

FUN FOOD FACTS

CALLALOO

The edible spinach like leaves of the dasheen. It is also known to be the name of a soup or stew made of those leaves or other greens, okra, crabmeat and seasonings.

CHORIZO

Spanish chorizo is made from coarsely chopped Pork and Pork fat, seasoned with pimentón (paprika) and salt. It is generally classed as either picante (spicy) or dulce (mild), depending upon the type of paprika used. There are hundreds of regional varieties of Spanish chorizo, both smoked and unsmoked, which may contain garlic, herbs and other ingredients.

JERK

Jerk is a Jamaican way of cooking in which meat is dry-rubbed or wet marinated with a very hot spice mixture called Jerk spice. Jerk seasoning is traditionally applied to Pork and Chicken, but modern recipes apply jerk seasoning to fish, shrimp, shellfish, beef, sausage, lamb, and tofu. Jerk seasoning principally relies upon two items: allspice (called "pimento" in Jamaica) and Scotch bonnet peppers. Other ingredients include cloves, cinnamon, scallions, nutmeg, thyme, garlic, and salt.

PLANTAINS

Plantains or cooking bananas, are occasional fare, whether cooked green, deep-fried, mashed as tostones or boiled and seasoned. They can be allowed to mature until they are spotted outside and golden inside and then deep-fried, baked or boiled.

ROTI

Is generally an Indian bread, made from stoneground wholemeal flour. The "roti wrap" is the commercialization of roti and curry as a fast-food item in the Caribbean. The roti wrap originated in southern Trinidad in the mid-1940s by Sackina Karamath who later founded Hummingbird Roti Shop in San Fernando, Trinidad, to make it easier and faster to eat the items, as the individuals' hands would not get as dirty. Throughout the Caribbean today, various wrapped "roti" are served, including Chicken, Conch, Beef, and Vegetable. Shrimp and Goat are also available. Because the roti acts as a wrap, numerous combinations can be made, but the most popular are curried items.

BREAKFAST

6 AM – 11 AM

Our products here are mainly sourced locally from farmers and some even from our staff to bring "NEVIS" onto your plate. Farm to Table at its finest.

FRUITS AND GRAINS

- Citrus Salad** Orange and Grapefruit | Rosemary and Ginger Syrup | Coconut **GF** 10
- Old Fashioned Oatmeal** Cinnamon | Bay Leaf | Brown Sugar Maple | Raisins **GF** 10
- Tropical Fruit Plate** Seasonal Selection **GF** 17
- Vine-ripened Berries** Seasonal & Handpicked **GF** 18
- Coconut & Berry Parfait** Housemade Organic Granola | Greek Yogurt | Mango 20
- Choose 3 of the Following for Your Freshly Baked Bakery Basket** 12
Croissants | Danish | Pain Au Chocolate | Banana Bread | Muffin of the Day
7-Grain Toast | White Toast | Rye Bread | Gluten Free Bread

All prices are in U.S. Dollars subject to 12% tax, 18% service charge and \$6.00 delivery charge per order. No additional gratuities are expected.

HOT OFF THE GRIDDLE

- French Toast** Apple | Cinnamon | Vanilla Bean Whipped Cream 19
- Belgian Waffles** Whipped Cream | Piña Colada Sauce 19
- Oatmeal Pancakes** Oatmeal Flour and Oats | Blueberry Compote | Whipped Butter 19
- Banana Split Pancakes** Chocolate Syrup | Berries | Glazed Bananas 20

EGGS AND MORE

Choice of Toast or English Muffin

- Island Breakfast Roti** Island Curry Spiced Scrambled Eggs | Cheddar Cheese 21
Mango Chutney
- House Cured Lox** Jerk and Lemon Grass Cure | Bagel Chips | Crème Fraiche | Capers 21
- Creole Spiced Eggs** Spicy Tomato Sauce | Chickpeas | Crispy Roti 22
- Egg White Frittata** Local Organic Vegetables | Caramelized Onions | Parmesan 22
Garden Salad **GF**
- All American** Two Eggs Any Style | Applewood Smoked Bacon | Four Pepper 23
Chicken or Pork Sausage **GF**
- Three Egg Omelet** Choice of fillings **GF** 23
- San Juan Sunrise** Fried Plantain | Beans | Queso Fresco | Sunny Side Up Eggs 25
- Johnny Cakes and Salt Fish Benedict** Poached Eggs | Creole Hollandaise 26

| PINNEY'S BEACH | 28

Choice of Hot and Cold Beverage
Select One Item of Griddle Favorites

| CARIBBEAN SUNRISE | 32

Choice of Hot and Cold Beverage
Select One Item from Fruit & Grains
One Bakery Basket with Assorted Pastries and Breads

| BREAKFAST IN BED | 40

Choice of Hot and Cold Beverage
Select One Item from Fruit & Grains and One Item from the Griddle or Eggs & More
One Bakery Basket with Assorted Pastries and Breads

| SIDES |

- Toast** White | Wheat | Rye | Handmade Muffin | Danish 4
- Boiled Egg** Soft or Hard 6
- Yogurt** Natural or Fruit **GF** 6
- Jerk Seasoned Potato Medley | Gluten Free Toast GF** 6
- Applewood Smoked Bacon** 6
- Turkey Bacon | Four Pepper Chicken or Pork Sausage | Fried Plantains** 7
- Toasted Bagel w/ cream cheese | Suzette's Banana Bread | Fruit Cup** 8

| JUICES & SMOOTHIES |

- Juice** Orange | Grapefruit | Pineapple | Apple | Cranberry | V-8 | Tomato **GF**
- Freshly-made Juice of the Day** 10
- Fruit Smoothies GF** 12

| BEVERAGES |

- Freshly Brewed Pot of Coffee** Small or Large Pot 10/14
- Espresso | Cappuccino | Café Latte | Mocha** 10
- Hot Chocolate** 8
- Selection of International and Herbal Teas** 8
- Milk** Whole | 2% | Skim | Soy 8
- Coconut Water** 10
- Sodas** 6

LUNCH | DINNER & MORE

11AM – 10 PM

| SOUPS | APPETIZERS | SALADS |

Soup of the Day Garlic Bread	12
Caribbean Shrimp Cocktail Avocado Cherry Tomato Chili Lime GF	20
Cobb Salad Jerk Chicken Avocado Bacon Tomato Blue Cheese Egg Blue Cheese Dressing GF	24
Caesar Salad White Anchovies Aged Parmesan Johnny Cake Croutons Bacon Bits Caesar Dressing	20
Vine Ripened Tomato & Buffalo Mozzarella Basil Citrus Infused EVOO GF	19
Top your Salad Chicken Shrimp Catch of the Day GF	8 / 14 / 12

| SANDWICHES |

Prime Rib Beef Dip French Baguette Green peppercorn Aioli Au Jus French Fries	26
Grilled Vegetable Wrap Hummus Spread Green Asparagus Mushrooms Zucchini Peppers Vegetable Chips	22
Cubano Sandwich Pulled Pork Ham Pickles Dijonaise Sweet Potato Fries	26
Tuna Salad Sandwich Lemon Mayonnaise Pita Pocket Small Salad	22
FSN House Cheese Burger Brioche Bun Choice of Cheese French Fries	24
KEEP'N IT LOCAL	
Local Conch Chowder	12
Caribbean Spiny Lobster Fritters Tomato Chutney	20
Sweet & Spicy Jerk Seasoned Chicken Wings Ranch Dressing Celery	16
Jerk Chicken Sandwich Brioche Toast Bacon Avocado Tomato Lettuce French Fries	22
Spiny Lobster Salad Sandwich Lobster Brioche Roll Tomato Lettuce Cucumber Vegetable Chips	30
West Indian Roti {Choice of Your Filling: Chicken Shrimp or Vegetables} Rice & Peas Homemade Mango Chutney	32 / 36 / 28
Carib Beer Battered Fish & Chips Curry Remoulade Lemon	28
BBQ Pork Ribs Mango BBQ Sauce Coleslaw French Fries	32

| ENTRÉES | PASTA | PIZZA |

Spaghetti Bolognese or Pomodoro Shaved Parmesan | Herb Focaccia 26 / 22

Seafood Linguini White Wine | Garlic | Parsley 32

Make Your Own Pizza 19 plus 2 for each topping

Pepperoni | Bell Peppers | Olives | Tuna | Onions | Buffalo Mozzarella

Mushrooms | Garlic Shrimp | Pineapple | Prosciutto | Arugula

Mac & Cheese {Choice of Crab | Lobster | Steak or Chicken} 28 / 30 / 28 / 24

| FROM OUR CHAR GRILL |

Please choose one sauce and one side with your GRILL item

12 oz NY Striploin Steak GF 48

7 oz Angus Tenderloin GF 44

7 oz Mahi Mahi or Fisherman's Catch GF 38

Jerk -Marinated Free Range Chicken Breast GF 34

12 oz Berkshire Pork Chop GF 42

Spiny Lobster Tail GF 52

SAUCES

Bearnaise Sauce

Red Wine Jus

Chimichurri

Beurre Blanc

SIDES

Butter Whipped Mashed Potato **GF**

Parmesan Fries

Grilled Green Asparagus **GF**

Coconut Slaw **GF**

Spinach, Shallots & Garlic **GF**

| DESSERTS |

10

Vanilla Crème Brulee Palmier

Tropical Fruit Tart Coconut Anglaise

Warm Chocolate Cake Bourbon Vanilla Whipped Cream

Mango Cheese Cake Mango Coulis

Selection of Gelato & Ice Creams

| THE PERFECT COMPLIMENT |

Local Beers

6

Carib | Skol

Imported Beers

8

Red Stripe | Heineken | Corona | Bud light |

The Nevisian Spirit

Cruzan Dark | Brinley Vanilla | Peach Schnapps | Orange

14

Pineapple | Passion Fruit | Lime | Angostura | Nutmeg | Ting

Castway

Bacardi | Mango | Maple Syrup | Lime

12

Ras "TA" Berry Slammer

Captain Morgan Spiced | Grand Marnier | Lime

12

Pineapple | Raspberry

Mango-jito

Brinley Mango | Mint | Lime | Mango | Brown Sugar | Soda

12

LITTLE TRAVELER MENU

| BREAKFAST | 6AM – 11 AM

Nevisian Style Breakfast ~ Sliced Banana & Strawberries Hot Chocolate Pancake or French Toast Whipped Cream	14
Big "ISLAND" Breakfast ~ Juice or Milk One Egg Any Style Bacon or Sausage Pancake or French Toast	16
Cold Cereal with Milk	8
Pancakes French Toast or Waffle with Maple Syrup	10
Oatmeal	8
Scrambled Eggs with Toast	10

| ALL DAY | 11AM – 10 PM

Chicken Noodle Soup	9
Cheese Vegetable or Pepperoni Pizza	12
Macaroni & Cheese Fresh Fruits	10
Penne Pasta & Marinara	12
Grilled Cheese Sandwich Fresh Fruit French Fries	12
Grilled Catch of the Day Rice and Steamed Vegetables GF	16
Grilled Chicken Breast Strips BBQ Sauce Mashed Potatoes Steamed Vegetables	12
Beef burger or Cheeseburger Fresh Fruit French Fries	14
Breaded Chicken Fingers BBQ Sauce Fresh Fruit French Fries	14
4 oz Grilled Beef Filet French Fries and Vegetables	22

| DESSERTS | 8

- Giant Chocolate Chip Cookie**
- Chocolate Brownie**
- Ice Cream or Gelato**
- Fruit Salad**

MIDNIGHT NOSH

10 PM – 6 AM

BBQ Pork Ribs Mango BBQ Sauce Coleslaw French Fries	32
Sweet & Spicy Jerk Seasoned Chicken Wings Ranch Dressing Celery	16
Cobb Salad Jerk Chicken Avocado Bacon Tomato Blue Cheese Egg Blue Cheese Dressing GF	24
Caesar Salad White Anchovies Aged Parmesan Johnny Cake Croutons Bacon Bits Caesar Dressing	20
Jerk Chicken Sandwich Brioche Toast Bacon Avocado Tomato Lettuce French Fries	22
Spaghetti Bolognese Shaved Parmesan Herb Focaccia	26
FSN House Cheese Burger Brioche Bun Choice of Cheese French Fries	24
Mango Cheese Cake Mango Coulis	10
Selection of Gelato & Ice Creams	10

NO TIME TO SPARE

Island time flies...so don't let it slip away. We know time is precious so we will hurry so that you don't have to wait. We promise delivery within 19 minutes for these dishes.

19-Minute Breakfast Tray Choice of Hot or Cold Beverage Caribbean Muesli Fruit Cup Baker Basket with Local Jam and Honey	26
19-Minute Run Out the Door Tray Chicken Caesar Wrap Vegetable Chips Fruit Cup Chopped Salad Ranch Dressing Chocolate Brownie	28

SOMETHING TO CHEER

CHAMPAGNE SPARKLING WINE	GLASS	BOTTLE
Enza Prosecco, Veneto, Italy NV	12	55
Mumm's "Chef De Cave" Brut Rosé, Napa Valley, USA NV	19	90
Louis Roederer Brut Premier, Reims, France NV	27	125
Veuve Clicquot Ponsardin Brut, Reims, France NV	-	180
Laurent Perrier Cuvée Rosé Brut, Tours Sur Marne, France NV	-	250

WHITE WINES		
Benvolio Pinot Grigio, Friuli Venezia Giulia, Italy	12	50
Dr. Hermann H. Riesling, Mosel, Germany	13	58
Iconoclast Chardonnay, Russian River Valley, USA	14	65
Marc Brédif Vouvray, Loire Valley, France	16	70
Mulderbosch Sauvignon Blanc, Stellenbosch, South Africa	17	73
Viña Moraima Albariño, Rías Baixas, Spain	-	98
Meursault "Clos Du Cromin" La Côte De Beaune, France	-	180

ROSE WINES	GLASS	BOTTLE
Chateaux La Coste Cotes de Provence France	13	55
Mas de Gourgonnier Les Baux de Provence Provence France	16	63
Domaine Ott Coeur De Grain, Côtes De Provence, France	-	115

RED WINES		
Masseria Altemura "Sasseo" Primitivo Salento, IGT, Puglia, Italy	12	75
Santa Ema Reserve Merlot , Maipo Valley, Chile	13	90
Steelhead Vineyards Pinot Noir, Sonoma County, USA	14	60
Iconoclast Cabernet Sauvignon, Russian River Valley, USA	15	68
Château de Chamirey Mercury Rouge , Burgundy, France	20	90
Domaine Marchand Freres Chambolle-Musigny, Cote De Nuits, France	-	130
Heitz Cellar Bella Oaks Cabernet Sauvignon, Napa Valley, USA	-	250