

facial enhancements

ADDITIONAL TIME NEEDED (in minutes)

NuFace Quick Lift \$45 (15)

Experience the technology of microcurrent to stimulate, lift and tone the facial muscles. NuFace is also known as a “non-invasive facelift” and a celebrity pre-red carpet treatment for its immediate and cumulative results.

LED Light Therapy \$45 (15)

Anti-aging treatment to smooth fine lines and address sun damage

NO ADDITIONAL TIME NEEDED

Glyco 3 Peel \$45

Triple exfoliation with Alpha-Hydroxy acids leaves the skin smooth and visibly refined. Your face will glow with a natural radiance.

Fit & Firm Lifting Mask \$45

Collagen is stimulated, fine lines and wrinkles are plumped and skin becomes instantly firmer and toned

Fresh Eyes \$25

Relieve your eyes of puffiness, dark circles, redness and wrinkles all in one treatment with these refreshing eye slices. Take home the product for up to 6 more uses!

Warm Scalp Treatment \$25

Help improve scalp condition
Revitalize hair with a lustrous shine

Intensive Hydrating Hair Mask \$25

Deep hair hydration. Restore moisture to dry hair and improve texture and manageability

Hand Conditioner \$25

Soften hands with a warm, conditioning treatment

Foot Conditioner \$25

Soften your heels and feet with a warm, conditioning treatment

Hand Polish \$25

Gentle exfoliation of the hands

Foot Polish \$25

Gentle exfoliation of the feet

Make-up and Waxing
Services Available

Memberships and
Personal Training
Available

spa packages

Algorithm

\$400

A customized sequence of treatments designed to

reprogram your body

Silicon Valley Massage

60 Minutes

Silicon Valley Facial

60 Minutes

Startup Manicure

30 Minutes

Startup Pedicure

45 Minutes

3 ¼ Hours

Cardinal

\$275

Silicon Valley Massage with 2 enhancements

60 Minutes

02 Boost Facial

30 Minutes

1 ½ Hours

Express Lane

\$185

Silicon Valley Massage

30 Minutes

02 Boost Facial

30 Minutes

1 Hour

nail salon services

Startup Manicure

\$45 (30)

Startup Pedicure

\$65 (45)

IPO Manicure or Pedicure

\$75 (45) \$105 (75)

Revitalize your skin and stimulate your senses with a unique and luxurious orange peel scrub and a richly hydrating Moroccan oil hot stone massage to leave your hands or feet feeling soft and supple.

Citrus Drench Pedicure

\$85 (60)

An intense blast of antioxidants to invigorate, exfoliate and hydrate. A Vitamin C soufflé mask and a rich vitamin aroma balm are applied to hydrate, moisturize and soften the skin revealing radiant legs!

French Hands or Feet Add

\$20 (10)

Polish Change Hands or Feet

\$25 (15)

or \$40 for both (30)

Shellac Nail Services

Gel Polish Removal

\$35 (30)

Gel Polish Manicure

\$75 (60)

Gel Polish Removal with Startup Manicure

\$70 (60)

Gel Polish Removal with Gel Manicure

\$100 (75)

Gel Polish Pedicure

\$105 (60)

Gel Polish Removal with Gel Pedicure

\$130 (90)

spa menu



FOUR SEASONS HOTEL

Silicon Valley at East Palo Alto

To reserve your experience please call (650) 470-2865
or email us at TheSpa.SiliconValley@fourseasons.com

LOCATED ON LEVEL 3



massage

Silicon Valley **\$100 (30) \$160 (60) \$235 (90)**
Signature Custom Massage 30, 60 or 90 Minutes
A customized blend of massage techniques designed for your specific needs at the time of your treatment: Swedish, Deep Tissue, or combination.

Palo Alto Premium **\$140 (30) \$200 (60) \$275 (90)**
Silicon Valley Massage + 2 enhancements of your choice

Western Healing **\$180 (60)**
Inspired by the California Redwoods, this signature massage uses a combination of soothing essential oils with anti-aging and healing elements to help reduce stress. The anti-inflammatory properties produce a crisp, fresh and uplifting effect while the pleasant, woody aroma is calming and grounding.

Himalayan Warm Stone **\$265 (90)**
A full body massage with naturally therapeutic Himalayan salt stones. This mineral infused treatment centers on purifying and detoxifying the body while the warmth of the stones provide a sedative effect that can help to relieve chronic pain, reduce stress and promote deep relaxation.

Motherhood Massage **\$160 (60)**
A relaxing and nurturing massage for women in their second and third trimesters or post-natal time period.

Select Services **\$210 (60) \$285 (90)**
Thai, Shiatsu, Reflexology, Digestive, Lymphatic Drainage and Lomi Lomi with our Master Therapists are available upon request.

body treatments

West Coast Life **\$255 (90)**
Inspired by the Pacific Ocean, this full body ritual includes a body polish with Pacific Ocean salt followed by a lavishly moisturizing and richly hydrating Ocean Dew massage. Luxuriate in the immune-boosting benefits of red marine algae and the therapeutic properties of organic essential oils.

Oxygen Body Peel **\$190 (60)**
This innovative full body hydra-peel exfoliates the skin while helping to improve tone and elasticity. A sumptuous soufflé mask is applied to purify and moisturize while a hydrating infusion of oxygen + nutrients is massaged into the skin leaving you bright and hydrated!

enhancements

\$25 each or two for \$40
Added to any treatment and requires no additional time

Warm Scalp Treatment
Help improve scalp condition
Revitalize hair with a lustrous shine

Intensive Hydrating Hair Mask
Deep hair hydration
Restore moisture to dry hair and improve texture and manageability

Hot Stone Fusion
Warm muscles focusing on specific areas of concern

Therapeutic Aromatherapy
Clear Mind for focus
True Relaxation for tension relief
Pure Breathing for sinus, asthma or allergies
Natural Rest for better sleep

Hand Polish
Gentle exfoliation of the hands

Foot Polish
Gentle exfoliation of the feet

Hand Conditioner
Soften hands with a warm, conditioning treatment

Foot Conditioner
Soften heels and feet with a warm, conditioning treatment

Fitness Fix
Arnica gel therapy applied to relieve sore muscles
Increase circulation
Reduce inflammation

Exfoliating Dry Brush (90 Minute Only)
Increase circulation and soften skin

facials

Ultimate Facial **\$295 (90)**
Take your facial experience to a whole new level with customized ingredients, a triple layer Glyco 3 Peel and a Fit & Firm Peel Off Mask! A decadent extended massage completes this ultra-luxurious treatment for a naturally radiant glow.

Diamond Bright Facial **\$250 (75)**
Reduce dark spots and even skin tone with this fabulous, anti-aging, brightening treatment. A soothing mask and red light therapy reveal a radiant glow, improving skin tone and reducing the appearance of fine lines.

Advanced Age-Defying Facial **\$195 (60)**
Resurface damaged skin cells with natural skin-nourishing proteins for a vibrant youthful appearance. Collagen is stimulated, fine lines and wrinkles are plumped and skin becomes instantly firmer and toned. A Fit & Firm Peel Off Mask gently exfoliates and oxygenates the skin producing dramatically visible results.

Silicon Valley Facial **\$185 (60)**
Whether your skin-care needs are anti-aging, oily, sensitive or redness-reduction, this relaxing, customized facial will leave your skin balanced and radiant. (This facial may include extractions)

Cardinal Facial **\$185(60)**
This facial is designed for the special skincare needs of men; addressing under-eye circles and the effects of daily shaving. Enjoy a comforting scalp, neck and shoulder massage for profound relaxation.

O2 Boost **\$105 (30)**
This results-oriented 30 minute treatment uses CO2 to combat the signs of aging with an explosion of oxygen resulting in a visible revitalization of the skin.

