

Step into an urban oasis of tranquility with 12 luxuriously appointed treatment rooms and indulge yourself with signature treatments carefully designed to instill a sense of pampering and wellness. Visit the exclusive Salon for manicures, pedicures and hairstyling services.

Spa Facilities 6am - 8pm

Spa and Salon Treatments 9am - 8pm

CELEBRATION PACKAGES

	Monday-Thursday	Friday-Sunday
<p>The Ultimate, 3+ hours (per couple) The ultimate Spa Experience in St Louis Limo pick-up from your home or office in St Louis and return (20 mile radius) Couple's Swedish Massage, 80 minutes Couple's Pampering Foot Massage, 10 minutes Private Steam Room and Shower, 20 minutes Couple's Signature Pedicures, 80 minutes One bottle of Champagne and one Antipasti Platter</p>	\$1000	\$1100
<p>Couple's Suite Retreat, 2 hours (per couple) Celebrate together in the Couple's Suite Couple's Swedish Massage, 80 mins Couple's Pampering Foot Massage, 10 mins Private Steam Room and Shower, 20 mins Two glasses of Champagne</p>	\$495	\$535
<p>Four Seasons' Spa Day, 3 hours (per person) Treat yourself or someone special to a relaxing Spa Day Relaxing Swedish Massage, 50 mins Classic European Facial, 50 mins Signature Pedicure, 80 mins One glass of Champagne</p>	\$345	\$365



FOUR SEASONS
HOTEL
ST. LOUIS

999 North Second Street
 St Louis, MO 63102
 Telephone 314 881 2150
www.fourseasons.com/stlouis

Spa amenities include complimentary parking, relaxation lounges, locker rooms, whirlpools, steam rooms and fitness center. Bring swimwear to enjoy the coed facilities. Please arrive 30 minutes prior to your first appointment. A spa robe, slippers and private locker will be provided for your use.

The Spa is an adult area and reserved for guests aged 18 years and older. Should you need to cancel or reschedule your appointment, please notify the Spa Reception at least 4 hours in advance to avoid the 100% cancellation fee. No show appointments will be charged in full. Steam rooms and whirlpools should not be used during pregnancy.

Please let us know in advance of any special medical conditions, so that we can recommend the most appropriate treatment. Late arrivals will result in a reduced treatment time with no reduction in price.



FACIALS

		Monday-Thursday	Friday-Sunday
Four Seasons Signature Facial Turn back time with ReVersive - BABOR's revolutionary time-reverse technology	80 minutes	\$230	\$240
Collagen Booster Facial Collagen boosts the skin from the outside in, smoothing out lines and wrinkles	80 minutes	\$220	\$230
Deep Clarifying Facial Designed to relieve acute skin irritations and eliminate blemishes and acne	80 minutes	\$210	\$220
DNA GENE0 Facial The ultimate 3-in-1 super facial providing exfoliation, infusion, and oxygenation into the skin	80 minutes	\$220	\$230
Classic European Facial Age prevention ingredients promote skin regeneration and healthier skin	50 minutes	\$140	\$150
Oxygen Facial Pure oxygen, vitamins, minerals and amino acids leave skin hydrated and glowing	50 minutes	\$150	\$160
DNA SPA Facial The exclusive, medical-grade facial with DNA repair enzymes for visibly revitalized skin	50 minutes	\$150	\$160

BODY TREATMENTS

		Monday-Thursday	Friday-Sunday
Lavender Dreams Relax and inhale the calming, balancing benefits of wild Lavender with an invigorating body scrub, warm cocooning wrap and full body massage	100 minutes	\$275	\$285
Ginger Renewal Ginger's healing and warming properties invigorate and nourish in this pampering experience with body scrub, wrap and full body massage	100 minutes	\$275	\$285
Magnesium Wellness Skin is nourished, muscles are relaxed and tension is relieved with the mineral power of magnesium and a therapeutic massage	50 minutes	\$170	\$180
Lavender Crush Earthy minerals combine with Lavender's healing properties for an invigorating and detoxifying full body exfoliation	50 minutes	\$150	\$160
Ginger Crush Let Ginger's healing and warming properties invigorate and nourish the body with a two step full body exfoliation	50 minutes	\$150	\$160

MASSAGES

		* Couples Massage Available	
		Monday-Thursday	Friday-Sunday
Four Seasons Signature Massage A luxurious treatment taking your senses through all of the four seasons to achieve deeper relaxation	80 minutes	\$225	\$235
Warm Stone Massage Feel stress melt away with the healing properties of heated stones, bringing instant relief to tense muscles	80 minutes 50 minutes	\$220 \$165	\$230 \$175
Balinese Massage Balinese-inspired, relaxing massage using long flowing strokes along the length of the body	80 minutes	\$220	\$230
Aromatherapy Massage Carefully chosen aromatherapy oils take you on a journey of well-being for your body's specific needs	80 minutes 50 minutes	\$220 \$155	\$230 \$165
Chakra Massage A grounding treatment using ancient Chakra balancing for deep relaxation and mental clarity	80 minutes	\$220	\$230
Deep Tissue/Sports Massage his therapeutic massage uses deep pressure strokes and trigger points to relieve muscle tension, improve flexibility and range of motion.	80 minutes 50 minutes	\$225 \$155	\$235 \$165
Swedish Massage Classic, medium pressure to relax, reduce stress, relieve tension and improve circulation	80 minutes 50 minutes	\$200 \$140	\$210 \$150
Mother's Bliss Massage Designed to address the special needs of Mom's-to-be (available after first trimester)	50 minutes	\$155	\$165

MESSAGE ENHANCEMENTS

Deep Tissue Pressure "Go deep" with direct pressure to ease muscle tension	\$15	\$15
Hydrating Coconut Oil Immediately hydrates, replenishes and soothes the skin	\$15	\$15
Stone Therapy (choice of warm or cold & warm) Provides increased blood flow, reduces stress and promotes deep relaxation.	\$20	\$20
Dry Body Brushing Buff away dry skin whilst promoting circulation and lymphatic drainage	\$20	\$20
Back or Foot Scrub Gently exfoliate to reveal softer, smoother skin	\$20	\$20

HAIR SERVICES

Shampoo and Blow Out from \$55	Single Process Color from \$85
Ladies Haircut from \$70	Partial Highlights from \$115
Gentleman's Haircut from \$50	Full Highlights from \$160
Children's Haircut from \$35	Event Style Updo from \$90
Deep Conditioning Add On from \$25	Heat Styling Add On from \$20
Additional Styling Time from \$30	

NAIL SERVICES

Signature Manicure	50 minutes	\$60	\$70
Shellac Manicure	50 minutes	\$55	\$65
Gel Removal Manicure	80 minutes	\$90	\$100
Classic Manicure	40 minutes	\$45	\$55
Signature Pedicure	80 minutes	\$90	\$100
Classic Pedicure	50 minutes	\$70	\$80
Princess Manicure (12 years and under)	20 minutes	\$35	\$45

WAXING

Eyebrows from \$30	Underarm from \$40
Bikini from \$55	Full Leg from \$80
Brazilian from \$80	

FACIAL ENHANCEMENTS

Sensational Eye Treatment	\$25	AHA Peel	\$25
Scalp Massage and Intensive Hair Repair	\$25	Revitalizing Hand Treatment	\$25