



endota spa four seasons sydney treatment menu

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massage

	duration	price
relaxation	60 mins	\$155.00
relax and let stress fade away at endota spa. *cannot be performed during the first trimester of pregnancy	90 mins	\$205.00
remedial	45 mins	\$130.00
Remedial massage is beneficial for relieving muscle tension, addressing specific injuries & reducing tension post-sports event.	60 mins	\$165.00
	90 mins	\$215.00
pregnancy	45 mins	\$130.00
a pregnancy safe massage designed to ease tension, relax muscles and improve circulation. *Massage cannot be performed during the first trimester of pregnancy.	60 mins	\$165.00
	90 mins	\$215.00
hot rock	90 mins	\$215.00
footbath, strategically placed hot rocks, all-body massage		

body

	duration	price
detox	1 hr 15 mins	\$175.00
Dry body exfoliation, clay cocoon, moisturise.		
smooth	1 hr 15 mins	\$175.00
Organic sugar body scrub, all-body moisturising.		
moisturise	1 hr 15 mins	\$175.00
Honey exfoliation, yoghurt cocoon, moisturise.		
back	1 hr 15 mins	\$175.00
Deep cleansing back scrub & mask. back massage		
add facial or massage	2 hr 15 mins	\$275.00
Any body treatment plus 1 hour full body massage or facial. 2 hrs and 15 mins.		

spa packages

	duration	price
be all and end all	4 hours	\$495.00
4 seriously sublime spa hours. Body exfoliation, yoghurt cocoon or hot oil wrap & full body massage. Organic one hour facial and pedicure.		
layabout	2.5 hours	\$340.00
2 and a half hours of spa delirium. Footbath, body scrub & clay wrap or hot oil body treatment. 1 hour massage and 30 minute facial.		
spa mix	1 hr 45 mins	\$240.00
The 1 hour + 45 minute spa sampler. Footbath, half hour organic facial. Half hour massage & half hour pedicure.		
endotarama	1 hr 15 mins	\$180.00
Our mini spa package. 1 hour + 15 minutes. Footbath, half hour organic facial and half hour massage	1 hr 45 mins	\$240.00
pregnancy pick me up	1 hr 15 mins	\$180.00
1 hour + 15 mins for the mum to be. Footbath, pregnancy-safe organic facial. Head, neck & shoulder massage.		

face - starter facials

	duration	price
organic facial	60 mins	\$160.00
Certified organic and Australian ingredients.		
dermalogica® face treatment	60 mins	\$165.00
Face mapping, skin analysis and customised facial.		
dermalogica® customised facial	75 mins	\$185.00
Facials personalised to deliver specific results; whitening, acne treatment, anti-ageing or calming for sensitised skin. Choose from Power Bright, Medibac, Age Smart or Ultracalming.		

face - age-defying facials

	duration	price
glycolic peel	30 mins	\$110.00
Therapist-prescribed peels and cleansers. Made with AHA's; plant acids renowned for their smoothing, refining qualities, and for stimulating skin renewal.	60 mins	\$165.00
	multi	
glycolic skin refine		\$825.00
6 x 1 hour		
ceuticals customised facial	60 mins	\$165.00
collagen or brightening		
hydropeptide® facial	60 mins	\$175.00
Highly active peptides and proteins relax expression lines, and smooth and tone skin. Anti-wrinkle or brightening.		
hydro-microdermabrasion	60 mins	\$175.00
Diamond exfoliation infuses skin with intense hydration to brighten, deeply moisturise or treat acne. Acne, brightening or hydrating. Make sure you advise your therapist if you are pregnant before booking this treatment.		
hydro-microdermabrasion series	multi	\$855.00
1 x 1 hour + 7 x 30 mins		
dermalogica® biosurface peel	45 mins	\$185.00
incl 1 x 'BioSurface Peel post treatment kit' valued at \$26.50		
dermalogica® biosurface peel series	multi	\$900.00
1 x 1 hr treatment + 5 x 45 min treatments, incl 1 x BioSurface Peel post treatment kit		

hands + feet

	duration	price
deluxe mani or pedi	60 mins	\$105.00
soak, massage, mask, cuticle care, file, polish		
billabong footbath	15 mins	\$30.00
lulling exfoliation & foot massage		

lashes

	duration	price
lash tint	-	\$35.00
brow tint	-	\$25.00
lash + brow tint	-	\$50.00

waxing

	duration	price
half leg	-	\$45.00
full leg	-	\$70.00
half arm	-	\$40.00
full arm	-	\$50.00
underarm	-	\$35.00
bikini	-	\$40.00
g-string	-	\$55.00
brazilian	-	\$80.00
brazilian maintenance	-	\$55.00
back	-	\$50.00
face (side)	-	\$20.00
lip & brow	-	\$50.00
upper lip	-	\$25.00
eyebrow	-	\$35.00