



WELLNESS *your* WAY

# BREAKFAST

WELLNESS *your* WAY breakfast • 41 🌱

choice of juice or smoothie

warm quinoa trail mix or bircher muesli

savory chickpea pancake or tofu breakfast tacos

green power smoothie • 12 🌱

banana, spinach, almond milk

tropical tsunami smoothie • 12

banana, papaya, pineapple, spinach

sophia's green juice • 12

red & green apple, celery, lemon, ginger, kale, spinach

kombucha juice • 9

strawberry or coconut

warm quinoa trail mix • 15 🌱

dried cranberries, pecans, pumpkin seeds, maple syrup

add coconut yogurt • 2

savory chickpea pancake • 19 🌱

hummus, green garbanzo beans, cherry tomatoes,

avocado, almond pepper cream

tofu breakfast tacos • 18

corn tortilla, spiced tofu, pickled onions, pico de gallo, guacamole

acai bowl • 18 🌱

acai berry puree, apple bananas, gluten-free granola, raspberries

bircher muesli • 14 🌱

coconut yogurt, almond milk, apples, berries,

orange juice, hazelnut, gluten-free oats

*all dishes are vegan and gluten-free / 🌱 denotes contains nuts*