING CLASS

**BEGINNING AT 3:00 P.M. AT COBÀ. COMPLIMENTARY.**  
Learn how to make delicious Ceviche (Monday) and Johnny Cakes (Wednesday).

## MIXOLOGY CLASS

**DAILY AT 4:30 P.M. AT SUNSET LOUNGE. FEES APPLY.**  
Enjoy learning about the history of the drinks and take opportunity to make yourselves.

## COCONUT CONNECTION

Come enjoy freshly cut coconuts daily at Bamboo Pool at 11:00 a.m. Add a variety of rums to kick up the experience. Fees apply.

## S'MORES AND MORE

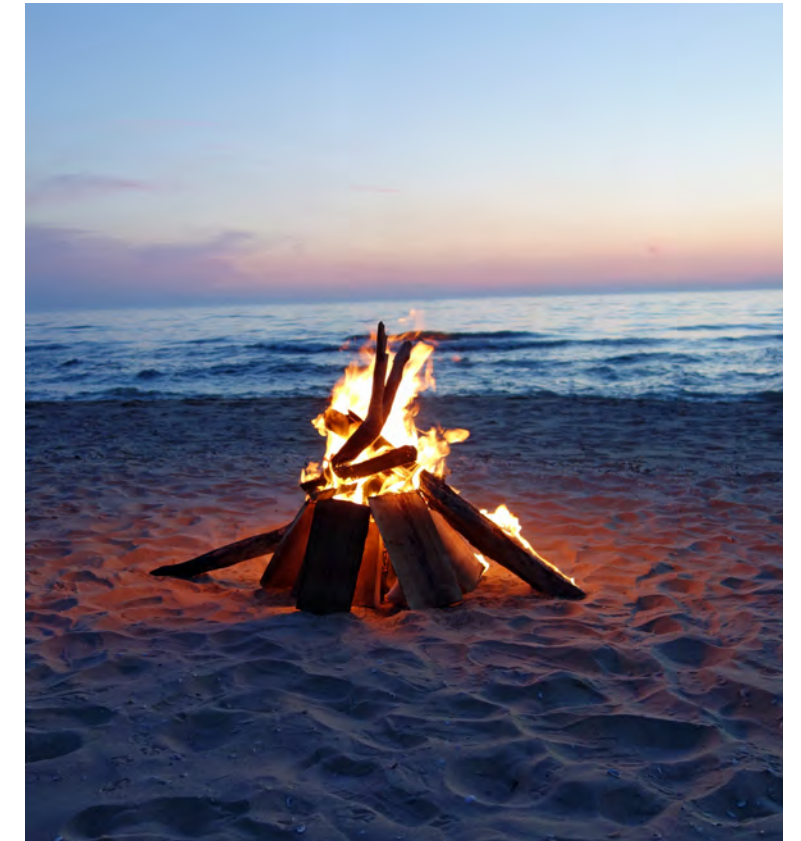
**DAILY, 7:30 P.M.**  
Come enjoy s'mores nightly at the Kids Club (KFAS).

## CATCH OF THE DAY

**SATURDAYS AND WEDNESDAYS AT 11:00 A.M. ON MEADS BAY BEACH. FEES APPLY.**  
A fisherman will come ashore, where he will be met by one of our Chefs and guests select their own fish/shellfish to be prepared for dinner that evening.

## RUM TASTING

**DAILY FROM 4:00 P.M. TO 5:00 P.M. AT BAMBOO BAR AND GRILL. FEES APPLY.**  
Each day a flight of three different rums will be offered. Food pairing will go along.



# ON-SITE DINING



## COBÀ SIGNATURE RESTAURANT

**CUISINE: LOCAL AND INTERNATIONAL STEAK & SEAFOOD**

**BREAKFAST: 7:00 A.M. – 11:30 A.M., DAILY**

**DINNER: 6:00 P.M. – 9:00 P.M. RESERVATIONS HIGHLY RECOMMENDED.**

Cobà sits at the convergence of Barnes Bay and Meads Bays, offering limitless sea vistas. Enjoy the island’s best breakfast buffet or choose from a delectable a la carte menu complete with fresh squeezed juices and tempting treats. For dinner, Cobà is a must-visit for the island’s freshest seafood and an incredible wine list.



## BAMBOO BAR & GRILL

**CUISINE: BEACH CLASSICS**

**OPEN DAILY FROM 7:00 A.M. – 9:00 P.M.**

**SUNDAY BRUNCH 11:00 A.M. – 4:00 P.M.**

**RESERVATIONS HIGHLY RECOMMENDED FOR DINNER.**

The beachfront restaurant provides an awe-inspiring view of Mead’s Bay, voted the best beach in the Caribbean.

## ON-SITE DINING

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### HALF SHELL BAR & RESTAURANT

CUISINE: CARIBBEAN CLASSICS

BAR: 9:00 A.M. – 5:00 P.M., DAILY

LUNCH: 11:30 A.M. – 5:00 P.M., DAILY

HALF SHELL SUNSET HOUR 5:00 P.M. – 7:00 P.M., DAILY

RESERVATIONS NOT ACCEPTED.

Half Shell is one of the resort's hidden treasures nestled on Barnes Bay beach. Enjoy Caribbean lobster rolls, fish tacos and sandwiches. Be sure to try a refreshing cocktail and stay for an unforgettable sunset.



### SUNSET LOUNGE & BAR

CUISINE: ASIAN

BAR: 9:00 A.M. – 11:00 P.M., DAILY

ALL-DAY MENU: 11:30 A.M. – 10:00 P.M., DAILY

RESERVATIONS NOT ACCEPTED.

The open-air Sunset Lounge features a variety of Pan-Asian inspired dishes including sushi, sashimi, and small bites to share. By using a variety of fresh herbs, fruits, and vegetables, our mixologists bring to life classic Caribbean cocktails with a contemporary twist. Enjoy live entertainment nightly.



### PRIVATE DINING EVENTS IN OUR VILLA AND RESIDENCES

Allow our Culinary Team to create the perfect special event or casual family dinner in your luxury accommodations. Each private event can be customized with a special menu, décor and entertainment to create the mood and ambiance to create an unforgettable experience. Must be booked 72 hours in advance. Kindly contact the events team at [ail.events@fourseasons.com](mailto:ail.events@fourseasons.com).



# LOCAL RESTAURANTS

## BLANCHARD'S

**HOURS:** MONDAY–SATURDAY. CLOSED SUNDAY.

**ATTIRE:** ELEGANTLY CASUAL

**LOCATION:** 5 MINUTES OUTSIDE RESORT BY TAXI, 12 MINUTE WALK ON THE BEACH

Surrounded by lush tropical gardens with the sea just a few steps beyond, guests dine by candlelight under lazy ceiling fans and rustling palms. Along with an award-winning wine list, Blanchard's features a creative menu with flavors from the Caribbean, Asia, America, and the Mediterranean in a comfortable, relaxed atmosphere.

## DA'VIDA

**HOURS:** OPEN FOR DINNER WEDNESDAY–SATURDAY. CLOSED SUNDAY–TUESDAY.

**ATTIRE:** ELEGANTLY CASUAL

**LOCATION:** 30 MINUTES OUTSIDE OF RESORT BY TAXI

This beachfront restaurant and club is located on Crocus Bay and has dining, drinking, and lounging under umbrellas on the comfortable chairs. You can picnic at the Beach Grill or head inside the main building for dumplings, soups, pastas, and pizzas.



## DOLCE VITA

**HOURS:** OPEN FOR DINNER 7 DAYS A WEEK

**ATTIRE:** CASUAL

**LOCATION:** 20 MINUTES OUTSIDE RESORT BY TAXI

Serious Italian cuisine with warm and attentive service are provided in a romantic beachside pavilion. Freshly-made pasta stars in classic lasagna, fettuccine bolognese, pappardelle with duck sauce, and a meatless eggplant parmigiana. A carnivorous quartet can pre-order suckling pig, or sample first-quality pork chops and steaks. Italian wine fans will discover new favorites from the cellar.

## MANGO'S SEASIDE GRILL

**HOURS:** OPEN FOR LUNCH & DINNER.

CLOSED ON TUESDAY.

**ATTIRE:** ELEGANTLY CASUAL

**LOCATION:** 5 MINUTES OUTSIDE RESORT BY TAXI, 10 MINUTE WALK ON THE BEACH

Mango's is an open-air restaurant and a beautiful beachfront eatery. Enjoy the healthiest cuisine on the island with the freshest local seafood. All the hot crusty rolls are made fresh daily. All desserts, including ice cream and sorbet are made on the premises. Enjoy a fine selection of world-class wines, which will help complete your evening as well as cordials and fine Cuban cigars.



WE HIGHLY RECOMMEND BOOKING RESERVATIONS IN ADVANCE AS SPACE IS LIMITED. RESERVATIONS FOR PARTIES OF 5 AND ABOVE REQUIRE A COMPLETED CREDIT CARD AUTHORIZATION FORM TO SECURE RESERVATIONS. RESTAURANTS WILL ONLY HOLD A TABLE FOR 48 HOURS, SHOULD THE FORM NOT BE RECEIVED THE RESTAURANT WILL CANCEL THE BOOKING. THE CLOSURE DAYS FOR RESTAURANTS FOR FESTIVE ARE SUBJECT TO CHANGE.



**PICANTE**

HOURS: OPEN FOR DINNER. CLOSED ON SUNDAY.  
ATTIRE: CASUAL

LOCATION: 2 MINUTES OUTSIDE RESORT BY TAXI  
This casual, wildly popular bright-red roadside Caribbean taquería, opened by a young California couple, serves huge, tasty burritos with a choice of fillings, fresh warm tortilla chips with first-rate guacamole, huge (and fresh) taco salads, seafood enchiladas, and tequila-lime chicken grilled under a brick. Passion-fruit margaritas are very good, and the creamy Mexican chocolate pudding makes a great choice for dessert.

**SANDBAR**

HOURS: OPEN FOR DINNER. CLOSED ON SUNDAY & MONDAY.  
ATTIRE: CASUAL

LOCATION: 20 MINUTES OUTSIDE RESORT BY TAXI  
Tasty and sharable small plates, great cocktails, and a friendly beach vibe are what you find at Sandbar on Sandy Ground. The inventive tapas are made to order. The spicy fries are a favorite, as are the ginger beef wontons, salt-fish beignets with lemon-chive aioli, and a refreshing dish of watermelon, feta, and olives.

**TRATTORIA TRAMONTO & OASIS BEACH BAR**

HOURS: OPEN FOR LUNCH AND DINNER.  
CLOSED ON SUNDAY & MONDAY.  
ATTIRE: CASUAL/ELEGANTLY CASUAL  
LOCATION: 5 MINUTES OUTSIDE RESORT BY TAXI.  
Trattoria Tramonto & Oasis Beach Bar offers authentic Italian cuisine, they offer some options that have an island twist. The view from one of the outdoor dining tables is the perfect appetizer to any meal. The beachfront, open-air design possesses all the style and comfort you want in your fine dining experience.

**VEYA**

HOURS: OPEN MONDAY – SATURDAY FOR DINNER, CLOSED SUNDAYS.  
ATTIRE: ELEGANTLY CASUAL  
LOCATION: 15 MINUTES OUTSIDE RESORT BY TAXI.  
Carrie Bogar’s “Cuisine of the Sun” features thoughtful but ingenious preparations of first-rate provisions. Sample Moroccan-spiced shrimp “cigars” with roast tomato-apricot chutney or Vietnamese-spiced calamari. Dessert includes a diner-favorite of the sublime warm chocolate with chili-roasted banana ice cream and caramelized bananas.



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### BLANCHARD'S BEACH SHACK

ATTIRE: CASUAL—NO RESERVATIONS NEEDED

LOCATION: 5 MINUTES OUTSIDE RESORT BY TAXI, 12 MINUTE WALK ON THE BEACH

Serving the tastiest of lunch favorites, and with a wide variety of menu options. Place your order at the window in “the Shack” and retreat to a colorful picnic table to enjoy tacos, salads, burgers and more. Enjoy a cool beverage under the shade of trees as you gaze out Meads Bay beach.

### DA'VIDA BAYSIDE GRILL

HOURS: OPEN FOR LUNCH DAILY

ATTIRE: CASUAL

RESERVATIONS: RECOMMENDED FOR DINNER

LOCATION: 30 MINUTES OUTSIDE OF RESORT BY TAXI

This beautifully designed restaurant and club is a place where you could spend the whole day dining, drinking, and lounging under umbrellas on the comfortable chairs. You can picnic at the Beach Grill or head inside the main building for dumplings, soups, pastas, and pizzas. Go for the music on Friday and Saturday nights.

### DUNE PRESERVE BEACH & BAR RESTAURANT

HOURS: OPEN DAILY

ATTIRE: CASUAL—NO RESERVATIONS NEEDED

LOCATION: 10 MINUTES OUTSIDE OF RESORT BY TAXI

For years, people have associated Anguilla’s famous reggae artist Bankie Banx with his seaside spot, The Dune Preserve. Set at the edge of Rendezvous Bay and overlooking the Caribbean Sea and St. Martin. The Dune Preserve is especially magical at night.

### ELVIS' BEACH BAR

HOURS: OPEN FOR LUNCH AND DINNER 7 DAYS A WEEK.

ATTIRE: CASUAL

RESERVATIONS: NO

LOCATION: 20 MINUTES OUTSIDE RESORT BY TAXI

Elvis' on Sandy Ground caters to needs of all kinds...all-night partying, afternoon cocktails, sunset drinks, and informal bites. The bar at Elvis' is actually a wooden boat! The menu ranges from chips and salsa, fries, and wings to a fish sandwich and cheeseburgers. From time to time you can catch live music or a DJ at Elvis'.

### FALCON'S NEST

HOURS OPEN FOR LUNCH AND DINNER.

CLOSED ON SUNDAY.

ATTIRE: CASUAL

LOCATION: 40 MINUTES OUTSIDE RESORT BY TAXI

Located right on the beach in Island Harbour, just next to the wharf, it cannot be missed! Laid back and unpretentious, just as a bar and grill on the beach should be. Anticipate and dress for a dining experience that is very casual.

### SUNSHINE SHACK BEACH BAR & RESTAURANT

HOURS OPEN FOR LUNCH AND EARLY DINNER UNTIL 5:00 P.M. CLOSED ON TUESDAY.

ATTIRE: CASUAL

LOCATION: 8 MINUTES OUTSIDE RESORT BY TAXI

The Sunshine Shack, locally referred to as “Garvey’s”, is co-owned and operated by a man who brightens everyone’s day with his smile. Rustic stools, chairs, and tables are under and surrounding the covered bar area. Enjoy ice cold beers, cocktails or something off of Garvey’s BBQ on the beach.

### VILLAGE BAKE HOUSE

HOURS OPEN FOR BREAKFAST,

WEDNESDAY–FRIDAY 7:00 A.M. – 1:00 P.M.

SATURDAY & SUNDAY 7:00 A.M. – 12:00 P.M.

CLOSED ON MONDAY & TUESDAY.

LOCATION: 10 MINUTES OUTSIDE RESORT BY TAXI

Enjoy a selection of freshly baked French pastries.

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# SPA & FITNESS

## SPA

HOURS 9:00 A.M. – 7:00 P.M.

Relax and recharge your mind and body with one of the many treatments offered at our Spa. Overlooking the blue sea from serene indoor and outdoor treatment areas, our two-story, luxury waterfront spa features individual and couples' treatment rooms, salon services and an outdoor infinity pool and tranquility area.

Kindly contact The Spa at +1 264 497 7000 or by email at [spa.anguilla@fourseasons.com](mailto:spa.anguilla@fourseasons.com) for inquiries.

## FITNESS CENTRE

HOURS: 24/7

**COST: CLASSES INCLUDE BOOT CAMP AND YOGA. ALL CLASSES ARE \$35 PER PERSON EXCLUSIVE OF A 10% SERVICE CHARGE. PRICES, DATES AND TIME ARE SUBJECT TO CHANGE WITHOUT NOTICE.**

Fitness classes take place on a weekly basis.



## KIDS FOR ALL SEASONS

Children love our popular, complimentary program available for children ages five through 12. In addition to our regular programming, our KFAS team has a variety of holiday themed activities, nightly Smores n more, plus a visit from Santa and his “island reindeer”. Each activity is supervised and includes a creative, educational, artful and island-inspired options throughout the day.



## KIDS FOR ALL SEASONS FACILITIES

**HOURS: 9:00 A.M. – 9:00 P.M. DAILY  
(DECEMBER 21ST – JANUARY 5TH)**

Each day brings a new island adventure. Allow you kids to discover new things and stay active, all while making new friends.

Our complimentary kids program offers the ultimate vacation experience for kids ages five through 12, with exciting indoor and outdoor facilities. Each day features different activities, games and art projects and outdoor adventures.

Enjoy the many features and services:

- Theatre room with a wide selection of movies, XBOX & Wii games
  - Ping Pong & Foosball Tables
  - Indoor craft area
  - Large variety of toys and games
  - Reading and story time corner
  - Outdoor sandbox and tunnel play area
- \* Advance reservations are not accepted or required. Children younger than 5 years of age must be accompanied by a parent/guardian

## TEEN TIME

Fill you teen’s vacation days with fun activities and new friends. We offer an array of activities for young adults, taking place around the Resort grounds and on the water, from beach volleyball and rock climbing to stand-up paddle boarding and kayaking.



## BABYSITTING SERVICES

**RATES ARE AS FOLLOW:**

- 8:00 A.M. – 6:00 P.M. \$15 FOR ONE CHILD, \$8 FOR EACH ADDITIONAL CHILD
- 6:00 P.M. – 11:00 P.M. \$17 FOR ONE CHILD, \$10 FOR EACH ADDITIONAL CHILD
- 11:00 P.M. – 8:00 A.M. \$22 FOR ONE CHILD, \$12 FOR EACH ADDITIONAL CHILD

\* MINIMUM OF 3 HOURS PER SESSION AND MAXIMUM 4 CHILDREN PER SESSION. RATES ARE SUBJECT TO CHANGE WITHOUT NOTICE  
We recommend booking these services now to ensure that your preferred date and time can be accommodated due to the high volume of requests.

# WATERSPORTS

## FOUR SEASONS SUNSET CRUISE (SHARED EXCURSIONS)

EVERY TUESDAY & FRIDAY DEPARTING AT 4:30 P.M. – 6:30 P.M.

PLEASE MEET IN THE RESORT LOBBY AT 4:15 P.M.

COST: \$120 PER PERSON FOR ADULTS, \$60 FOR CHILDREN 12 YEARS AND UNDER.

\*SIGN UP AT THE CONCIERGE PRIOR TO YOUR ARRIVAL OR AT LEAST 24 HOURS PRIOR TO TRIP. AVAILABILITY AND TIME ARE SUBJECT TO CHANGE AND EXCURSIONS ARE WEATHER DEPENDENT.

Enjoy a Sunset Cruise every Tuesday and Friday on a 38' bow rider. It's a picture-perfect way to experience the beauty of the Caribbean sunset and with a bit of luck, you may get to see the Green Flash along the horizon line! Open bar on board.

**SANDY ISLAND & LITTLE BAY:**  
MONDAY & THURSDAY FROM 9:00 A.M. – 12:00 P.M.

**PRICKLY PEAR & LITTLE BAY:**  
MONDAY & THURSDAY FROM 1:00 P.M. – 4:00 P.M.

COST: \$120 PER PERSON FOR ADULTS; \$60 FOR CHILDREN 12 YEARS AND UNDER.

\*SIGN UP AT THE CONCIERGE PRIOR TO YOUR ARRIVAL OR AT LEAST 24 HOURS PRIOR TO TRIP

Feel the excitement as you set off on a 38' bow rider for a snorkelling and sightseeing adventure. Let the tropical breezes embrace you as you cruise to nearby island keys. Sandy Island, Prickly Pear and Little Bay are some of the most picturesque and secluded beaches on Anguilla. Enjoy snorkelling in Anguilla's sparkling turquoise waters, where tropical fish and breath taking coral formations are abundant. This is the perfect way to enjoy the very best of this tropical paradise, both above and below the water. Open bar on board. Please meet in the resort lobby at 8:40 A.M. or 12:40 P.M.

## MOTORIZED WATER-SPORTS

AVAILABLE DAILY AT THE SEA CENTER FROM 10:00 A.M. – 5:00 P.M.

COST: 15 MINUTE RIDE, \$65 PER PERSON

- Tubing
- Banana Boating
- Knee-boarding
- Water-skiing
- Wakeboarding

## SAFARI TIGER TOURS

HOURS BY APPOINTMENT  
COST FOR 2 HOUR TOURS

- \$200 USD (SINGLE RIDER), \$230 USD (DOUBLE RIDER), MINIMUM 3 TIGER BOATS
- \$300 USD (SINGLE RIDER), \$330 USD (DOUBLE RIDER), 1-2 TIGER BOATS

\*PRICES AND AVAILABILITY ARE SUBJECT TO CHANGE AND ALL EXCURSIONS ARE WEATHER DEPENDENT. CANCELLATION POLICY IS 24 HOURS PRIOR TO DATE OF SERVICE OR FULL COST WILL BE APPLIED.

Freedom Rentals offers thrilling tiger boat excursions. Explore abandoned shipwrecks and world famous harbors. Departs from Sandy Ground.



# LAND ACTIVITIES

## SPORTS PAVILION

**HOURS: 8:00 A.M. – 7:00 P.M.**

At the Sports Pavilion, enjoy an active day of basketball, tennis, rock climbing and other activities to keep the adrenalin running. Learn from the Tennis Pro during his complimentary clinics for adults and children. Kick it into high gear at the Fitness Center, designed by Harley Pasternak, with treadmills, a full weight room and more.

## GOLF

**HOURS BY APPOINTMENT**

Cuisinart Golf Club provides the ultimate golf experience in the Greg Norman Signature Design 18-Hole Championship Course with breathtaking views and challenging, dramatic holes, where sand, wind and water blend seamlessly with Anguilla’s natural environment to present a golfer’s paradise.

## TENNIS

**HOURS 8:00 A.M. – 7:00 P.M.**

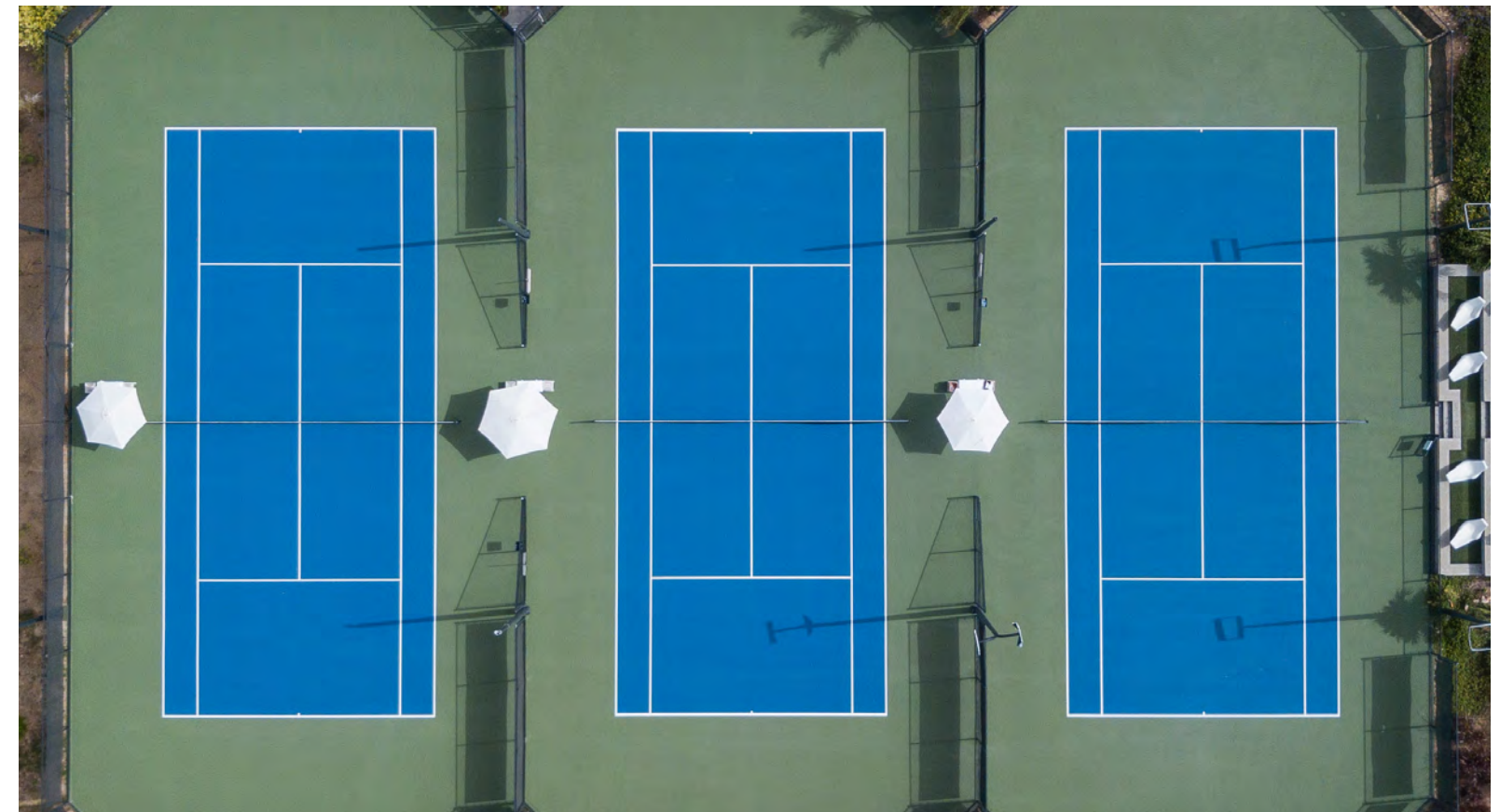
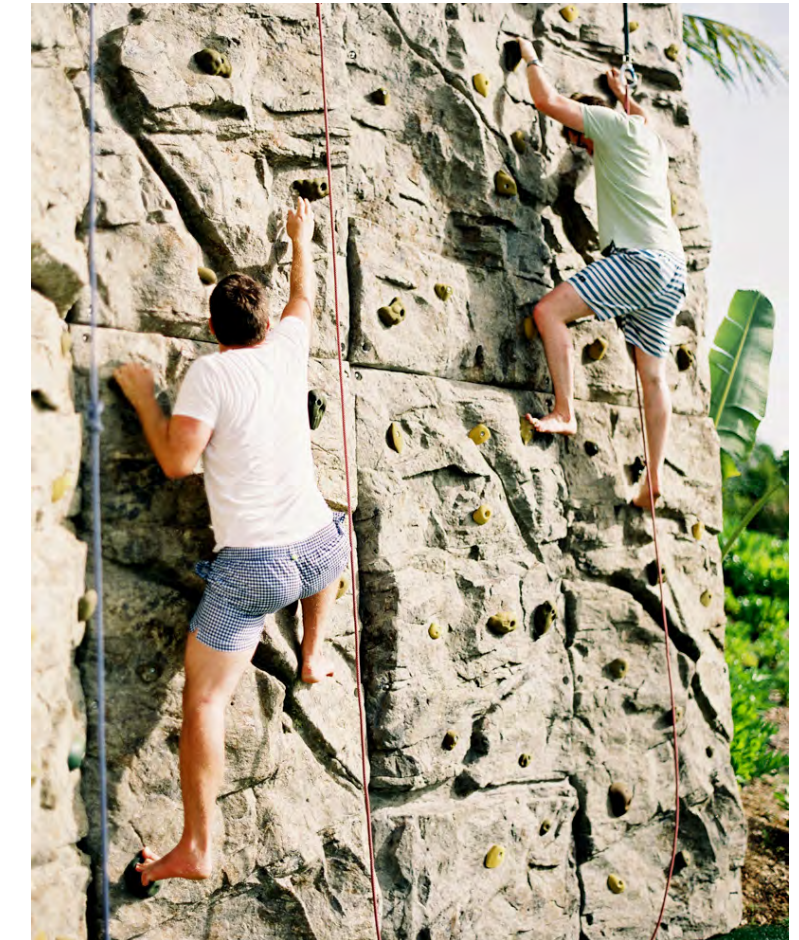
**COST COURT USE IS FREE, 1 HOUR OR 30 MINUTE LESSONS WITH A PRO CAN BE PRE-ARRANGED. IT IS RECOMMENDED YOU BOOK LESSONS IN ADVANCE TO ENSURE ON-COURT TIME. \$120, 1 HOUR, 1 PERSON; \$65, 30 MINUTES, 1 PERSON; \$140, 1 HOUR, 2 PERSON; \$90, 30 MINUTES, 2 PERSON**

Our Sports Pavilion includes a tennis pro shop that features a state-of-the-art facility. Our Tennis Pro will help you improve your game with a 30 minute session every Tuesday and Friday at 3:00 p.m. for adults and Thursdays at 3:00 p.m. for children (ages 4–12). Vallan Hodge Richardson, our Tennis Pro is a certified tennis instructor and a graduate of the Anguilla Tennis Academy. Vallan has been recognized as one of the top tennis players in Anguilla since the age of 15.

## ROCK CLIMBING

**HOURS: 8:00 A.M. – 7:00 P.M.**

Lessons available upon request.



## ATV TOURS

HOURS BY APPOINTMENT

COST

- GUIDED TOUR (2.5 HOURS): \$150 USD PER ATV (3 OR MORE ATVS), \$180 USD PER ATV (1-2 ATVS)
  - FULL DAY ON OWN (9:00 A.M. – 5:00 P.M.): \$130 USD PER ATV INCLUDES TEMPORARY ANGUILLA DRIVER'S LICENSE OF \$15 USD AND DELIVERY FEE TO RESORT OF \$30 USD
- \*PERSONS UNDER 18 YEARS OF AGE ARE NOT PERMITTED TO DRIVE ON THE ISLAND. ATV WILL HAVE A FULL TANK AND MUST BE RETURNED WITH A FULL TANK OR AN ADDITIONAL \$20 USD WILL BE CHARGED. PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

Take a guided tour with Freedom Rentals and learn about the island's rich history & culture or venture off on your own to shape your unique Anguilla experience.

## ISLAND PAINTING WITH A PUNCH

HOURS: TUESDAY BETWEEN THE HOURS OF 4:00 P.M. – 5:30 P.M. SIGN UP AT THE CONCIERGE PRIOR TO YOUR ARRIVAL OR AT LEAST 24 HOURS PRIOR TO TRIP

COST: \$60 PER GUEST INCLUSIVE OF 1 RUM PUNCH. PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE

Join artist Lynn Bernbaum in a painting class while enjoying a rum punch.

Lynn Bernbaum explores the geometry within nature and the nature of geometry within fine art by responding to a variety of external stimuli found in her surroundings on the Caribbean island of Anguilla.

## SHOPPING AT LIMIN' BOUTIQUE

HOURS: 10:00 A.M. – 5:00 P.M., MONDAY-FRIDAY. 10:00 A.M. – 4:00 P.M., SATURDAY. CLOSED ON SUNDAY.

LOCATION: 8 MINUTES OUTSIDE THE RESORT BY TAXI

Limin' Boutique curates refined & unique gifts, jewelry & apparel. Including: EXCLUSIVE Dune Jewelry hand designed from the Sands of Anguilla, EXCLUSIVE Mela beautiful hand crafted Italian Jewelry, Wine Bags & Totes handmade from Anguilla Racing Sails, beachwear & more.

## SHOPPING AT STRATA BOUTIQUE, FOUR SEASONS

HOURS: 9:00 A.M. – 7:00 P.M., DAILY

Be sure to visit our Boutique at the resort. Alongside collections by Missoni, Lucy Billett, and Jemma Sands, the Boutique showcases designer swimwear and sunglasses, international periodicals and beach reads, artisanal candies and snacks, plus a selection of Anguilla travel toiletries. Caribbean shopping has never been as accessible and personal as this.





## POOL PARTIES

Bring your energy, your smiles and your camera to the Aleta Pool to capture the fun at this over-the-top pool party featuring a DJ, and colorful inflatable pool toys.

<b>SATURDAY, DECEMBER 22</b>	<b>BUBBLES</b>
<b>TUESDAY, DECEMBER 25</b>	<b>EMOJI</b>
<b>THURSDAY, DECEMBER 27</b>	<b>AXA</b>
<b>SATURDAY, DECEMBER 29</b>	<b>ROSÉ ALL DAY</b>
<b>TUESDAY, JANUARY 1</b>	<b>RUBBLE BUBBLE</b>
<b>THURSDAY, JANUARY 3</b>	<b>AXA</b>



Want to experience the ultimate poolside experience? Rent a Cabana for more privacy in the shade plus a daybed for maximum sunning.

Secure a cabana for the day and enjoy these benefits:

- privacy
- beverage package (option of Basic or Premium package available)
- daybed
- cabana host

**LIMITED NUMBER OF CABANAS AVAILABLE.  
BASIC PACKAGE IS \$750; PREMIUM IS \$950.**

**FOR POOL PARTY/CABANA  
RESERVATIONS, PLEASE CONTACT  
TEKEYO BODIE AT 264-333-8007 OR  
EMAIL: TEKEYO.BODIE@FOURSEASONS.COM**



# CALENDAR

## DECEMBER / JANUARY

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**FOUR SEASONS**  
RESORT AND RESIDENCES  
ANGUILLA

### FRIDAY, DECEMBER 21

		LOCATION
6:30 A.M.	Sunrise Beach Walk*	Fitness Centre
8:00 A.M.	Soca HIIT*	Fitness Centre
8:30 A.M.	RPM Spin*	Fitness Centre
	Cross Fit*	Fitness Centre
9:00 A.M.	Make a Birdie	KFAS
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Nature Walk	KFAS
10:30 A.M.	Kids Boot Camp*	KFAS
	Kids Spin*	Fitness Centre
11:00 A.M.	Coconut Stand	Bamboo
	Board Games	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
1:00 P.M.	Paper Plate Crafts	KFAS
2:00 P.M.	Design Your Own Canvas Bag or Visor	KFAS
3:00 P.M.	Outdoor Fun (Cricket, Bowling, Tug o War, Egg n Spoon Race, Sack Race)	KFAS
	Kids Yoga*	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Crafts of Choice	KFAS
4:15 P.M.	Sunset Cruise**	
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
8:00 P.M.	Omalié 360 (8:00 P.M. – 11:00 P.M.)	Sunset Lounge

\* Fee for this activity

\*\* Fee and reservation required for this activity

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**FOUR SEASONS**  
RESORT AND RESIDENCES  
ANGUILLA

### SATURDAY, DECEMBER 22

		LOCATION
8:30 A.M.	RPM Spin*	Fitness Centre
	Hatha Yoga*	Fitness Centre
	Boot Camp*	Fitness Centre
9:00 A.M.	Mask Decorating	KFAS
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Shell Collection & Shell Art	KFAS
11:00 A.M.	Family Pool Party (Bubbles) (11:00 A.M. – 4:00 P.M.)	Aleta Pool
	Fish Market	Meads Bay
	Coconut Stand	Bamboo
	Craft Corner	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
1:00 P.M.	Outdoor Fun (Cricket, Bowling, Tug o War, Egg n Spoon Race, Sack Race)	KFAS
2:00 P.M.	Tie Die	KFAS
3:00 P.M.	Water Play	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Bingo	KFAS
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
	Pick-Up Basketball	ProShop
6:00 P.M.	Pajama Party & Games Night	KFAS
8:00 P.M.	Omalié360 (8:00 P.M. – 11:00 P.M.)	Sunset Lounge
	S'mores	KFAS

\* Fee for this activity

\*\* Fee and reservation required for this activity

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### SUNDAY, DECEMBER 23

		LOCATION
8:00 A.M.	Soca HIIT*	Fitness Centre
	Hatha Yoga*	Fitness Centre
8:30 A.M.	Body Pump DB*	Fitness Centre
9:15 A.M.	RPM Spin*	Fitness Centre
9:00 A.M.	Pirate Craft & Treasure Hunt	KFAS
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Kids Pizza Making Class** (10:00 A.M. — 12:00 P.M.)	Aleta
11:00 A.M.	Sunday FunDay Brunch (11:00 A.M. — 4:00 P.M.)	Bamboo Bar & Grill
	Coconut Stand	Bamboo
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
1:00 P.M.	Omalie360 (1:00 P.M. — 6:00 P.M.)	Bamboo
	Hair Braiding	KFAS
2:00 P.M.	Steel Pan Performance	Lobby
	Bubble Maker Program**	Aleta
3:00 P.M.	Cookie Decorating	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Mask Decorating	KFAS
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. — 7:00 P.M.)	Half Shell
6:00 P.M.	Movie Night	KFAS
7:00 P.M.	Shea Shea (7:00 P.M. — 10:00 P.M.)	Sunset Lounge
8:00 P.M.	S'mores	KFAS

\* Fee for this activity

\*\* Fee and reservation required for this activity

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### MONDAY, DECEMBER 24

		LOCATION
6:30 A.M.	Sunrise Beach Walk*	Fitness Centre
8:00 A.M.	Soca HIIT*	Fitness Centre
8:30 A.M.	RPM Spin*	Fitness Centre
	Cross Fit*	Fitness Centre
8:45 A.M.	Sandy Island Snorkeling Excursion**	
9:00 A.M.	Catching the Sun	KFAS
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Scavenger Hunt	KFAS
10:30 A.M.	Kids Boot Camp*	KFAS
	Kids Spin*	Fitness Centre
11:00 A.M.	Coconut Stand	Bamboo
	Professional Face Painting	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
12:45 P.M.	Prickly Pear Snorkeling Excursion**	
1:00 P.M.	Kids Steel Pan Lessons	KFAS
2:00 P.M.	Steel Pan Performance	Lobby
	Bubble Madness	KFAS
3:00 P.M.	Cooking Class	Cobà
	Family Island Painting on the Terrace**	Lobby
	Kids Yoga*	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Crafts of Choice	KFAS
4:15 P.M.	Sunset Yoga & Meditation*	Fitness Centre
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
	Pick-Up Basketball	ProShop
6:00 P.M.	Pajama Party & Games Night	KFAS
7:00 P.M.	12th Avenue (7:00 P.M. – 10:00 P.M.)	Sunset Lounge
8:00 P.M.	S'mores	KFAS

\* Fee for this activity

\*\* Fee and reservation required for this activity

# CALENDAR

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FOUR SEASONS  
RESORT AND RESIDENCES  
ANGUILLA

### TUESDAY, DECEMBER 25

		LOCATION
8:00 A.M.	Soca HIIT*	Fitness Centre
8:30 A.M.	RPM Spin*	Fitness Centre
	Body Pump*	Fitness Centre
9:00 A.M.	Christmas Stocking Crafts	KFAS
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	SURPRISE Santa Visit	KFAS
10:30 A.M.	Kids Body Pump BD*	KFAS
	Kids Yoga*	KFAS
11:00 A.M.	Family Pool Party (Emoji) (11:00 A.M. – 4:00 P.M.)	Aleta Pool
	Coconut Stand	Bamboo
	Treasure Hunt	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
1:00 P.M.	Cupcake Decorating	KFAS
2:00 P.M.	Bubble Madness	KFAS
3:00 P.M.	Shell Collection & Shell Art	KFAS
4:00 P.M.	Island Painting with a (Rum) Punch**	Lobby
	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Tie Die	KFAS
4:15 P.M.	Sunset Cruise**	
	Sunset Yoga & Meditation*	Fitness Centre
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
6:00 P.M.	Movie Night	KFAS
6:30 P.M.	SURPRISE Santa Visit	KFAS
7:00 P.M.	Omari Banks (7:00 P.M. – 10:00 P.M.)	Sunset Lounge

\* Fee for this activity

\*\* Fee and reservation required for this activity

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### WEDNESDAY, DECEMBER 26

		LOCATION
6:30 A.M.	Sunrise Beach Walk*	Fitness Centre
8:00 A.M.	Soca HIIT*	Fitness Centre
	Hatha Yoga*	Fitness Centre
8:30 A.M.	Cross Fit*	Fitness Centre
9:00 A.M.	Kids Rock Climbing (6 years+)	ProShop
9:15 A.M.	RPM Spin*	Fitness Centre
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Crown Making	KFAS
10:30 A.M.	Kids Boot Camp*	KFAS
11:00 A.M.	Fish Market	Meads Bay
	Coconut Stand	Bamboo
	Board Games	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
1:00 P.M.	Bingo	KFAS
2:00 P.M.	Spike Ball Tournament	Meads Bay
	Ping Pong Competition	KFAS
3:00 P.M.	Cooking Class	Cobà
	Water Play	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Ice Cream Truck Visit	KFAS
4:15 P.M.	Sunset Yoga & Meditation*	Fitness Centre
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
	Pick Up Basketball	ProShop
6:00 P.M.	Kids Disco & Games Night	KFAS
7:00 P.M.	Shea Shea (7:00 P.M. – 10:00 P.M.)	Sunset Lounge
8:00 P.M.	S'mores	KFAS

\* Fee for this activity

\*\* Fee and reservation required for this activity

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### THURSDAY, DECEMBER 27

		LOCATION
8:00 A.M.	Hatha Yoga	Fitness Centre
	Soca HIIT*	Fitness Centre
8:30 A.M.	Body Pump DB*	Fitness Centre
8:45 A.M.	Sandy Island Snorkeling Excursion**	
9:00 A.M.	Jewelry Making	KFAS
9:15 A.M.	RPM Spin*	Fitness Centre
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Nature Walk	KFAS
10:30 A.M.	Kids Body Pump DB*	KFAS
11:00 A.M.	Family Pool Party (AXA) (11:00 A.M. – 4:00 P.M.)	Aleta Pool
	Coconut Stand	Bamboo
	Wii Competition	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
12:45 P.M.	Prickly Pear Snorkel Excursion**	
1:00 P.M.	Crafts of Choice	KFAS
2:00 P.M.	Festive Cookie & Cupcake Decorating	KFAS
3:00 P.M.	Bouncing Castle	KFAS
	Kids Yoga*	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Board Games	KFAS
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
6:00 P.M.	Movie Night on the Beach**	Bamboo
8:00 P.M.	DJ Sugar (8:00 P.M. – 11:00 P.M.)	Sunset Lounge

\* Fee for this activity

\*\* Fee and reservation required for this activity



# CALENDAR

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### FRIDAY, DECEMBER 28

		LOCATION
6:30 A.M.	Sunrise Beach Walk*	Fitness Centre
8:30 A.M.	Hatha Yoga*	Fitness Centre
	Cross Fit*	Fitness Centre
9:00 A.M.	Soca HIIT*	Fitness Centre
	Catching the Sun	KFAS
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Kids Poolside Bingo!	KFAS
10:30 A.M.	Kids Boot Camp*	KFAS
	Kids Spin*	Fitness Centre
11:00 A.M.	Coconut Stand	Bamboo
	Professional Face Painting	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
1:00 P.M.	Crafts of Choice	KFAS
2:00 P.M.	Mask Decorating	KFAS
3:00 P.M.	Board Games	KFAS
	Kids Yoga*	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Ice Cream Truck Visit	KFAS
4:15 P.M.	Sunset Cruise**	
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
	Pick Up Basketball	ProShop
6:00 P.M.	Teen Club Glow Night Party**	Aleta
8:00 P.M.	Omalie360 (8:00 P.M. – 11:00 P.M.)	Sunset Lounge

\* Fee for this activity

\*\* Fee and reservation required for this activity

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### SATURDAY, DECEMBER 29

		LOCATION
8:00 A.M.	Soca HIIT*	Fitness Centre
8:30 A.M.	Hatha Yoga*	Fitness Centre
	RPM Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
9:00 A.M.	Kids Rock Climbing (6 years+)	ProShop
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Sand Art	KFAS
11:00 A.M.	Family Pool Party (Rosé All Day) (11 A.M. – 4 P.M)	Aleta Pool
	Fish Market	Meads Bay
	Coconut Stand	Bamboo
	Capture the Flag	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
1:00 P.M.	Hair Braiding	KFAS
2:00 P.M.	Cupcake Decorating	KFAS
3:00 P.M.	Bouncing Castle	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Cross Fit*	Fitness Centre
	Crafts of Choice	KFAS
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M – 7:00 P.M)	Half Shell
6:00 P.M.	Movie Night	KFAS
8:00 P.M.	Omalie360 (8:00 P.M. – 11:00 P.M)	Sunset Lounge
	S'Mores	KFAS

\* Fee for this activity

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### SUNDAY, DECEMBER 30

		LOCATION
8:30 A.M.	Hatha Yoga*	Fitness Centre
	Body Pump DB*	Fitness Centre
	RPM Spin*	Fitness Centre
9:00 A.M.	Soca HIIT*	Fitness Centre
	Pirate Craft & Treasure Hunt	KFAS
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Kids Pizza Making Class** (10:00 A.M. – 12:00 P.M.)	Aleta
11:00 A.M.	Sunday FunDay Brunch (11:00 A.M. – 4:00 P.M.)	Bamboo Bar & Grill
	Coconut Stand	Bamboo
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
1:00 P.M.	Omalie360 (1:00 P.M. – 6:00 P.M.)	Bamboo
	Kids Steel Pan Lessons	KFAS
2:00 P.M.	Steel Pan Performance	Lobby
	Outdoor Fun (Cricket, Bowling, Tug-o-War, Egg 'n Spoon Race, Sack Race)	KFAS
3:00 P.M.	Hair Braiding	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Ice Cream Truck Visit	KFAS
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
	Pick Up Basketball	ProShop
6:00 P.M.	Pajama Party & Games Night	KFAS
7:00 P.M.	Shea Shea (7:00 P.M. – 10:00 P.M.)	Sunset Lounge
8:00 P.M.	S'mores	KFAS

\* Fee for this activity

\*\* Fee and reservation required for this activity

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### MONDAY, DECEMBER 31

		LOCATION
6:30 A.M.	Sunrise Beach Walk*	Fitness Centre
8:00 A.M.	Soca HIIT*	Fitness Centre
8:30 A.M.	Hatha Yoga	Fitness Centre
	Cross Fit*	Fitness Centre
8:45 A.M.	Sandy Island Excursion**	
9:00 A.M.	Board Games	KFAS
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Nature Walk	KFAS
10:30 A.M.	Kids Boot Camp*	KFAS
	Kids Spin*	Fitness Centre
11:00 A.M.	Coconut Stand	Bamboo
	Professional Face Painting	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
12:45 P.M.	Prickly Pear Excursion**	
1:00 P.M.	Kids Steel Pan Lessons	KFAS
2:00 P.M.	Steel Pan Performance	Lobby
	Video Game Tournament	KFAS
3:00 P.M.	Cooking Class	Cobà
	Bouncing Castle	KFAS
	Kids Yoga*	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Ping Pong Competition	KFAS
4:15 P.M.	Sunset Yoga & Meditation*	Fitness Centre
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
6:00 P.M.	New Year's Eve Kids Ball**	Aleta
	12th Avenue (6:00 P.M. – 9:00 P.M.)	Meads Bay
7:00 P.M.	Shea Shea (7:00 P.M. – 10:00 P.M.)	Cobà
9:00 P.M.	DJ Matthew (9:00 P.M. – 11:00 P.M.)	Bamboo
10:00 P.M.	DJ Yoshee (10:00 P.M. – 11:00 P.M.)	Sunset Lounge
11:00 P.M.	A R I Z O N A (11:00 P.M. – 12:00 A.M.)	Sunset Lounge
12:00 A.M.	Lost Kings (12:00 A.M. – 2:00 A.M.)	Sunset Lounge

\* Fee for this activity

\*\* Fee and reservation required for this activity

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### TUESDAY, JANUARY 1

		LOCATION
8:30 A.M.	RPM Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
9:00 A.M.	Soca HIIT*	Fitness Centre
	Kids Rock Climbing (6 years+)	ProShop
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Scavenger Hunt	KFAS
10:30 A.M.	Kids Body Pump DB*	KFAS
	Kids Yoga*	KFAS
11:00 A.M.	Family Pool Party (Rubble-Bubble) (11:00 A.M. – 4:00 P.M.)	Aleta Pool
	Coconut Stand	Bamboo
	FoosBall Competition	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
1:00 P.M.	Hair Braiding	KFAS
2:00 P.M.	Board Games	KFAS
3:00 P.M.	Cookie Decorating	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Island Painting with a (Rum) Punch**	Lobby
	Soca HIIT*	Fitness Centre
	Crafts of Choice	KFAS
4:15 P.M.	Sunset Cruise**	
	Sunset Yoga & Meditation*	Fitness Centre
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
	Pick Up Basketball	ProShop
6:00 P.M.	Kids Glow Night Party**	Aleta
7:00 P.M.	Omari Banks (7:00 P.M. – 10:00 P.M.)	Sunset Lounge

\* Fee for this activity

\*\* Fee and reservation required for this activity

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### WEDNESDAY, JANUARY 2

		LOCATION
6:30 A.M.	Sunrise Beach Walk*	Fitness Centre
8:00 A.M.	Hatha Yoga*	Fitness Centre
8:30 A.M.	Cross Fit*	Fitness Centre
9:00 A.M.	Soca HIIT*	Fitness Centre
	RPM Spin*	Fitness Centre
	Jewelry Making	KFAS
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Kids Pizza Making Class** (10:00 A.M. – 12:00 P.M.)	Aleta
10:30 A.M.	Kids Boot Camp*	KFAS
3:00 P.M.	Lost Kings (3:00 P.M. – 5:00 P.M.)	Mead's Bay
	Cooking Class	Cobà
	Sand Art	KFAS
	Kids Yoga*	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Boot Camp*	Fitness Centre
	Crafts of Choice	KFAS
4:15 P.M.	Sunset Yoga & Meditation*	Fitness Centre
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar

\* Fee for this activity

\*\* Fee and reservation required for this activity

# CALENDAR

## DECEMBER / JANUARY

						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	<b>3</b>	4	5



### THURSDAY, JANUARY 3

		LOCATION
8:00 A.M.	Hatha Yoga*	Fitness Centre
8:30 A.M.	Body Pump BD*	Fitness Centre
8.45 A.M.	Sandy Island Excursion**	
9:00 A.M.	Soca HIIT*	Fitness Centre
	Shell Collection & Shell Art	KFAS
9:15 A.M.	RPM Spin*	Fitness Centre
10:00 A.M.	Watersports* (Banana Boat / Ski / etc.)	Mead's Bay
	Outdoor Fun (Cricket, Bowling, Tug o War, Egg n Spoon Race, Sack Race)	KFAS
10:30 A.M.	Kids Body Pump DB*	KFAS
	Kids Yoga*	KFAS
11:00 A.M.	Family Pool Party (AXA) (11:00 A.M. – 4:00 P.M.)	Aleta Pool
	Coconut Stand	Bamboo
	Kids Rock Climbing	KFAS
11:30 A.M.	Daily Kitchen Live Station (Burger)	Bamboo
12:45 P.M.	Prickly Pear Excursion**	
1:00 P.M.	Capture the Flag	KFAS
2:00 P.M.	Festive Cupcake Decorating	KFAS
3:00 P.M.	Kids Pooside Bingo!	KFAS
4:00 P.M.	Rum Tasting	Bamboo
	Soca HIIT*	Fitness Centre
	Kids Rock Climbing (6 years+)	KFAS
4:30 P.M.	Mixology Class	Sunset Pool's Floating Bar
	Spin*	Fitness Centre
	Boot Camp*	Fitness Centre
5:00 P.M.	Sunset Hour (5:00 P.M. – 7:00 P.M.)	Half Shell
	Pick Up Basketball	ProShop
8:00 P.M.	DJ Sugar (8:00 P.M. – 11:00 P.M.)	Sunset Lounge

\* Fee for this activity

\*\* Fee and reservation required for this activity